Manual

A MANVALL OF GODLY

Prayers and Litanies, distributed for all the dayes of the weeke.

WITH

A forme of Confession, the maner how to heare Masse, and to receiue the B. Sacrament.

WHEREVNTO

Is annexed, Prayers for the Sicke, and the Iesus Psalter, with other deuotions, which the table in the end will better tell thee.

AT S. OMERS.

FOR IOHN HEIGHAM, *with permission*, ANNO 1625.



Præbe fili mi cor tuum mihi. Prouerb. cap. 23.
Paratum cor meum Deus, paratum cor meum. Psal. 107.

Hieronymus Wierx fecit et excud. Cum Gratia et Priuilegio. Buschero.

THE FIRST CHAPTER, CONTAYNING daylie Prayers, accommodated to certaine houres or times, both for the day and the night.

A Briefe exhortation to pray cõtinually, taken out of S. Chryſoſtome.

In libro de orando Deum.

IT is very meete and profitable, that we occupie all the tyme of our life in prayer, that thereby our hearts may continually receiue the ſweete dew of

Gods grace, of which all persons haue no lesse need, then trees and herbes haue of the moisture of waters. For they cannot bring foorth fruit, except the rootes be comforted with moisture: and in the like maner it is impossible for vs, to bee replenished with beautifull fruits of piety, if our hearts be not refreshed by prayer. For which cause we ought to forsake our bedds, and preuent the sunne rising in Gods seruice.

The like we ought to doe, when we goe to meate, & at night, when we must of necessitie take our rest: yea, it behoueth at all houres to offer some one prayer to God, to the end, both day and night together, might be spent in prayer: especially in time of winter, it is conuenient to imploy the most part of the night

night in prayer, and ſo to ſpend the tyme vpon our knees in diuine ſeruice.

Tell me, I pray thee, how canſt thou behold the ſunne, if thou doſt not honour him firſt, that made thyne eyes to ſee that moſt beautifull light? How canſt thou goe to the table to eate, if thou doe not firſt honour him, who giueth and furnisheth vs dayly with ſuch great benefits? How canſt thou truſt to paſſe the darke night, and to auoid ſuch dreams and thoughts, as may come to thee, if thou defend not thy ſelfe by prayer? If thou be not contreguarded by prayer, thou ſhalt eaſily yeeld thy ſelf to wicked ſpirits, which go continually about vs, eſpying if they can perceaue any one vnarmed, that ſuddēly they may deuoure him. But if they ſee

him furniſht with prayer, they retire preſently, euen as wicked theeues, when they ſee the ſword towards them.

A dayly exerciſe for the Morning.

Ex Pa. Antonio de Molina, Charthouſe Monke.

IN awaking, endeauour preſently, to ſettle thy thought vppon Almighty God, who whilſt thou haſt ſlept, hath giuen thee life and being, and is alwayes giuing it thee. Make account, that in this very inſtant, thou doſt receaue it from his handes, and begin by and by to prayſe him ſaying.

Bleſſed be the moſt holy Trinitie, the Father, the Sonne, and the holy Ghoſt, one only liuing and true God, in whom we haue our being, our life and our mouing. Let all the creatures of heauen & earth, prayſe

and

and glorifie him, now and euer, and world without end, Amen.

Being fully awaked, and beholding the light ſay.

Ex exercitijs ſpirituall. Valenc. impreſ.

O Sweet Ieſus, light of the world, and ſunne of our ſoules, diſperſe the darknes of the night, lighten my vnderſtanding, and enflame my will, to the end I may know thee, loue thee, and ſerue thee, both this day, and for euer, Amen.

At your vprijſing, ſay.

Frat. Sonnius 3. tract. Chriſt. Inſt. form.

IN the name of our Lord Ieſus Chriſt crucified, I ariſe, he bleſſe me, gouerne me, keepe me, ſaue

me, and bring me to euerlasting life, Amen.

VVhat is to be done, being foorth of your bed.

Ex Antonio de Molina Charterhouse monke.

BEing got vp, kneele thee downe and kisse the ground, in acknowledging that thou art earth, and must returne vnto earth; and in honour of the mysterie of the Incarnation, adoring the Sonne of God, made man for thee, as if thou hadst kist his very feete say.

I adore thee, o Lord Iesus Christ, and I blesse thee, who for the loue of vs sinfull men, vouchsafedst to make thy selfe man.

Then

Then remembring the ſweete repoſe you haue receiued the night paſt ſay.

Ex Fr. Nicoalo Grenier.

O Deare Ieſu, the euerlaſting repoſe of thine Elect, when wil the houre & time come, that my poore ſoule may without end, receiue her reſt in thy celeſtiall glory?

In putting on your Apparell.

Ex eodem.

O Sweete Ieſu, to the end that the ſhame of my ſinfull ſoule may not be ſeene, couer and cloathe the ſame, with the giftes of the holy Ghoſt, and with the ornaments of all maner of grace and vertues.

VVhen you are apparelled.

Ex eodem.

O Moſt amiable Ieſu, the true Spouſe of my ſoule, giue vnto me the wedding garment of thy Diuine Loue, and of perpetuall Charity.

In waſhing your hands.

Ex eodem.

O My Lord God, who haſt ſo loued vs, and haſt waſhed our ſinnes in thy pretious blood, purifie my ſoule, and cleanſe my heart and my hands, from all the ſpots and filth of ſinne, I doe beſeech thee.

In waſhing your mouth.

Ex eodem.

O Diuine Sapience, which proceededſt out of the mouth of thy heauenly

heauenlie Father, I humblie beſce-che thee, with thy grace to purge my mouth, of all naughtie words and euill communication, & make me in all things to ſett foorth thy bleſſed prayſe and glory.

In waſhing your eyes.

Ex eodem.

O True and indeficiēt Light, who doeſt illuminate euery man which commeth into this world, lighten the eies of my ſoule, that I may perfectly ſee and know in all things, thy bleſſed will and pleaſure.

VVhat you are to doe, being ſetled vpon your knees to pray.

Out of the ſocietie of the Roſarie.

1. FIrſt making the ſigne of the holie Croſſe, giue thankes vnto God for all his benefits and

and particulary for hauing preſer-ued you the night paſt.

2. To offer him your body, ſoule, and worldly ſubſtance.

3. To demand of his diuine ma-ieſtie, that whatſoeuer you ſhall doe that day following, may be to his honor and glorie.

4. To make a ſtedfaſt purpoſe to auoide that day, all affection or oc-cation of that ſinne, which you ar moſt inclined vnto.

5. To ſay your daylie or vſual de-uotions (as the Pater, Aue, Credo, and Confiteor, &c. adioyning mo-reouer therto ſome mentall prayer or meditation, if your ſtate and leaſure will permit you: but at the leaſt theſe prayers following, or part of them.

Ex horis Beatæ Virginis.

IN the name of the Father, and of the Sonne, & of the holie Ghoſt. *This done, thy handes ioyned before thy breaſt, ſay,* Amen. Bleſſed be the holie, and vndeuided Trinitie, now and for euer, world without end,

The Pater noſter, with a brife expoſition vpon the ſame.

Ex Medit. Vincent. Bruno Soc. Ieſu.

O *Vr father which art in heauen, hallowed be thy name:* becauſe thou art our Father.

Thy kingdome come: becauſe thou art our kinge.

Thy will be done, in earth as it is in heauen: becauſe thou art our Spouſe.

Giue vs this day our daylie bread: becauſe thou art our Paſtor.

And forgiue vs our treſpaſſes, as we forgiue them that treſpas againſt vs: becauſe

becauſe thou art our Iudge.

And lead vs not into tentation: becauſe thou art our Captaine.

But deliuer vs from euill: becauſe thou art our Phiſitian.

The Aue Maria, with a briefe expoſition vpon the ſame.

Out of Ludolphus, on the life of Chriſt.

Hayle Marie full of grace: pray for me full of ſinne.

Our Lord is with thee: procure that he euer be with me.

Bleſſed art thou amongſt women: pittie me wretched amongſt men.

And bleſſed is the fruit of thy wombe Ieſus: whence glorie is come to heauen, peace to the world, ioy to the Angells, and God vpon earth.

Holy Marie, mother of God: ſue for him, who would be his ſonne.

Pray

Pray for vs sinners, now: for present sanctification.

And in the houre of our death: for future glorification, Amen.

How the same moralliſed, hath the conditions of a iuſt ſoule.

Firſt, it muſt be free from ſinne: ſignified by the word *Aue*. It muſt be *Marie*: illuminating by good life. It muſt be, *full of grace*: to wit, of the gifts of the holie Ghoſt. *Our Lord muſt be with it*: or elſe it cannot perſeuer therin. It muſt be *bleſſed*: which it cannot be, but by bringing forth of bleſſed fruites. It muſt be the *mother of God*: by often conceiuing him in ſoule, and by being entirely vnited to him. With which conditiõs, it ſhall be aſſuredly ſafe, *now*, *and in the* dreadfull *houre of death*.

The Creede, with a briefe exposition vpon the same.

Ex Antonio de Torrez Soc. Iesu.

THe Creede is diuided into three parts. In the first, notice is giuen vs of the first diuine person, which is the Father, and of his attributte, which is Omnipotencie: and of his worke, Which is the Creation of the world, and so we say. I beleeue in God the Father.

In the secõd part, notice is giuen vs of the second person, which is the Sõn; and of his attribute, which is Wisdome: o^r his worke, which is the Redemption of the world, and so we say. And in Iesus Christ his only Sonne.

In the third part, notice is giuen vs of the third person, which is the Holy

Holie Ghoſt, and of his attribute, which is Goodnes. And of his worke, which is the Sanctification of ſoules, and ſo we ſay. I beleeue in the Holy Ghoſt. This then ſuppoſed, let vs now come to a more ample declaration of the Creed: which if time will not permit thee to ponder at lenght, proteſt at the leaſt in briefe, that it is the ſame faith wherin thou deſireſt to liue and die.

I beleeue in God the Father almightie, maker of heauen and earth. The profit to be drawen from this article is; 1. To feare and reuerẽce this Lord of ſo great power. 2. To ſerue him with our whole being, ſeeing that we are his creatures. 3. To carrie our ſelues as the ſõnes of ſo high a Father, liuing ſecurely vnder his paternall prouidence,

without feare: that ought can hurt vs, or ought that is neceſſarie, be wanting to vs.

And in Ieſus Chriſt his only Sonne our Lord, who was conceiued by the Holy Ghoſt, borne of the Virgin Marie. The The profit to be drawen from this article is. 1. To loue him who hath ſo greatly loued vs 3. To deſpoile our ſelues of our ould cuſtomes, & to cloath vs, and put vpon vs, Ieſus Chriſt. 3. Knowing our great dignity, in being made brethren of Ieſus Chriſt, to fly with all our forces the vilenes and baſenes of all ſin.

Suffered vnder Pontius Pilat, was crucifyed, dead, and buryed.

The profit to be drawen from this article is. 1. To know the great malice of ſinne, which to deſtroy, it behoued Chriſt to dye: & to beware thereof. 2. To know, that in this

this paſſion, we haue a medicine & remedy, for all our ſpirituall euills. 3. To procure to imitate the humility and patience of this Lord, which ſhined ſo greatly in his paſſion.

He deſcended into hell.

To wit, to the ſoules of the holy Fathers, and of all the iuſt, which had beene dead from the beginning of the world. The profit to be drawen from this article is. 1. Cõfort and patience in tribulations, knowing that although the remedy be delayed, yet that God is not forgetfull of vs. 2. To haue great longanimity, when the accompliſhement of our prayers, or the promiſes of God, are procraſtinated. 3. To deſcend ſometymes in thought to the hel of purgatory, to ſee what there is ſuffered for ſinne.

The third day he roſe againe from the dead.

The profit which we may draw from this article, is. 1. Firme faith, that our ſoule is immortall and eternall. 2. Certaine hope, that our bodyes ſhal riſe againe. 3. That if in this life we dye to ſinne, we ſhall heereafter ariſe to the life of grace and of glory.

He aſcended into heauen, and ſitteth at the right hand of God the Father Almighty.

The profit which we may draw from this article is. 1. To ſee how God rewardeth and exalteth thoſe that ſerue him. 2. To ſee, that after the trauell of this life, eternall glorie doth ſucceed. 3. That we raiſe vp our hartes to heauen, where Chriſt our head raigneth, and where we hope to raigne with him.

From thence he shall come to iudge the quick and the dead.

The profit to be drawen from this article, is. 1. To liue in feare of God, cõsidering wel all our workes 2. To take an accoũt of our selues, before that it be taken of vs, and to do penãce whilst we haue time. 3. To furnish our selues with good workes for that dreadfull day.

I beleeue in the Holie Ghost.

The profit to be drawen from this article is. 1. To know, that a good life (which to our frailtie seemeth hard) by the grace of this diuine Spirit, is made easie. 2. In all our labours and disconforts, to hasten to him for helpe and comfort. 3. In all our doutes and ignorances, to take him for our Master, and to follow his documents.

The holie Catholique Church.

The profit we draw from this article, is. 1 To render many thankes to God, for that he hath placed me in his church, out of the which, none can be saued. 2. To labour to liue in her, in all virtu and sanctitie 3. To beseeche God to draw vnto her, all Infidells and Heretiques that they may be saued.

The communion of Saincts.

The profit we may draw out of this article is. 1. To know how great a good charitie is, which causeth so greate an vnion, betwixt the children of the Church, and to procure the same. 2. To labour, to be of the number and merit of the Saints. 3. To remoue all the impediments of this holie vnion.

The forgiuenes of sinnes.

The profit we may draw from this article, is. 1. To render many thankes

thankes to God, for theſe ſo coſtly medecines, which he hath left vs, wherwith to obtaine the pardon of our ſinnes. 2. To procure in time, to profit our ſelues, of this pardon of our ſinnes, for after this life we ſhall not haue it. 3. That we ought carefully to keepe our ſelues from ſinne, with hope that we ſhall be pardoned, ſith there is no houre ſecure, nor yet aſſurance that we ſhal doe penance.

The reſurrection of the fleſh.

The profit we may draw from this article, is. 1. That we ought not to bewayle the dead, as if we ſhould neuer ſee thē more. 2. That we ought with a good will, to accept of death when it ſhall come, ſith it is a paſſage to euerlaſting life. 3. That we ought here to mortifie our fleſh, and deny its deſires, that

it may hereafter arise glorious.

And the life euerlasting, Amen.

The profit we may draw from this article, is. 1. To enforce our selues to serue God for a litle while, sith he doth repay so well. 2. To consider, how the good, with litle and momētarie labours, haue gayned that euer lasting rest, which they enioy. 3. To consider how the wicked, by momentarie delightes, haue gotten euerlasting torments, which they shall suffer without end: and so to choose betimes, of which we had rather for to be.

The Confiteor.

I confesse me to almighty God, to the blessed Virgin S. Mary, to the blessed S. Michael the Archangell, to the blessed S. Iohn Baptist, to the holy Apostles Peter and Paul, and to all the Saints, for that I haue sinned

ned very much in thought, worde, and woorke, through my fault, through my fault, through my moſt haynous fault: therfore I beſeeche the bleſſed Virgin S. Mary, the bleſſed Saint Michaell the Archangell, the bleſſed S. Iohn Baptiſt, the holy Apoſtles, Peter and Paul, and all the Saincts in Heauen, to pray to God for me.

Almighty God haue mercy vpon me, and forgiue me my ſinnes, and bring me to life euerlaſting, Amen.

Omnipotent and mercifull Lord, giue me pardon, abſolution, and remiſſion of all mine offences, Amen.

Vouchſafe O Lord to keepe me this day without ſinne.

Haue mercy vpon me, O Lord, haue mercy vpon me.

Let thy mercy be vpon me, O Lord, as I haue put my truſt in thee.

Almighty

Almighty God haue mercy vpon vs, and all our ſinnes being forgiuen, bring vs vnto euerlaſting life, Amen.

Let vs Pray.

O Lord God almighty, which haſt cauſed vs to come vnto the beginning of this day: ſaue vs this day by thy power, to the end, that this day we fall into no ſinne, but that euer our wordes may proceed, our thoughts and workes may bee directed, to execute thy iuſtice, through our Lord Ieſus Chriſt, Amen.

A Recommendation of our ſelues to God.

Ex magno Manual.

INto the handes of thine vnſpeakable mercy, O Lord, I comend my ſoule and body, my ſenſes, my wordes,

wordes, my counſailes, my wits, my footſteps, my thoughts, my workes, and all my actions, with all the neceſſities of my body and ſoule: my going forth, and my coming in, my faith and conuerſation, the courſe and end of my life, the day and houre of the departing of my ſoule; my death, reſt, and reſurrection, with thy Saincts and Elect. Amen.

Another for the ſame.

Ex S. Aug. cap. 40. Med.

HEare me, O ſacred Trinitie, and preſerue me from all euill, from all ſcandall, from all offence mortall, from all the deceiptes and vexations of the diuell, and of mine enemies viſible and inuiſible, by the prayers of the Patriarchs, by the merits of the Prophets, by the ſuffrages of the Apoſtles, by the con-

ſtancie of Martyrs, by the faith of Confeſſors, by the chaſtity of Virgins, and by the interceſſion of all thoſe Saints and holy men, that haue pleaſed and faithfullie ſerued thee ſince the worlde began, Amen.

A deuout recommendation of our ſelues to our B. Lady, and to the Angells and Saints.

Ex eodem Aug. cap. 40.

O Marie mother of God, mother of Ieſus Chriſt our Lord, thou ſacred & vnſpotted virgin, vouchſafe to make interceſſiō for me vnto him, who made thee a worthy temple for himſelfe to dwell in. O S. Michael, S. Gabriel, S. Raphael, O holy quires of Angells, and Archāgells, of Patriarches and Prophetes, of Apoſtles and Euāgeliſts, of Martyrs and Leuites, of Monkes and Virgins,

Virgins, & of all ſuch as haue liued righteouſly, I preſume to beſeeche you (euen for his ſake, by whome you haue been elected, & by whoſe contemplation, you are ſo much delighted) that you will be pleaſed to pray for me a poore ſinner vnto him our God, that I may be deliured from the furious iawes of the infernall feinde, & from that death, which ſhall neuer haue end, Amen.

A deuout prayer to the Saint of thy name, or of the day.

Ex Pat. Anto. de Torrez Soc. Ieſu.

I ſalute thee moſt freſh & odoriferous roſe of paradiſe, noble Courtiar of the celeſtiall Citty, Saint N. Infinit thankes be giuen to our Lord, for the ineſtimable benefits wherewith he preuented thee, and for the maruellous guifts

which he placed in thee. I bleſſe him, and I prayſe him with my whole hart, becauſe verily he is admirable in his Saints.

And now to thee (O bleſſed Saint) I wholy commend me. O glorious Saint, pray for me a wretched ſinner, obtaine me entire pardon of all my ſinnes, the grace of God, and his good ſpirit, that I may paſſe ouer this day without ſinne, and in the ſeruice of my Lord. Fauour me (O glorious Saint) now and in the houre of my death. I commend vnto thee, as much as poſſibly I may, my departure out of this wretched world. Confort me, helpe me, and defend me, with thy benignity, in that article and agony. Recouer me with thy merits and interceſſion, that my ſoule depart out of this life, pure

pure and cleane from all ſinne, and by the holy Saints and Angels, may be preſented before the diuine behoulding. To the end that ſo (O glorious Saint) in thy company I may for euer ſee God, and prayſe him, who in perfect Trinity, liueth and reigneth world without end, Amen.

A prayer to thy proper Angell

Ex horis B. Virginis.

O Angell of God, which art my keeper, guarde, rule, and gouerne me, this day committed vnto thee, by the ſupernall piety, Amen.

Our Lord bleſſe vs, and defend vs from all euill, and bring vs to euerlaſting life: and the ſoules of the faithfull, thourough the mercie of God, reſt in peace, Amen.

A deuout Canticle where with to bleſſe and praiſe God.

Ex Pat. Antonio de Torrez Societ.

IESV.

ALl creatures of our Lord, bleſſe yee our Lord, praiſe him & glorifie him for euer.

Holie Marie, bleſſe our Lord, praiſe him, and glorifie him for euer.

Holie Mother of God, bleſſe our Lord, praiſe him, and glorifie him foreuer.

Holie Virgin of Virgins, bleſſe our Lord, praiſe him, and glorifie him for euer.

Holie Michael, Holie Gabriel, Holie Raphael, bleſſe our Lord, praiſe him, and glorifie him for euer.

All yee Angells, Archangells, Principallities, Powers, Dominations,

tions, Virtues, Throanes, Cherubins, and Seraphins, bleſſe yee our Lord, praiſe him, and glorifie him foreuer.

All Holie Patriarches and Prophets, with bleſſed S. Iohn Baptiſt, bleſſe yee our Lord, praiſe him, and glorifie him foreuer.

S. Peter, S. Paul, with all Holie Apoſtles and Euangeliſts, bleſſe yee our Lord, praiſe him, and glorifie him foreuer.

All Holie Diſciples, of our Lord, bleſſe yee, &c.

All Holie Innocents, bleſſe yee &c.

All Holie Martyrs of our Lord: bleſſe yee, &c.

All Holie Cõfeſſors of our Lord: bleſſe yee, &c.

All Holie Virginis of our Lord: bleſſe yee, &c.

All Holie Saints of heauen: bleſſe yee, &c.

My ſoule, bodie, ſenſes, and my powers, with all that is within me, and without me, bleſſe, &c.

Benediction, and claritie, honor, glorie, virtu, fortitude, wiſdome, & thankſgiuing to our God, foreuer and euer, Amen. Becauſe he is Kinge of kinges, and Lord of Lordes.

Bleſſed, exalted, and glorified be his holy name, foreuer and euer, Amen. Becauſe he is almightie, infinitly wiſe, good and mercifull.

Praiſed, and exalted, and glorified be his holie name, for euer and euer, Amen. Becauſe he is our Creatour, our Sauiour, and our glorifier.

Praiſed, and exalted, and glorified be his holy name, for euer and euer, Amen. Becauſe he gouerneth, ſuſtaineth,

ſtaineth, and conſerueth vs.

Let all creatures bleſſe our Lord, let them praiſe him, exalt him, and glorifie him for euer and euer, Amen.

This Canticle, may be ſaid euery day, at our vpriſing and lying downe, for the benefits receiued in that day. Alſo vpon eache Sunday, and feſtiuall day, and after Confeſſion and Communion: and as often as one receiueth any notable benefit of almightie God, and ought to be learned your litle children, and to teache them to ſinge it in your houſes. To which alſo may be added, the Canticle: *All the woorkes of our Lo'd*, &c. at Laudes in the office of our B. Lady, when the ſoule defireth more to dilate her ſelfe in the like praiſes.

An Exercise wherby to lift vp our hart to God by Iaculatorie prayers, vpon sundry occasions in the day time.

Ex Pat. Antonio de Torrez Societ. IESV.

IT is to be vnderstood (speaking of that which ordinarily passeth in prayer in many soules) that the wordes which one inuenteth of him selfe, or which the Spirit doth dictat to him, are of more effect, to obtaine that which is to be asked, then long prayers of other mens making; Because his owne, proceed from the hart, other mens, ar as artificiall: these are his owne conceptions, those the conceptions of other men.

2. But let none imagin for all this, that

that we intend to disallow the deuotion of the holie prayers of the Church, all such being most profitable. First, to stir vp deuotion in those that want it. Secondly, to teache the ignorant how to pray. Thirdly, to giue a forme to all how to make and cõpose their prayers.

3. The vse therfore of such short prayers, called Iaculatorie (because like dartes or arrowes, they are shot at heauen) is most profitable, because thy conserue deuotion in the soule, or bringe it to it againe a new. Let those therfore, which desire the spirit of deuotion, and the exercise of holie prayer, retayne certain selected sentẽces out of the sacred Scripture, or those which their owne affection shall administer vnto them, short, and inflamed, which they may often darte vp to God,

God, as theſe that follow.

Before we begin any worke or action.

Ex Exercitio Gazet.

MOſt ſweet Ieſu, I humbly beſeech thee, to accept this my worke, for thine honor and glorie, & for the health of my ſoule. Giue me grace, that in all my actions, I may euer haue a right, pure, and ſimple intention, and that in my whole life, I nether ſeeke, thinke, or deſire other thinge, but that which is profitable to my ſaluation, aggreable to thy diuine Maieſtie, and iuſt and laudable before my neighbour, Amen.

In walking any way.

Ex Frat. Nicolao Grenier.

O My God, who haſt ſaid, I am the way, the life, & the truth, teache me

me the wayes of thy commandements: leade me in thy iuſtice because of myne ennemyes: direct thy way before me, O my God, & ſo conduct me in the deſert of this world by thy grace, that I may at the laſt arriue at that happy land of promiſe, in thy heauenly glory, Amen.

When we are to goe in any company.

Ex eodem.

O moſt louing Ieſus, into the moſt gracious wound of thy moſt B. hart, I recōmend all the powers and ſenſes, both of my ſoule and of my body, to be preſerued & kept by thee from all ſinne whatſoeuer. And I beſeeche thee (O my God) that of all my thoughts, wordes, & deeds, thou be the beginning, the

contiuation, and the ending, Amen.

When any harsh word is giuen thee or other contradiction doth befall thee.

Ex eodem.

FOr the loue of thee (moſt louing Ieſus) and in the vnion of the contradictions, and reproachfull wordes, which thou enduredſt for the loue of me, in thy holy life, and paſſion, I will ſuffer and endure theſe croſſe words & cõtradictiõs, which I offer vnto thee, thorough thy gentle, ſweet, & gratious hart, Amen.

When thou feeleſt any euill ſuggeſtion of the ennemy.

Ex eodem.

OMy deare Lord God, as often as this euill thought and finne-

full

full ſuggeſtion, doth aſſault me againſt my will, and is enforced on me by the ennemy, ſo often doe I adore, laude and bleſſe thee, and I offer and returne againe vnto thee, the moſt ſweet prayſes of all the Angells and Saints of Paradiſe, & principally thoſe prayſes, which the malicious and reprobate ſpirit, which now ſuggeſteth ſuch thinges againſt my ſaluatiō, ought to haue rendred vnto thee, had he perſeuered in thy grace, Amen.

VVhen thou wilt read or ſtudy.

Ex eodem.

O Celeſtiall light, O diuine wiſedome, moſt ſweet Ieſus, who openedſt the ſenſes of thy diſciples, to vnderſtand the holy Scriptures: giue me the guift of wiſedome and vnderſtanding to know and ſearch

thy good pleaſure, withall that which is needfull for the ſaluation of my ſoule, Amen.

After ſtudy, or reading.

Ex eodem.

O Celeſtiall Father, Father of clemency, and of mercy, I beſeech thee for the loue of thy ſweet Son Ieſus, giue me the grace to feele & to taſt the fruit of this leſſon, and that thy word be a lanterne to my feete, and a light vnto my wayes, Amen.

Beholding any beautifull thinge.

Ex eodem.

O The goodnes of my God! O incomparable beauty! draw vp my hart into admiration and loue thee. If thy creature (O my Lord) be ſo faire and ſo goodly, how much more goodly (O my God) art

art thou the Creator of the ſame, how much more delectable, ſweet and faire! Let no beauty therefore euer delight me like to thee, Amen.

Seeing the weather faire & cleare.

Ex eodem.

O My God, how little profiteth me a faire day, and the light & brigthnes of the Sunne, if my poor ſoule be not enlightned by thee, the Sunne of iuſtice, the faire day of life euerlaſting, euer ſhinning, without night, without cloud, or any darkenes?

Behoulding the beauty of the fieldes, or of the Gardens.

Ex eodem.

O My Lord, how little doth it profit me, to behould the beauty of the fieldes, of goodly gardens,

or any other pleaſant places, if my ſoule be full of weedes, and be depriued of the loue of thee?

Behoulding the beauty of flowers, and of trees.

Ex eodem.

O Good Ieſus, what is man that thou dooeſt magnify him ſo much, or why ſo ſetteſt thou thy hart vpon him? Thou art the roſe, and flower-de lis of thyne elect, thou art the fruitfull tree, bearing the true fruit of life, which thoſe behould, taſt, and eate of, which doe inhabite thy heauenly kingdome.

Feeling any ſweet ſmell, eyther of flowers, or other thinges.

Ex eodem.

O Sweet Ieſus, graunt me to ſmel the moſt ſweet ſauour of thy ſelfe,

ſelfe, and that I may runne after thee in the odor of thy ointments, which are thy holy vertues, by imitation of thy holy life, to the end that I may be to others, odour of life, vnto life, and a ſweet ſweiling odour of thee in euery place, Amē.

In ſeeing the fire or in warming thee.

Ex eodem.

O Sweet Lord Ieſus, the fire of loue, which heateſt and burneſt without end, ſet my hart on fire with thy holie loue, throwe me into the fournace of diuine charitie, ſo that all other loue, may not onely waxe cold, but be quite quenched in me, and I be freed from the euerlaſting flames, Amen.

In feeling cold.

Ex eodem.

O My God, ſhall I be alwayes cold in thy loue? O by the charity that held thee three houres, hanging on the Croſſe, driue far from me, all coldnes of ſpirit, and enflamme me with the fire of thy moſt feruent loue, to the end, the fire of diuine charity, may ſo be enkindled in me, as it may neuer grow colde, Amen.

VVhen it rayneth

Ex eodem.

O Sweet Ieſus, vouchſafe thorough thy bounty and mercy, to be-deaw and wet my ſoule in the water of thy grace; ſprinkle my hart with the teares of deuotion, & wash my conſcience with the raine of internall compũction, to the end

it may receaue the celeſtiall influences, of the guifts and graces of the Holy Ghoſt, Amen.

VVhen it ſnoweth.

Ex eodem.

O The beauty and whitenes of the euerlaſting light, moſt ſweet Ieſus, grant that my ſoule may be in purity more white then ſnow, & by the warmth of the fire of thy loue, wholy melted into thee Amen.

VVhen it is a great winde.

Ex eodem.

O Sweet Ieſus, vouchſafe to preſerue me from the winde of vaine glory, and from all other euill tentations of the enemye, Amen.

In time of thunder, or other tempeſt.

Ex eodem.

O Sweet Ieſus, vouchſafe for thy mercy,

mercie, to preserue me from the great and dangerous tempest, which shal fall at the day of iudgment, vpon the reprobate and the damned, Amen.

When thou feelest any payne.

Ex Pat Anton. de Torrez.

MY Lord and Sauiour Iesus Christ, I offer vnto thee this paine and dolor &c. in vnion and conformity of thy afflictions, and of thy passion, to the euerlasting glory of thy name.

When the clocke stricketh.

Ex eodem.

BLessed be the houre, wherin my Sauiour Iesus was incarnate & borne: blessed be the houre wherein he dyed for my redemption: deare Iesus, haue mercy on me, in the houre of my death, Amen.

Louing

Louing God aboue all things.

Cant. 2.

WHat is to me in heauen, or beſides thee, what doe I deſire vpon the earth, O God of my hart?

Deſiring to ſee God.

Pſal. 41.

AS the hart thirſteth after the water-brookes, ſo doth my ſoule after thee O God, when ſhall I come and appeare before God?

Againſt the feare of perſecution.

Rom. 8.

WHo ſhall ſeparate vs from the loue of Chriſt? &c. Neither death, nor life, nor any other creature, ſhall be able to ſeparate vs from the loue of God, which is in Chriſt Ieſus our Lord. *Or this.* To me to liue, is Chriſt: and to dye, is gayne.

The bleſsing before meat for ſecular perſons.

Bleſſe yee. *Reſp.* Bleſſe yee.

The prayer.

Bleſſe vs, o Lord, and theſe thy gifts, which wee are to receiue of thy bounty. Through Chriſt our Lord. *Reſp.* Amen.

In taking of bread.

Ex Nicolao Grenier.

O Sweete Ieſus, who art the bread of life which cameſt downe from heauen, whereof whoſoeuer eateth, ſhall liue eternally: endue me euer with thy holy grace, ſo tẽperatelie to feede my body, that I famiſhe not my ſoule. Amen.

In taking of fleshe.

Ex eodem.

O Moſt beninge Ieſu, who haſt ſaid that thy fleſh, is meate indeed,

deede, o Lambe of God, innocent, and immaculate, moſt ſweete Ieſus, let it euer be my chiefeſt meate, to doe the will of thy Father which is in heauen. Amen.

In takinge of drinke.

Ex eodem.

ALas my Lord Ieſu, how far vnlike haſt thou prouided with me! Thou haſt ſett before me moſt pleaſant wine, and thou vouchſafedſt to drinke moſt bitter gaule and vineger: o my Lord why is it thy pleaſure it ſhould be thus? Honor and glory be giuen to thy holy name for all thy bleſſinges.

Grace after meate.

Bleſſe we our Lord. *Reſp.* Thãkes be to God.

The prayer.

Wee giue thee thankes, o al-

mightie God, for all thy benefits: Which liueſt and raigneſt world without end. *Reſp.* Amen.

Lord haue mercie vpon vs.

Chriſt haue mercy vpon vs.

Lord haue mercy vpon vs.

Our Father; in ſecret. *Verſ.* And lead vs not into temptation. *Reſp.* But deliuer vs from euill.

Verſ. The name of our Lord bee bleſſed. From this time forth; and for euermore.

Let vs pray.

VOuchſafe, o Lord, to render to all our Benefactors, for thy Names ſake, life euerlaſting. *Reſp.* Amen. *Verſ.* And the ſoules of the faithfull, through the mercy of God, reſt in peace. *Reſp.* Amen.

Many others of this tenor, may the deuout ſoule compoſe within her

her ſelfe, wherwith in all occaſions to enkindle the fire of deuotion within her ſelfe, of which the pſalmes, and other bookes of Holy Scripture, and the ſoliloquies or Ghoſtly aſpirations of the Saints, are full and fertill.

The manner of examining our conſcience, to be vſed euery night, leaſt God perhaps calling vs out of this life, do find vs vnprepared for death.

Out of the Society of the Roſary.

1. THE firſt is, to giue thankes to our Lord God, for the benefits which he hath beſtowed vpon vs, both generally, and eſpecially of that day.

2. To take account of our ſoule orderly by euery houre, ſince we

aroſe. Firſt of our thoughts, then of our wordes, with the ſame order alſo of our deeds.

3. To demande pardon of our ſinnes.

4. To purpoſe to amend vs with Gods aſiſtance: & by theſe or the like prayers following, to call for the ayde and ſuccour of our Sauiour Ieſus.

Prayers to be ſayd at night before you go to bed.

IN the name of the Father, and of the Sonne, and of the holy Ghoſt, Amen, *Then ioyning your handes vpon your breſt, ſay*: Bleſſed be the holy and vndiuided Trinity, now, & for euer more, Amen.

Then ſay, Our Father, &c.
Haile Mary, &c.
I beleeue in God, &c.
And, I confeſſe, &c.

SAue vs good Lord waking, and keep vs ſleeping; that wee may watch with Chriſt, and reſt in peace, Amen.

Preſerue vs, O Lord, as the apple of thine eye: and protect vs vnder the ſhadow of thy winges.

Vouchſafe, O Lord, to keepe vs this night without ſinne.

Haue mercy vpon vs, O Lord, haue mercy vpon vs.

Let thy mercy be vpō vs, O Lord, as we haue put our truſt in thee.

O Lord heare my prayer, and let my cry come vnto thee.

Into thy hands, O Lord, I commend my ſpirit.

The prayer.

VIſit we beſeech thee, O Lord this habitation, and repell farre from it all ſnares of the enemie: let

thy holy Angells dwell therein, which may keepe vs in peace, and thy blessing be vpon vs for euer. Through our Lord Iesus Christ, Amen.

O Angell of God, which art my guardian, lighten, guarde, rule, and gouerne me this night, committed vnto thee, by the supernall pietie, Amen.

The blessing.

GOd the Father blesse mee, Iesus Christ defend & keepe me, the vertue of the holy Ghost illuminate and sanctifie me, this night and euermore, Amen.

In vnbracing thee, or pulling off thy clothes.

HAuing put off thy cloathes, and standing naked, imagin that thou art to giue thy life for the fayth

faith of Christ: wherfore offer thy selfe courageiously vnto him, and make an act as if thou wert indeed to suffer at that instant for his sake.

VVhen thou entrest into thy bed say.

IN the name of our Lord Iesus Christ crucified, I lay me downe to rest. He blesse me, gouerne me, keepe me, saue me, and defend me, and bring me to life euerlasting, Amen.

Ex exercitijs spirituall Valenc. impres.

SLeepe, is the image of death: the bed, of the graue: the sheetes, represent vnto vs, our winding sheete: and the couerlet, the earth which shal be cast vpon vs.

VVhen thou canst not sleepe.

Ex Ioan. Lansp.

WHen thou art in bed and canst

not ſleepe, exerciſe thy ſelfe in ſome ſpirituall meditation, as in ſaying thy beades, or ſome other prayers.

A vertuous and religious man, to driue away euill fantaſies, when we cannot ſleepe, would haue vs imagine, that we laid our mouth vpon the very wound, in the ſide of our bleſſed Sauiour, and there often drawinge, and breathinge our ſpiritt, in, and out into that ſacred wounde, mentally to ſay, Ieſus. As for example, drawinge your breath inward, to ſay, IE: and breathinge it outward to ſay *SVS*: and ſo often times to drawe that ſugered name, through that ſacred ſide vntill we fall a ſleepe.

If thou awake in the dead of the night.

IF thou chance to awake in the dead of the night, forthwith imagin thy ſelfe as preſent amidſt the quires of Saints and Angells, and with ſoddaine acclamatior cry out with them, reciting that Himme, which they inceſſantly ſing both day and night, ſaying.

Sanctus, Sanctus, Sanctus, &c. holie, holy, holy, Lord God of Sabbaoth, heauen and earth are full of the Maieſty of thy glory.

Or; *Gloria Patri & Filio, & Spiritui Sancto, &c.* Glory be to the Father, and to the Sonne, and to the Holy Ghoſt.

As it was in the beginning, is now, and euer ſhalbe, world without end, Amen.

THE

THE SECOND CHAPTER, CONTAYNING

godly and deuout prayers, meet to be ſayd during the ſacrifice of the holy Maſſe.

Plurimæ ex Miſſali Romano.

A prayer to be ſayd at the beginning of Maſſe. Oratio Eccleſ.



Moſt clement Father of mercyes, & God of all conſolation, who haſt beſtowed not onely once, thy only begotten Sonne vpon the Croſſe, for our

our recouery, but wouldeſt that his oblatiō moſt acceptable vnto thee, ſhould dayly be renued in thy Church, to renew in vs the fruite thereof: graunt vs we beſeech thee ſo attentiuely, reuerently, and louingly to be preſent at this ſo admirable, and moſt wholeſome myſtery of thy piety, that we may be able moſt effectually to attaine the participation therof. Through our Lord Ieſus Chriſt, Amen.

The Confiteor:

THe Prieſt hauing ſayd the confiteor, ſay the ſame after him, hartely bewayling all your ſinnes, in the preſence of God, and of his Saints.

VVhen the Prieſt goeth to the Altar after Confeßion.

TAke from vs all our iniquityes,

O Lord, that we may be worthy to enter into heauen (*ſay this thrice*) Haue mercy on thy people, O Chriſt, whome thou had redeemed with thy pretious blood. Lord haue mercy vpon vs, Chriſt haue mercy vpon vs, &c.

When the Prieſt ſayth, Gloria in excelſis Deo.

GLory be to God on high, and in earth peace to men of good will: we prayſe thee, O Lord, we worſhip thee, we magnify thee, we adore thee, we glorify thee, we thanke thee for thy great glory, O Lord God, heauenly King, God the Father Almighty, Lord Ieſus Chriſt the only begotten Sonne, & the holy Ghoſt. Lord God, Lambe of God, Sonne of the Father, which takeſt away the ſinnes of the world haue

haue mercy vpon vs, who takeſt away the ſinnes of the world, heare our prayers, who ſitteſt on the right hand of God the Father, haue mercy vpon vs, becauſe thou only art Holy, thou only art our Lord, thou only art moſt higheſt Ieſus Chriſt, with the holy Ghoſt, in the glory of God the Father, Amen.

At the firſt Collects.

ALmighty and euerlaſting God, I moſt humbly beſeech thee, vouchſafe to looke vpon this Congregation, and mercifully accept the prayers of thy Church, made vnto thee for vs, by the miniſtery of this Prieſt, and thereby for thy mercyes ſake, giue vs remiſſion of all our ſinnes, integrity of minde, health of body, neceſſary ſuſtentation, peace in our dayes, temperate

ayre, fruitfulneſſe of the earth, vnity of fayth, rooting out of all hereſies, deſtruction of all wicked Counſailes, increaſe of true Religion, earneſt Charity, ſincere Deuotion in prayer, patience in trouble, ioy in hope; and whatſoeuer is for our ſoules health needfull, and moſt belonging to thy glory, through Ieſus Chriſt our Lord, Amen.

At the Epiſtle.

O God, which haſt fully accomplished in perfect verity, that which the Law did fore-tell, and vnder a wonderfull Sacrament, haſt left vs the memory of thy Paſſion; graunt vs, wee beſeech thee, ſo to worſhippe the holy myſteryes of thy bleſſed Body and bloud, that we may alwayes feele the fruite of thy redemption in vs, who

who liueſt and raigneſt with God the Father, and the holy Ghoſt, in perfect vnity for euer, Amen.

After the Ghoſpell, and Credo in Deum.

O Lord God, graunt that we may all continue in the true & ſincere profeſſion of the holy Catholique faith, to the end of our liues; & that we may therin fight a good battaille, exerciſing our ſelues in al holyneſſe, and godlineſſe, to the end, that after this life, we may receaue of thee (O Lord) a Crown of righteouſnes, which thou haſt laide vp for all thyne Elect, Amen.

At the offertory.

O Lord God holy Father, who through Ieſus Chriſt thy only Sonne, haſt taught a new oblation of a new Teſtament, which the Church receauing of thy holy A-

poſtles, offereth throughout the whole world to thee, O God the Creatour of all thinges; offeringe vnder a hidden miſtery, the firſt fruits of thy creatures and guifts, to wit, bread and wine mingled with water, ſtraight-wayes to be conſecrated into the fleſh & bloud of thy wel-beloued Sonne, that by the ſame Oblation, he may repreſent him, who is the liuely Bread, deſcending from heauen, giuing life to all the world, who by the bloud and water which flowed fró his ſide, did waſh vs from our ſinnes: vouchſafe Almighty God, mercifully to accept this oblation, which thy Catholike Church offereth to thee by the Prieſt, for al thy people, whome thou haſt purchaſed with the precious Bloud of thy deare beloued Sonne, our Lord Ieſus

ſus Chriſt.

When the Prieſt turning, deſireth the people to pray for him.

O Vr Lord ſend thee helpe from heauen, and protect thee. Our Lord be mindfull of this thy Sacrifice, and receaue it at thy handes, to the laude & glory of his Name, and to the health and comfort of our ſoules, and the ſoules of all the faythfull, liuing and dead.

When the Prieſt ſayth,
Surſum corda.

O God Father moſt high, lift vp our harts and mindes (I beſeech thee) from the cogitations of earthly cares, to the meditation of heauenly ioyes; that we may think and ſpeake of thee onely, and may in all our life expreſſe thee, and after may enioy thee for euer, Amen.

Then ſay with the Prieſt.

IT is meete and iuſt, right and neceſſarie, that we alwaies, and in all places giue thee thankes (O holy Lord) Father almighty, euerlaſting God, through Ieſus Chriſt our Lord: by whom the Angells praiſe thy Maieſty, the Dominations adore thee, the Powers tremble, the Vertues of Heauen, and the heauens, and the bleſſed Seraphins with mutuall gladnes, giue praiſe vnto thee; with whom we beſeech thee, that thou wilt command our prayers to be receaued, ſaying with humble confeſſion: Holy, holy, holy, Lord God of Saboath; the heauens and earth are full of thy glory. Glory be to God in the higeſt; bleſſed is hee that cõmeth in the name of our Lord, *Oſanna in the higheſt.* Amen.

At the holy Canon.

O Moſt high prieſt, and true Biſhop Ieſus Chriſt, who haſt offered thy ſelfe to God thy Father, vpon the Altar of the Croſſe, a pure and immaculate Hoaſt, for vs wretched ſinners, who haſt left vnto vs thy true fleſh an bloud in a Sacramẽt, which is made by the diuin Omnipotency, and haſt ordained this Sacramẽt, which thou cõmaundeſt to be offered in remembrance of our Saluation: by the ſame almightie power, I beſeech thee, that thou wilt grant me, poore ſinner, worthily to remember thy bleſſed Paſſion, and to reſigne my ſelfe wholy to thee, my Lord, and Redeemer: and to be preſent at this heauenly Sacrifice, with teares and reuerence, with puritie of heart, and plentie of teares, with ſpiri-

tuall

tuall gladnes, and heauenlie ioy. Let my minde taſte the ſweetenes of thy bleſſed preſence, and behold the troupes of thy Saints and Angels, which are about thee, Amen.

Heere meditate with your ſelfe till the Eleuation.

AND thinke your ſelfe vnworthy to be preſent amongſt ſo many thouſād of holy Angels and Saints, as are there (although inuiſible to vs) attending vpon him with al reuereńce, whom (through our ſins) we cauſed to die a moſt bitter death, and whom (through our euill life) we from time to time (as much as in vs lieth) doe crucifie. Think how great his loue is to vs, which by this daily oblation, would preſerue vs in that eſtate, wherunto he once brought vs. Theſe benefites, and others

others (as time will ſuffer) conſidered: Let vs examine our ſelues, and our behauiour to ſo gracious a Lord, and ſay with the Publican, O God be mercifull vnto me a ſinner.

At the eleuation of the Hoſt.

ALl haile true Bodie, borne of the bleſſed Virgin Mary, truely ſuffered, & offered vpon the Croſſe for mankinde, whoſe ſide pierced whith a ſpeare, yeelded water and blood, vouchſafe to be receiued of vs in the houre of death, I beſeech thee, O ſweet, O good, O Ieſu, Sonne of the bleſſed Virgin, haue mercy on me.

At the Eleuation of the Chalice.

ALl haile moſt precious and bleſſed bloud, flowing out of the ſide of my Lord and Sauiour Ieſus Chriſt, waſhing away the ſpots both

both of the old and new offences: cleanſe, ſanctifie, and keepe my ſoule, I beſeech thee, to euerlaſting life.

An excellent prayer and adoration, to be made in the preſence of the bleſſed Sacrament.

Ex Pa. Loarto Soc. Ieſu.

I Moſt wicked wretch, and vnworthy Chriſtian, bowe downe before my Lord and Sauiour, who hath made and redeemed me, who foſtereth and ſuſtaineth me, and euermore remaineth life and verity. O Ieſus Chriſt, very God and man, I adore the heere preſent, and call vpon thee, not doubting any whit at all, of the very reall preſence of thy fleſh and blood viuificant, nor of the preſence of thy precious body, and moſt ſacred ſoule. Ah Lord,

Lord, that I could in ſuch ſort know, behoulde, loue, and laude, thee, as ſo many millions of Angels doe, with ſouueraigne ioy and gladneſſe beholde thee: knowing, louing, and lauding thee perfectly, without being euer wearied in doing ſeruice and due obeiſſance vnto thee.

I ſalute thee, O ſaue-gard of my ſoule, eternall Word of the Father, true Sacrifice, Fleſh viuificant, entire Diuinity, eternall life. O moſt pretious Treaſure, repleniſhed with all delight, the harbour and reſting place of pure and cleane harts, O Angelicall Viande, O celeſtiall and moſt excellent bread! O eternall Word of the Father, which art for vs made fleſh, and yet remaineſt God in the very ſelfe ſame perſon, I confeſſe thee moſt vndoubtedly to be

to be true God, and true man, consecrated after a miraculous manner on the Altar. Thou art the assured hope, and the true saluation of sinners. Thou art the souueraigne restoratiue of those that languish, thou art the incomprehensible treasure of poore distressed Pilgrims. Hollowed be thy name therefore, most sweet Sauiour Iesu Christ, all thy creatures sound forth prayses and thanksgiuing to thee, for the loue wherewith thou tenderedst our wel-fare, by descending downe from heauen, and offering vp thy noble, pure, and innocent body on the Altar of the Rood, for our Redemption; and that after thy Resurrection and Ascension, thou diddest vouchsafe for our well-fare and consolation, to leaue vs with ineffable loue, the selfe same thy liuely

liuely and immortal body (contained in this moſt venerable Sacrament) as a memoriall of thy departure, and pawne of thy peerleſſe loue thou beareſt vs.

O Lambe of God that takeſt away the ſinnes of the world, haue mercy vpon vs, and grant vs thy peace. Refreſh our ſoules with ſpirituall food and comfort, eſpecially at the latter end of our dayes; that neither in life nor death we departe from thee, nor be depriued at any tyme of thy celeſtiall benedictions, thou which liueſt and raigneſt with God the Father and the Holy Ghoſt in all eternity, Amen.

A prayer for the ſoules departed.

S. Ambroſius precatio 1. prepar.

WE humbly beſeech thee, O holy Father for the ſoules of the

faithful departed this life, that the holy Sacrifice, of the Maſſe may bee to them eternal ſaluation, perpetuall health, ioy, and reſt euerlaſting. O my Lord God, let this wonderfull and excellent myſtery of piety and bounty, be vnto them this day full and perfect ioy: graunt that they may be repleniſhed with thee, the liuing and true Bread, which deſcendeſt from heauen, & giueſt life to the world; and with that holy and bleſſed fleſh of thee, the immaculate Lambe, which takeſt away the ſinnes of the world; and make them to drinke of the fountaine of thy piety, which by force of the Souldiers lance, iſſued from the ſide of thee, our Lord Ieſus crucified, that ſo being comforted, they may reioyce in thy holy laude and glorie, Amen.

When the Pax is kiſſed.

O Lambe of God, that takeſt away the ſinnes of the world, haue mercy vpon vs. O Lambe of God, that takeſt away the ſinnes of the world, haue mercy vpon vs. O Lambe of God, that takeſt away the ſinnes of the world, giue vs peace and quietneſſe. Deliuer vs, we beſeech thee, O Lord, from all our euils paſt, preſent, & to come and by the interceſſion of thy bleſſed and glorious Mother, the Virgin Mary, and of thy holy Apoſtles Peter and Paul, & of al the Saincts, mercifully graunt vs peace in our dayes, that we being aided by the helpe of thy mercy, may continually be free from ſinne, and ſafe frō all perturbation of minde & body.

When the Prieſt receaueth.

O Sacred feaſt, wherein Chriſt is

receaued, the memory of his paſſion is renued, the minde is replenished with grace, and a pledge is giuen vs of the glory to come.

A diſpoſition for ſpirituall Communion. EX Fratre Grenier.

O My good God, and my ſweete Sauiour Ieſus, who heere art come for my ſake, and giueſt thy ſelfe vnto me for dayly food, yea euen vnto all vſes that my hart can deſire. Moſt willingly would I, O my God, receaue thee ſacramentally, but I dare not, nor cannot approach to thy holy Sacrament, for I greatly feare to offend thee by my indiſpoſition, as alſo for that I am ſo far vnworthy. Neuertheles, I am moſt certaine, that without thee, O my God, who art the true food of my ſoule, I cannot liue.

Where-

Wherefore, I humbly beſeech thee, that although I cannot receaue thee ſacramẽtally, yet that it may pleaſe thee to refresh, and come into me ſpiritually, and make me partaker of that grace, which they do feele, who deuoutly & worthily receaue thee. O good Ieſus, deſpiſe not thy poore creature, driue not from thee thyne humble ſeruant, but vouchſafe to come vnto me, to tarry in me, and by thy holy grace, to worke and perfect all the effects and vertues of thy moſt holy Sacramẽt in me: to thyne honour, O my God, prayſe and glory, and to the profite of my poore ſoule, Amen.

At the laſt Benediction.

THe grace of our Lord Ieſus-Chriſt, the vertue of his moſt glorious Paſſion, the ſigne of the

holy Croſſe, the integrity of the B. Virgin Mary, the bleſſing of all Saints, and the prayers of all the elect of God, be betweene me, and all myne ennemies, viſible and inuiſible, now, and in the houre of my death.

THE

THE THIRD CHAPTER, CONTAYNING

Deuout and godly Prayers, both before, and after Confeſſion.

A table of ſinnes to help the ignorant or ill of memorie; wherein, when they would be confeſſed, they may find out with litle labour, the manifould wayes of offending God.

Of the the ten Commandements.

The firſt Command.

NOT loued God aboue all thinges.

Borne ouer much loue to creatures.

Doubted, or ſtagered in matters of Faith

Ignorant of the ten Commandements.
Of the Commãdements of the Church.
Of the articles of fayth.
Murmured againſt God in aduerſity.
Lacke of confidence in God.
Preſumption of his goodneſſe.
Deſperation of his mercy.
Beleeued dreames, or tellers of fortunes.
Gon to witches, or to cuning mẽ for counſel.
Read, or kept heretical books.
Fauoured heretikes.
Conuerſed with them without neceſſity.
Hindred any ones conuerſion from hereſy, or ſchiſme.
Not recommended my ſelfe daily, to God & to his Saints.
Not conformed my wil in al thinges to the diuine will.

The 2. Command.

Taken the name of

of God in vaine.
Blaſphemed God.
For-ſworne my ſelfe.
Sworne by the body, or members of Chriſt.
Sworne by the creatures.
Curſed my ſelf.
Curſed the creatures.
Giuen my ſelfe, or others to the Diuell.
Broken my vowes.
Angred others ſofar as to make them ſweare or blaſpheme God.

The 3. Command

NOt kept holy the Sabaoth day, and others cõmanded.
Bought or ſould thinges, not of neceſſity for that day.
Done, or commanded, ſome ſeruile worke.
Not heard Maſſe
Talked, gazed, or laughed in the Church.
Not cared to heare Catholike Sermons.
Spent the day in dancing, drinking dicing, carding,

ding, &c.
Omitted to ſay my Matins, Euenſong, or other deuotions.

The 4. Command

NOt honoured my parents, or ſuperiours.
Deſpiſed them.
Spoken euill of them.
Diſobeyed thē.
Not ſuccoured them.
Beene aſhamed of them.
Made them heauy.
Curſed them.
Murmured againſt them.
Not prayed for them.
Not vſed due reuerence to aged perſons.
Mocked or ieſted at them.

The 5. Command

DEſired the death of ſom one, or of my ſelfe.
Borne hatred.
Oppreſſed my debtors.
Deſired reuēge.
Not forgiuen.
Refuſed to ſpeak
Giuen diſcourteous language.
Threatned or ſtrookē

ſtrooken, others not in my charge.

The 6. Command.

COmmitted adultery, procured pollution.
Vncleane words thoughts, or deedes.
Iealous without cauſe.
Vnchaſt lookes.
Laſciuious dreſſing.
Coulouringe or painting.
Ouer-curious behoulding.
Lewed company.
Diſhoneſt bookes.
Vnchaſt ſonges.
Loue letters.
Shewed my skine, or ſome naked part of my body, to incite others.
Eaté hotte meates, or drunke hotte wines, to procure luſt.

The 7. Command.

STelth.
Coſonage.
Deceit in gaming.
In reckoning.
In buying.
In ſelling.
In the wars, prices, or weight.

Bought

Bought of ſuch as could not ſel.
Taken of ſuch as could not giue.
Wilfully endomaged another mans goodes.
Negligẽtly ſpoiled them.
Forged falſe money.
Not payed my debts.
Clipped mony.
Not fulfilled my promiſes.

The 8. Command.

BOrne falſe-witneſſe.
Called one by filthy names.
Vttered anothers ſecret ſin.
Spoken ill of others.
Diſpraiſed others.
Beleeued falſe reports.
Not defended their good name.
Sowed diſcord.
Opened others lettres.
Iudged raſhly.
Falſly ſuſpected.
Too much diſtruſted.
Liſtened to others talke.
Concealed a truth to the detriment

triment of another.

The 9. Command.

COueted my neighbours wife,

The 10. Cõmand.

COueted his houſe.
His man ſeruant
His maide ſeruant.
Or ſome what that is his.

Of the 7. deadly ſinnes.

The 1. of Pride.

PRide.
Vaine glory.
Ambition.
Superfluity.
Preſumption
Vaunting.
Hypocriſy.
Flattery.
Diſſimulation.
Obſtinacy.
Curioſity.
Flowting or Scoffing.
Contempt of others.

Of Couetouſnes.

COuetouſneſſe Nigardlines.
Greedineſſe.
Miſerableneſſe.
Vnpittifulneſſe.
Not giuen alms.
Not lent toſome in need.
Not contented with my owne eſtate.

Of Luxury.

OF the ſinnes of Luxury, ſee the fixt Cómandement.

Of Anger.

ANger.
Impatience.
Haſtineſſe.
Rage or fury.
Diſdainfullneſſe
Waywardneſſe.
Fretfulneſſe.
Diſcontentedneſſe.
Picking of quarels.
Immoderat grieuing.
Seuere correcting.

Of Gluttony.

GLuttony.
Drunkenneſſe..
Delicate diſhes.
Eaten more thé one meale on faſting dayes.
Eaten fleſh on prohibited dayes.
Banqueted and feaſted aboue my ability.
Intéperate feeding.
Giuen to doges that which the poore would haue beene glad of.

Of Enuy.

ENuy.
Grie-

Grieued at anothers proſperity or getting.
Or to heare thē well ſpoken of.
Reioyſed at their hurt.
Diſprayſed their marchandiſe.
Interpretedtheir doings or ſayings, in the worſer part.

Of Slouth.

SLouth.
Indeuotion.
Drowfineſſe, or ſleepineſſe.
Idleneſſe or lazineſſe.
Ouer much ſeeking myne own eaſe.
Inconſtant in good purpoſes.
Neglected thinges giuen me in charge.
Ingratitude to God for his benefits.
Vnthankefull to my friends and benefactours.
Choſen rather to want, then to worke, or labour for my liuing.
Not prayed for the faythful ſoules departed.

Note.

IN all which, a man may not only ſinne himſelfe, but alſo be acceſſary to another mans ſin; either by commanding, by counſelling, by conſenting, by receauing, by partaking, by not vttering it, by not ſpeaking to let it, by not admoniſhing. And laſtly by euill example.

Aduertiſements before Confeſſion.

ABout this worke of Confeſſion, Satan (who is the mortall ennemy of mans ſoule) lyeth euer principally in waite with many ſecret ſnares, leaſt he ſhould looſe that in a mans Confeſſion, which before he had gained of him.

Conceale nothing in thy Confeſſion: for thou canſt not deceaue God, thy ſelfe thou mayſt deceaue.

If

If thou be not truely confeſſed, or concealeſt any matter of moment, this is, as if thou heldeſt thy peace, and wert not confeſſed at all.

Be thou not diſcomforted for any thing, which thy Ghoſtly Father may thinke of thee: let him either deſpiſe thee, or loue thee (whether he pleaſeth) let not this trouble thee: ſtudy thou more to be made the friend of God, and to pleaſe him, then to ſeeke to pleaſe men: for which reſpect, be ſure to confeſſe cleerely, all thy ſinnes, which thy conſcience ſhall moue thee vnto.

In euery confeſſion ſo diſpoſe thee, as if thou wert at the laſt gaſpe, and wert to make thy laſt confeſſion, and preſently without delay, to depart this life: and whatſoeuer thou wouldeſt cõfeſſe then,

faile not to confeſſe the ſame now.

What the Penitent ought to do, afhe hath examined his conſcience.

Ex exercitio Gazet.

AFter that the penitent hath recollected himſelfe, gathered, & ſet before his eyes, that which his conſcience ſhall tell him, of the ſinnes he hath committed ſince his laſt Confeſſion, be it by thoughts, wordes, or workes, he ſhall excite himſelfe to contrition and repentance for his ſins, wherwith he hath defiled the beauty of his ſoule, & with great confidence in the mercy of God, and in the merits of the pretious bloud of Ieſus Chriſt, whereby we are waſhed from our ſinnes in the ſacrament of pennance, and with a full purpoſe of amendement, let him ſay the prayers



Humiliauit semetipsum, factus obediens vsque ad mortem, mortem autem crucis. Philipp. cap. 2.

Hieronymus Wierx fecit et excud. Cum Gratia et Priuilegio. Buschere.

ers following.

A Prayer before Confeſsion.

Ex horis B. Virginis.

RE ceaue my Confeſſion, O moſt benigne and clement Lord Ieſus Chriſt, the only hope of the ſaluation of my ſoule, and giue vnto me (I beſeech thee) contrition of hart, and teares to myne eyes, that both day and night I may bewaile all my negligences, with humility and purity of hart. Let my prayer, O Lord, approach neere in thy ſight. If thou ſhalt be angry againſt me, what helper may I ſeek? Who will haue mercy on myne iniquityes? Remēber me, O Lord, who diddeſt call the woman of Canaan, and the Publican to repētance, and diddeſt receaue Peter weeping. O Lord my God, accept

my prayers : O good Ieſus , Sauiour of the world , who gaueſt thy ſelfe to the death of the Croſſe , that thou mighteſt ſaue ſinners, regard me wretched ſinner, calling vpon thy Name , and take no ſuch heed to my wickedneſſe, that thou forget thy goodnes . And if I haue committed ought whereby thou mayſt condemne me, yet thou haſt not loſt that , whereby thou art wont to ſaue . Spare me therefore, O Lord my Sauiour, and take mercy on my ſinnefull ſoule : looſe the bandes thereof, heale the wounds, Lord Ieſus , I deſire thee, I ſeeke thee, I will thee , ſhew me thy face, and I ſhalbe ſafe . Send forth therfore, O moſt louing lord, through the merits of the moſt pure & immaculate euer Virgin Mary , thy Mother, and thy Saints, thy light

and

and thy truth into my ſoule, which may ſhew vnto me truely all my defects, which it behoueth me to confeſſe, and which may help and teach me to expreſſe them fully, & with contrite hart, who liueſt and raigneſt, &c.

Another before Confeſsion.

Ex Exercitio Gazet.

O Moſt ſweet Lord Ieſus, the inexhauſtible fountaine of all mercy, by the merits of thy moſt bitter paſſion I moſt humbly beſeech thee, let it pleaſe thee to informe me of the knowledge of my ſins, that I be not deceaued by the ſpirit of lying in the recital of them which I intend to make to my Ghoſtly Father, eſtabliſhed by thee in vertue of thy pretious blood, to giue me abſolution of them. Driue from

from me (I doe beſeech thee) all feare & human ſhame, to the end that I be not any wayes withdrawē to open and manifeſt the woundes of my ſoule. Graunt this by the merits of thy moſt worthy woūds, ſo many tymes for me opened and renewed, Amen.

What the Penitent is to do, hauing ended his Confeſſion.

HAuing ended your Confeſſion, attend with great deuotion & reuerence, as well to the ſpirituall counſaile and comfort of your Ghoſtly Father, as the pennance he ſhall preſcribe and enioyne you to performe.

Secondly, when he putteth his hand ouer you, or layeth it vpon your head, then is the tyme when he pronounceth the wordes of abſolution.

ſolution, by vertue whereof (your own good diſpoſition concurring) you haue remiſſion of your ſinnes, by the inward working of the holy Ghoſt, from whome, and by whom, the Prieſt hath this Power: wherefore, now lift vp your mind attentiuely to heauen, humbly expecting the grace of this Sacramét, and conſider the great bounty and mercy of God, in hauing giuen vs this Sacrament for the waſhing & purging of our ſoules, by the merits of the paſſion of our Lord Ieſus Chriſt, or thinke vpon ſome point or article of the paſſion, or ſay ſome briefe prayer, as this which followeth, or the like.

A prayer to be ſayd when the Prieſt giueth the Abſolution.

O Moſt gratious God, O my moſt deare,

deare and ſoueraigne Lord, vouchſafe to take pirty on me a wretched ſinner, and mercifully graunt, that as at the words of thy Angell, the chaines and fetters fell from the feet of S. Peter, and he immediatly was looſed: ſo by the wordes of this holy Sacrament, pronounced by the Prieſt, the chaines & fetters of my ſinnes may be vnbound, & my offences may be pardoned, Amen.

Ieſu Sonne of Dauid haue mercy on me. God be mercifull to me a ſinner.

Thou who ſufferedſt for me haue mercy on me.

A prayer after Confeſſion.

Ex Exercitio Gazet.

O My Lord God the Father of mercy, who haſt called me, & expected

expected my repentance, & comming vnto thee by the Sacrament of Confeſſion, haſt moſt gently receaued me, by thy bounty, pitty, and mercy, and by the merites of the pretious blood of my Sauiour Ieſus, which hath beene applyed vnto me in this holy Sacrament. Thou haſt giuen me the grace to haue Contrition and ſorrow for my ſinnes and faults, which is the firſt part of pennance. Thou haſt giuen me the force and conſtancy to confeſſe them all, ſo far forth as I could remember, which is the ſecond. Giue me grace now to fulfill the third, which is ſatisfaction, in diſcharging me duely and deuoutly of the paine which is commanded me: ſo that hauing accompliſhed the whole myſtery of pēnance, I may be receaued and reckned a-

mongſt the nũber of thy true children with Saint Peter, and Saint Marie Magdalen, the true mirours of pennance, Amen.

Another after Confeſſion.

Ex horis B. Virginis.

I Beſeech thee, O Lord, let this my Confeſſion be gratefull and acceptable to thee, by the merits of bleſſed Mary, thy Mother, euer a Virgin, and of all Saints; and whatſoeuer hath now beene wanting vnto me, and at other tymes of the ſufficiency of Contrition, of the purity and integrity of Confeſſion, let thy piety and mercy ſupply, & according to the ſame, vouchſafe to account me more fully and perfectly abſolued in heauen, who liueſt and raigneſt for euer, Amen.

THE

THE FOVRTH CHAPTER, CONTAYNING

Diuers deuout and godly prayers, both before, and after Receauing.

ADVERTISEMENTS for the night before receauing.

THE night wherein you meane to cõmunicate the day following, eate either nothing, or very little to your supper.

After ſupper, preſentlie ſee you ſpēd not the time in idle talke, but priuately in your chamber in talke with God.

Before you goe to ſleepe, pray vnto God that he would keepe you that night from all illuſions of the diuell, from all ſinne, and hurtfull phantaſies,

Deuout conſideratiōs of the qualitie in which God preſenteth himſelf vnto vs in the B. Sacrament.

Ex exercitio Gazet.

O Vr mercifull Lord commeth to vs is in the holy Sacrament, after ſeauen ſundry manners.

1. He commeth in ſuch exceſſiue and wonderfull humility, that none is ſo wicked, and vilde a ſinner, but that our Lord God will come vnto him, and offer himſelfe

(if

(if a man will haue him with him) and will receaue him.

2. He commeth (in ſo great patience, that none is ſo great a ſinner, nor ſo much his enemy, which he will not beare withall, & ſuffer patiently, and, if he will reconcile himſelfe vnto him, be moſt ready and prepared to remit him all his faults, and freely to pardon him.

3. He commeth with ſuch a loue and affection which he beareth vnto vs, that none is ſo cold and obſtinate, whome he doth not heate, if he will, in his burning loue.

4. He commeth in ſuch liberality, ſo ample and copious, that none is ſo poore & deſtitute of grace and vertue, whome he may not enrich with the ſtore and plenty of

all pretious ſubſtance.

5. He giueth himſelfe in food moſt delicious, moſt ſweet, & moſt ſufficient: in ſuch ſort, that none is ſo feeble, weake, or famiſhed, that may not be healed, refreſhed, and ſtrengthned.

6. He commeth in ſuch ſplendour and brightnes, that none can be ſo blinded, obſcured, or held in ſuch darkneſſe, that may not by his preſence, be inſtructed and lightned.

7. He commeth in ſuch plenitude & aboundance of grace, that none is ſo indeuout, negligent, & ſlouthfull, that may not be awakened, ſtirred, and excited to deuotion.

O great, and ouer-flowing loue, who well conſidering this, will not marueile. and with ſighing ſay.

O



Cœnantibus eis, accepit Iesus panem, et benedixit, ac fregit: deditq; discipulis suis, et ait, accipite et comedite; hoc est corpus meum. Matth. 26.

Hieronymus Wierx excud. Cum Gratia et Privilegio. Buschere.

O Lord what is man that ſo thou doeſt viſite him, and ſet thy hart towardes him?

A prayer before receauing the B. Sacrament.

Ex horis B. Virginis.

O Moſt benign lord Ieſus Chriſt, I a ſinner preſuming nothing on myne owne merits, but truſting on thy mercy and goodnes, doe feare and tremble, to haue acceſſe vnto the table of thy moſt ſweete banquet. For I haue a hart, and body ſpotted with many crimes: a minde, and tongue not warely guarded.

Therefore, O benigne deity, O dreadfull maieſty, I a wretch, holden in theſe ſtreights, haue recourſe vnto thee the fountaine of mer-

cy, I haſten to thee to be healed, I fly vnder thy protection: & he whō I cannot endure a iudge, I hope to haue a Sauiour.

To thee, O Lord, I ſhew my woundes: to thee I diſcouer my ſhame. I know my ſinnes to be many and great, for which I feare, I truſt in thy mercyes, which are without number.

Looke downe vpon me with the eyes of thy mercy, O Lord Ieſu Chriſt, eternal king God and man, crucified for man. Heare me graciouſly hoping in thee: haue mercy vpon me, full of wretchednes and ſinnes, thou that wilt neuer reſtraine the fountaine of thy pitty to flow.

All hayle healthfull ſacrifice, offered vpon the tree of the Croſſe for me, and all mankinde. All hayle

o noble

O noble and pretious blood, gushing out of the woundes of my Lord Iesus Christ crucifyed, and washing away the sinnes of the whole world.

Remember, O Lord thy creature, which thou hast redeemed with thy blood, it repenteth me, that I haue sinned, I desire to amend that which I haue done. Take away then from me, O most clement Father, all myne iniquityes, and offences, that purified in mind and body, I may deserue worthely to taste the holie of holies.

And graũt that this holy tasting of thy body & blood, which I vnworthy intend to receaue, may be remission of my sinnes, perfect purgation of my crimes, driuing away of filthy cogitations, and an engẽdring of good thoughts, and also holesomme

holeſome efficacie of workes pleaſing to thee, and withall a moſt firme protectiō of ſoule and body, againſt the wyles of my enemies. Amen.

Another prayer, of S. Thomas of Aquine, before receiuing the bleſſed Sacrament.

ALmightie and eternall God, behold I come to the Sacramēt of thy onlie begotten ſonne, our Lord Ieſus Chriſt. I repaire as one being ſick vnto the phiſitian of life, as one vncleane vnto the fountaine of mercie, as one blinde to the light of perpetual brightnes, as one poore and needye, to the Lord of heauen and earth.

I beſeeche therefore the aboundance of thy infinite bounty, that thou wouldeſt voutſafe to cure my infir-

infirmitie, to waſh my filth, to lighten my blindnes, to enrich my pouertie, to clothe my nakedneſſe, that I may receaue thee the bread of Angels, king of kinges, lord of lordes, with ſo great reuerence and humilitie, with ſo great contrition and deuotion, with ſo great puritie and faith, with ſuch purpoſe and intent, as is expedient for the health of my ſoule. Graunt me, I beſeech thee, not only to receiue the ſacrament of our Lords body, & blood, but the thing and vertue thereof.

O God moſt meeke, graunt me ſo to take the body of thy only begotte ſonne our Lord Ieſus Chriſte, which he tooke of the virgin Marie, that I may deſerue to be incorporated into his miſticall body, & accounted among the members thereof.

thereof. O moſt louing father, graunt me for euer with open face to behold thy be loued Son, whom now couered in this way-fare, I intend to receiue. Who together with thee, &c.

A prayer after receiuing the B. Sacrament.

By Syr Thomas Moore.

I Adore and worſhip thee, and giue very humble and hearty thankes vnto thee, moſt merciſull Lord Ieſus Chriſt, which haſt vouchſafed to admit me moſt vile ſinner, to the noble and lively feaſt of thy moſt holy table. Alas poore wretch that I am, for I haue receaued this moſt venerable Sacramẽt too too vnworthily.

Lord haue mercy vpon me, Lord forgiue me: I commend that which I haue

I haue done, vnto thy diuine hart, there to be amended, and to be made perfect. Receaue, I beſeech thee, O Lord theſe moſt holy miſteryes of thy bleſſed Body, which I haue receaued, to the euerlaſting glory of thy holy name, to the honour of thy moſt ſweet Mother, the bleſſed Virgin Mary, to the honour of thy bleſſed Saint N. (*Heere name the Saint you haue deuotion vnto.*) To the honour of all the bleſſed & holy Saints and Angels of heauen, for my ſoules health, and for the ſoules health of all Chriſtian people, quicke and dead.

Receaue good Lord, this moſt excellent Sacrament, in full amendement, purgation, and ſatisfaction of all my ſinnes, and negligences, and for the ſinnes of all the world. Reſtore by it, and make vp

againe all my ghoſtly ruines & decayes, and ſupply my needy pouerty.

Mortify, by it, in me, whatſoeuer doth diſpleaſe thee, and make me one according to thy harts deſire. By it make my ſpirit, my ſoule, and my body, conformable to the ſpirit, ſoule and body of thy holy humanity, and lighten me altogeather with the light of thy diuinity.

Graunt by it, that I may be eſtabliſhed in thee, that I perfectly with perſeuerance loue thee, that I may be incorporate into thee, & moſt neerely vnited vnto thee: and that I may be changed all whole into thee, to the laude of thy bleſſed Name, Amen.

Another after Receauing.

By Syr Thomas Moore.

THankes be vnto thee, O holy Father, God almighty, that thou diddeſt vouchſafe of thy great pitty, to ſend thy only Sonne from thy high Throne, into this vale of woe and miſery, heere to take our nature and ſhape, and in the ſame to ſuffer moſt ſharpe paines & bitter death, to bring our ſoules to thy Kingdome, and to leaue that precious body heer to be our ſtrength and comfort. I thanke thee, moſt mercifull Lord Ieſu, withall the might and ſtrength that thou haſt giuen me: I offer to thee thankes, that thou haſt fedde me with thyne owne precious body, by which, I hope to haue health of ſoule, and euerlaſting life, with ioy when I

depart hence. O holy Ghoſt, come Lord ẽflame my hart with the burning beames of thy loue, & make me with vertuous ſweetnes, continually to yeeld acceptable thankes, to the holy and glorious Trinity, to whome three Perſons and one God, be glory and honour, with reuerence offered of all creatures without end, Amen.

Another after receauing.
Ex horis B. Virginis.

O Lord Ieſus Chriſt, I humbly beſeech thy vnſpeakable mercy, that this ſacrament of thy body and bloud, which I vnworthy haue receaued, may be to me a purging of offences, a fortitude againſt frailtyes, a fortreſſe againſt the perils of the world, an obtaininge of pardon, a ſtablishment of grace, a

medecine

medecine of life, a memory of thy paſſion, a nouriſhment againſt weakeneſſe, coſtage of my pilgrimage.

Let it guide me going, reduce me wandering, receaue me returning againe, vphold me ſtumbling, lift me vp falling, and perſeuering, bring me into glorie.

O higheſt God, let the moſt bleſſed preſence of thy body and bloud, ſo alter the taſte of my hart, that beſides thee at any tyme it feele no ſweetnes, it loue no fairenes, it ſeeke no vnlawfull loue, it deſire no conſolation, it admit no delectation at any tyme, it care for no honour, it feare no cruelty. Who liueſt and raigneſt, God, with God the Father, in the vnity of the holy Ghoſt, world without end, Amen.

A Conclusion.

COnuert (Lord) miserable sinners, call againe Heretikes, and Schismatiques: Lighten the infidels that know thee not: helpe all that be in any necessity and trouble, helpe them all that haue commended themselues, or desire to be commended, vnto my prayers. Haue mercy vpon my Parents & Benefactors. Haue mercy vpon all those, for whome I am bound to pray, and that thou wouldest be intreated for. Haue mercy on this place and company, graunt heere be alwayes humility, peace, charity, chastity, and purity. Graunt that we all may worthily amend & correct our selues, that we may feare thee, and serue thee faythfully, that we may loue thee & please thee, I commend vnto thy mercy all

all our buſineſſe, and neceſſityes. Lord be mercifull vnto all people, for whome thou haſt ſhed thy pretious Bloud. Grant vnto the quick forgiuenes and grace, and vnto the faythfull departed, reſt, and life euerlaſting, Amen.

Finally, the deuoute ſoule, the more to dilate her ſelfe in the prayſes of her Lord, and to render him thankes for ſo great a benefit, may heere recyte the two Canticles mẽtioned in the 38. page of this Manuall.

Aduertiſements after Receauing.

AFter receauing the bleſſed Sacrament, we ought to haue a firme purpoſe more manfully to combate with our ennemy, and to withſtand all kind of temptations: perſwading vs, that after ſuch re-

ceauing, we haue more to ſuffer, then we had before. For to what purpoſe doth a man put on armor, but to prepare him to fight? The bleſſed Sacrament, being the true armour againſt all the aſſaults of the world, the fleſh and the Diuel.

Aboue all thinges beware of Anger, for this the ennemy doth principally enforce, ſeeking occaſions preſently to diſquiet vs: for wel he knoweth, that our Lord wil not tarry in a hart that is troubled: which when he perceaueth, that each little trifle, doth eaſily diſcontent vs, then doth that great Diuel mocke and deride vs, and is not ſo diligent to hinder our receauing, as he is buſy after to depriue vs of Chriſts preſence, and to chaſe out of our ſoules that noble Gueſt.

Be not therfore as ſome perſons,

who presently suppose God doth them iniury, if he send them any kind of crosse or sufferance. Which he doth permit for their profit and exercise, to proue if their sacrifice be acceptbale vnto him, and that they may the better view their owne increase, and progresse in vertue.

O what treasure. O what ioy. O what assurance of eternall life is it, to haue such a Guest in the lodging of our hearts, who is ioy it selfe, life it selfe, and eternall felicity.

THE

THE FIFTH CHAPTER, CONTAYNING

Diuers deuout prayers & Litanies, to be ſayd on Sunday.

A prayer that we may keep holy the Sunday, and ſpend the weeke following, to the honour of God.

Ex Cornel. Donters in contempl. Paſſionis.

MY moſt louing God and Lord, and my Creatour, I miſerable ſinner, doe preſent my ſelf this day before thyne eyes beſeeching thee humbly, that through

through thyne infinite bounty, thou wouldſt vouchſafe to giue me grace, that I may keepe holy this Sunday according to thy Commãdement, and the precept of our Mother the holy Church, giuing me true contrition of all my ſinnes that I haue committed againſt thy diuine Maieſty, and againſt my neighbour, by thoughts, wordes, and deedes, and by omiſſion of good workes, which I ought to haue done.

And I moſt humbly beſeeche thee, moſt ſweet Ieſus, that thou wouldſt not conſider the multitude of my ſinnes, but remember thyne infinite mercy, and vouchſafe to grant me grace to ſpend this week following without mortall ſinne: and for thy death and paſſion, to giue to all ſinners knowledge and grace,

grace, to do pennãce in this world, and generally to haue mercy on al thoſe, that our Mother the Holy Church deſireth (this day) to pray for, that with her, we all may be partakers of thy ſorrowful paſſion, Amen.

A Prayer to God the Father.
Ex Sancto Cypriano.

O God, Father of our Lord Ieſus Chriſt thy Sonne, God of Patriarkes, God of Prophets, God of Apoſtles, God of Martyrs, God of Virgins, God of all beleeuers: I beſeech thee, O Father of Maieſty, which without limitation of tyme, haſt taken pitty vpon vs, ſending vnto vs Ieſus Chriſt thy Sonne our Lord and Sauiour, borne of the Virgin Mary, by the operation of the holy Ghoſt, by the Annunciation

ciation of the Angell Gabriel, by whome thou haſt deliuered vs frō imminent and preſent death.

I beſeech thee, O Lord, to ſuccour and helpe me, and iudge me not according to my workes, for I haue not beene obedient to thy Commandements, but thou which loueſt repentance, haue mercy vpō me, who before thy face make cō-feſſion of all my ſinnes, and as Dauid prayed, O Lord, for the loue of thy holy Name, wipe away my ſinnes; ſo I beſeech thy diuine Maieſty, to blot out all myne offences.

Make me to abide in thy holy Catholique Church, with an vndefiled fayth, and pure heart, firme deuotion, continuall loue, and to perſeuere in good workes. Deliuer me from the eternal fire, and euer-

lasting paine, and from all torment which thou hast prepared for the wicked: Graunt this, for our good and blessed Sauiours sake, by whome, to thee be all laude, honour, power, and glory, for euer and euer, Amen.

A deuout prayer to God the Son.

Ex horis B. Virginis.

O Good Iesu, O most beningne Iesu, O sweetest Iesu, O Iesu the Sonne of the Virgin Mary, full of mercy and pitty: O sweet Iesu, according to thy great mercy, haue mercy vpon me, O most clement Iesu, I humbly beseech thee, by that pretious bloud, which thou wouldest shed for sinners, that thou wash away all my iniquityes, and respect me wretched and vnworthy, humbly crauing pardon, and calling

calling on thy holy Name Ieſu. O Name of Ieſu, ſweet Name; O Name of Ieſu, Name delectable: O Name of Ieſu, Name comfortable: for what is Ieſus, but a Sauiour? Therefore Ieſu for thy holy Name, be to me a Ieſu, & ſaue me: ſuffer me not to be damned, whom thou haſt created of nothing: O good Ieſu, let not my iniquity be my deſtruction, whom thy almighty goodnes hath made. O ſweete Ieſu, acknowledge that which is thyne, and wipe away that which is ſtrange to thee. O moſt beningne Ieſu, haue mercy on me, while tyme is to take mercy: condemne me not in the tyme of iudgment. For what vtility may be in my bloud, while I ſhall deſcend into eternall corruption? The dead, O Lord Ieſu, ſhall not prayſe thee,

nether all they that goe downe into hell. O moſt louing Ieſu, O Ieſu moſt deſired, O meekeſt Ieſu, O Ieſu, Ieſu, Ieſu, let me enter into the number of thyne elect. O Ieſu, the ſaluation of thoſe that beleeue in thee: O Ieſu, the comfort of ſuch as fly to thee: O Ieſu the ſweet remiſſion of all ſinnes: O Ieſu the Sonne of the Virgin Mary, powre into me grace, wiſedome, charity, chaſtity, and humility, that I may perfectly loue thee, laude thee, enioy thee, ſerue thee, and glory in thee, and all which call on thy Name, which is Ieſus, Amen.

A deuout prayer to God the holy Ghoſt.

Ioan. Faber cap. 9. Medit.

COme, O holy Spirit, the moſt ſweet comforter of the ſorrowfull

full & deſolate, the ſoule of the diuine puiſſance, the holy communication of the Almighty and omnipotent Father, and of his moſt Bleſſed Sonne. Deſcend with thy mighty power, into the entrals of my hart: lighten and beautify the darke cloſets of my deſolate hart, with thy cleare brightnes: and that which with continuall filth of my vnfruitfull life is dryed vp, viſite thou, and make fruitfull, with the aboundãt dew of thy grace. Touch and wound my hart with the dart of thy loue: inflame my dull and ſlothfull hart: lighte the inner parts of my ſoule, with the heate of thy holy fire: make me to drinke of the riuer of thy ſweetnes, that hereafter I may feele no taſte in any worldly delight which is venimous

O holy Spirit, O excellẽt workman,

man, whomſoeuer thou inhabit; thou buildeſt a lodging for the Father, and the Sonne. Come therefore, O moſt ſweet comforter of my ſorrowfull ſoule, and defend me in all tribulation.

Come O purifier of our ſinnes, and ſaluer of our deadly ſores. Come, O ſtrength & fortitude of the weake, and guide of the humble. Come meeke Father of the fatherleſſe, and ſweet iudge of the widowes. Come O Soueraigne hope of the poore, and comforter of the weake. Come O bright ſtarre of Sailers, and ſure port of the ſhipwracke. Come O ſingular beauty and ornament of the liuing, and only ſaluation of the dead. Come moſt holy Spirit, come and haue mercy vpon me, make fit and accommodate me, according to the multitude

multitude of thy mercy, that my littleneſſe may be agreable to thy greatneſſe, and my imbecillity and weakeneſſe, to thy diuine puiſſance through *Ieſus* Chriſt our Sauiour. Amen.

The Hymne of Ambroſe, and Saint Auguſtine.

WE prayſe thee God, we confeſſe thee our Lord.

Thee the euerlaſting Father, all the earth doth worſhip.

To thee all Angels, to thee the heauens, and vniuerſall powers.

To thee Cherubins, & *Se*raphins, do cry out with inceſſant voice.

Holy, holy, holy, Lord God of Sabaoth.

Full are the Heauens and the

earth, of the Maieſty of thy glory.

Thee, the glorious Quier of the Apoſtles.

Thee, the laudable number of Prophets.

Thee, the white cloathed army of Martyrs, doth prayſe.

Thee the holy Church throughout the world, doth confeſſe.

The Father of infinite Maieſty.

Thy venerable, true, and only Sonne.

Alſo the holy Ghoſt, the Comforter.

Thou art, O Chriſt, the King of glory.

Thou art the euerlaſting Sonne of the Father.

Thou willing to take vpon thee to deliuer man, didſt not abhorre the Virgins wombe.

The ſting of death being ouercome,

come, thou haſt opened the kingdome of heauen to all beleeuers.

Thou ſitteſt at the right hand of God, in the glory of the Father.

Thou art beleeued to be the Iudge that ſhall come.

We therefore beſeech thee, help thy ſeruants, whome thou haſt redeemed with thy pretious blood.

Make vs to be rewardedwith thy Saints, with eternall glory.

O Lord make ſafe thy people,& bleſſe thy heritage.

And gouerne them, and extoll them, euen for euer.

Euery day,we do bleſſe thee.

And we prayſe thy Name for euer, and for euer and euer.

Vouchſafe, O Lord, this day to keep vs without ſinne.

Haue mercy vpon vs, O Lord, haue mercy vpon vs.

Let

Let thy mercy, O Lord, be vpō vs, euen as we haue hoped in thee.

In thee, O Lord, haue *I* hoped, let me not be confounded for euer.

A bleſsing to be vſed at the end of all your dayly prayers.

THE imperiall Maieſty of God, bleſſe me. The Regall Diuinity protect me. The euerlaſting Diety keep me. The glorious Vnity comfort me. The incomprehenſible Trinity defend me. The ineſtimable goodneſſe direct me. The power of the Father gouerne me. The wiſdome of the Sonne quicken me. The vertue of the holy Ghoſt illuminate me, and be with me, Amen.

THE LYTANI OF THE *Bleſſed Trinity, to be ſayd on Sunday Morning, or Euening.*

Ex Exercitijs Gazet.

LORD haue mercy.
Chriſt haue mercy.
Lord haue mercy.
O God the Father of heauen, haue mercy vpon vs.
O God the Sonne, Redeemer of the world, haue mercy vpon vs.
O God the holy Ghoſt, haue
Holy Trinity, haue.
Holy Vnity, haue.
Incomprehenſible Maieſty, haue.
Infinite wiſedome, haue.
Inexhauſtible goodneſſe, haue.
Imperiall dignity, haue.
Regall diuinity, haue.

Eternall

Eternall Verity, haue.
True and only Trinity, haue.
One and higheſt Deity, haue.
One & equall omnipotency, haue.
One and coeternal Maieſty, haue.
Father vnbegotten, haue.
Only begotten Sonne, haue.
Holy Ghoſt from both proceeding haue mercy.
Father our Creator, haue.
Sonne our Redemer, haue.
Holy Ghoſt our Comforter, haue.
Father of mercy, and God of all conſolation, haue.
Father of our Lord Ieſus Chriſt, h.
Father who haſt choſen vs in thy Sonne, before the conſtitution of the world, haue.
Father who hideſt thy miſteryes from the prudent and wiſe, and reuealeſt thē to little ones, ha.
Father which cauſeſt thy ſunne to riſe

riſe vpon the iuſt and vniuſt, ha.
Father which haſt numbred all the haires of our head. haue.
Father who haſt ſo loued the world that thou wouldeſt giue thyne only begotten Sonne to redeeme it. haue.
Chriſt in whome al the fullneſſe of the Diuinity, doth inhabit corporally, haue.
Chriſt head of the Church, Prince, Paſtor, & Biſhop of our ſoules, haue mercy.
Chriſt full of grace and truth, and dwelling in vs, haue.
Chriſt the Reſurrection and the life. haue.
Chriſt to whome al power is giuẽ both in heauen & earth, haue.
Chriſt which aſcendeſt aboue all heauens, haue.
Chriſt which ſitteſt on the right

hand of Maiesty in the high Places, haue.
Spirit of ioy and tranquility, haue.
Spirit of deuotion & charity, haue
Spirit of patience & benignity, h.
Spirit of meeknes & chastity, haue.
Spirit of holy feare & longanimity, haue.
Spirit of vnderstanding and verity, haue.
Spirit of fortitude and humility, haue mercy vpon vs.
Spirit of wisedome, counsaile, and of all other vertues. haue.
Be mercifull, Spare vs, O holy Trinity,
Be mercifull, Heare vs, O holy Trinity.
From all euill, Deliuer vs, O holy Trinity.
From all sinne, Deliuer.
From all pride & obstinacy, deli.

From all auarice and couetouſnes,
deliuer vs, O holy Trinity.
From gluttony & ſurfetting, del.
From enuy and hatred, deliuer.
From anger and ill will, deliuer.
From all luxury & vncleanes, del.
From al ſloth & puſillanimity, del.
From euerlaſting maledictiō, del.
By the power of thy omnipotency,
deliuer vs, O holy Trinity.
By the Maieſty of thy glory, del.
By the multitude of thy mercyes,
deliuer vs O holy Trinity.
By the aboundance of thy clemen-
cy, deliuer.
By the greatneſſe of thy charity,
deliuer vs, O holy Trinity.
By the depth of thy iudgements,
deliuer vs, O holy Trinity.
By the height of thy wiſdome, del.
By the riches of thy beatitude, del.
In the day of Iudgment, deliuer.

We ſinners doe beſeech thee to heare vs.

That we may worſhip thee our Lord God, and thee only ſerue, we beſeech thee to heare vs.

That we take not thy holy Name in vaine, we.

That we may duely obſerue & ſanctify the feaſts of thy Church, we.

That we may honour our Parents, and Superiours, both in obeying and helping them. we.

That neither by deed, or by counſaile, we kill, or hurt any perſon, we beſeech thee to heare vs.

That neither in mind or body, we euer commit any kinde of vncleaneſſe, we.

That we commit not theft, nor preſſe any one contrary to iuſtice, we.

That we neuer ſpeake againſt our neighbour

neighbour, lyes or falſhood, we.
That we neuer couet our Neighbors goods, nor enuy their proſperity, we.
That with all our hart, with all our ſoule, and withall our ſtrength, we may loue thee, we.
That we may ſincerely loue our Neighbours as our ſelues, we.
That thou wouldeſt bring vs to the beholding of thy glory, we.
God begetter, God begotten, and God of both proceeding, we.
Holy, Holy, Holy, Lord God of Sabaoth, we.
Lambe of God which takeſt away the ſinnes of the world, Render thy Father merciful vnto vs.
Lambe of God which takeſt away the ſinnes of the world, Be thou mercifull vnto vs ſinners.
Lambe of God which takeſt away

the ſinnes of the world, giue the holy Ghoſt.

O bleſſed Trinity, heare vs.

O adored Vnity, heare vs.

Lord haue mercy.

Chriſt haue mercy.

Lord haue mercy.

Pater noſter, &c. *Et ne nos inducas* &c. *Sed libera nos à malo. Aue. Credo.*

The prayer.

O God, which deſpiſeſt not the wailing of the contrite, nor contemneſt the plight of them that mourne, attend vnto the prayers which we powre out vnto thee in our tribulation, and clemently heare them: that whatſoeuer diuelliſh or humane contrarietyes doe work againſt vs, it may be broght to nothing, and dathed, by the aduice

uice of thy piety; ſo as being hurt by no aduerſityes, but deliuered from all tribulation and diſtreſſe, we may yeeld thankes vnto thee in thy Church. Forgiue, O Lord, our ſinnes, and beſtow on vs thy mercy, which we pray, that thou reſpect our humility, diſſolue our bonds, blot out our offences, behould our tribulation, repell our aduerſity, and granting the effect of our petition, thou mayeſt gratiouſly heare thy ſuppliants, through our Lord.

THE SIXT CHAPTER, CONTAYNING

Diuers deuout prayers and Litanies, to be ſayd on Munday, and particularly for the ſoules in Purgatory.

A prayer that we may diligently auoide all occaſiõs of offending God. Ex magno Manuali.

MY Lord God, and moſt benigne Sauiour Ieſus Chriſt, who when I was not, diddeſt create and make me capable of thee, the Soueraigne & only good;

good; and being made a thrall and bondſlaue through my fore-fathers treſpaſſes, didſt redeeme me with thy moſt pretious bloud, and loſſe of thy ſacred life, abiding the torments due vnto my treſpaſſes, to acquit & rid me frō the ſame. For theſe, O Lord, and all other thyne ineſtimable benefits; namely, for hauing preſerued me vntill this tyme, I yeeld thee, moſt humble, zealous, and obedient thankes, offering my ſelfe wholy to thee, as I am wholy thyne; Beſeeching thee alſo of thyne infinite clemency, to preſerue me this day from any wayes offending thee, & to direct all my thoughts, wordes, & works, to thyne euerlaſting glory.

Myne eſtate and calling is, as thou knoweſt, O Lord, inuironed with many difficultyes (*Heere is*

each

each one to weigh their vocation, and the dangers it is ſubiect vnto) & through myne euill cuſtomes and wicked inclinations, hardly can I, without thy ſpeciall aſſiſtance, paſſe this life without offending in theſe things: *(Heere muſt each one call to mind the vices he is moſt prone vnto.)* Aſſwage therefore, O Lord, my concupiſcēce, with the dewes of thy diuine grace, & giue me ſtrength to fight more manfully, and to ſubdue all wicked ſuggeſtions whatſoeuer.

Truly, heere in humility and ſincerity of hart, I proteſt, neuer willingly by thy gratious fauour, to offend thy Lawes and Commādements any more. I deteſt al ſin, and what may any wayes diſpleaſe thee. I deſire to loue thee, feare thee, & ſerue thee this day, & euermore, and to direct all myne actions

ons to thyne honour and glory. Aſſiſt me Lord with thy grace, and enrich my pouerty with the plenty of thy merits.

wherefore, in the vnion of thet charity, wherewith thou deſcendedſt from heauē into the bleſſed Virgins wombe, & afterwards offeredſt vp thy ſelfe on the Croſſe, in ſacrifice for our ſinnes; In the vnion of thisthyne incomprehenſible charity, I offer vnto thee whatſoeuer I ſhall doe, thinke or ſpeake this day (*Heere may we briefly deſcourſe, wherein we are like to paſſe ouer the day*) beſeeching thee throuh thy mercifull goodnes to accept, gouerne & enrich me in ſuch ſort, as thy glory may be thereby procured, my Neighbhurs well fare occaſioned, and myne owne ſoule better fortifyed, and prouided.

To

To thee my ſweet and only Sauiour Ieſus Chriſt, with the Father, and the holy Ghoſt, be all glory & prayſe euerlaſting, Amen.

A prayer that we may not be ouermuch entangled with the cares of the world.

Ex Thom. à Kempis. lib. 3. cap. 30

I Beſeech thee, moſt mercifull God, vouchſafe to preſerue me from all excеſſiue cares of this life, that I be not too much encõbered with many thinges concerning the neceſſity of my body, and that I be not ouertaken with any voluptuouſneſſe of theſe thinges.

O my God, my ineffable ſweetneſſe, change & turne into bitternes, all my carnall conſolations, which withdraw me from the loue of celeſtiall thinges. Suffer me not

my

my God, to be conquered, nor to be ouercome of fleſh and bloud. Suffer me not to be deceaued of the world, and of the tranſitory glory thereof, nor that the Diuell through his ſubtility, ouerthrow me to the ground. Giue me ſtrēgth to reſiſt, patience to endure, and conſtancie to perſeuer.

As for meate, drinke, cloaths, and all neceſſary thinges to vphold the body, they are painefull and troubleſome to a feruent ſpirit. Therefore grant me, Lord, to vſe theſe thinges moderatly, and that my hart be not too much encōbred with the deſire of them. Thy holy Law forbiddeth vs to require ſuperfluous thinges, and ſuch as are more delectable then profitable: for which reſpect I humbly requeſt thee, that thy holy hande may ſo

gouerne and inſtruct me, that I do nothing exceſſiuely, Amen.

A deuout recommendation of our bodyes, ſoules, and of all our affaires in the weeke following.

Ex Magno Manuali.

O Holy Trinity, one very God, haue mercy vpon me. Ieſu Son of God & maker of al things, helpe me now, and alwayes, that I delight not in vaine and noiſome thinges.

Ieſu the Son of God, which keptſt ſilence before the iudge, hold my tongue, till tyme I remember, what, and how I ſhall ſpeake. Ieſu the Sonne of God, which waſt bound: gouerne my members ſo, that all my workes may come to a good end.

O Lord

O Lord Ieſu Chriſt, I cõmend my ſight, both outward and inward, to thy diuine wiſedome, that it would pleaſe thee, to graunt me light of ghoſtly knowledge, by the which I may know thy will, and al thinges that ſhould be to thee acceptable,

O Lord Ieſu Chriſt, I cõmend my hearing to thy great mercy, beſeeching thee to giue me vnderſtanding of ſuch thinges as I ſhall heare: and graunt me grace, good Lord, that I heare nothing, that ſhall be hurtfull to my ſoule.

O Lord Ieſu Chriſt, I pray thee to open my mouth, that therwith I may prayſe thee, and giue vnto thee thanks for all thy goodneſſe towardes me. I beſeech thee to keep it from all vaine ſpeech, from all leaſing, and from all ma-

ner of offences, that thereby might come.

O Lord Ieſu Chriſt, I cõmend and betake my handes to thy holines, beſeeching thee of thy pitty, that I may ſo order the vſe of thé, that all the actions therof, may be according to thy pleaſure, & conformable to thy workes.

O Lord Ieſu Chriſt, I cõmend my hart to thy loue, that I may enter into thy hart, by loue, & ſpirituall delectation, and therwith be ſo ardently inflamed, that al earthly ioy and carnall delectation, be wholy ſequeſtred from me.

I ſalute thee, Sauiour of the world, word and wiſedome of the Father, by whome we are made & redeemed, which art the liuing bread deſcended from heauen, for to be very God and man, and to make

make a whole oblation for all the world: haue mercy on me, and make me worthy to be one of thy heauenly kingdom, that I may dye vnto this world in all affections of ſinne, and to put on the armour of ſaluation, by which I may heere ouercome the diuell and all his workes, with the pompes and vanityes of this wicked world, Amen.

THE LITANY FOR the faythfull ſoules departed, to be ſayd on Monday, Morning, or Euening.

Ex Exercitijs Gazet.

O God the Father of heauen, Haue mercy vpon the faithfull departed.

O Ieſu Chriſt the Sonne of the Father, and our Redeemer, Deliuer

the faythfull departed.

O holy Ghoſt our God, Comfort the favthfull departed.

Holy Trinity one God, Haue mercy vpon the faithfull departed.

Holy Virgin Mary, pray for them.
Virgin, and Mother of God, pray
All the Angels of heauen, pray.
S. Peter, pray.
S. Iohn, pray.
S. Matthew, pray.
S. Marke, pray.
S. Luke, pray.
S. Paul, pray.
All holy Apoſtles & Euangeliſtes, pray for them.
S. Stephen, pray.
S. Clement, pray.
S. Dionyſius Areopagita, pray.
S. Laurence, pray.
S. Coſma and Damian, pray.
All holy Martyrs, pray.

S. Gre-

S. Gregory, pray.
S. Ambroſe, pray.
S. Auguſtine, pray.
S. Hierome, pray.
S. Martin, pray.
S. Nicolas, pray.
All holy Prieſts & Confeſſors, pr.
All holy Doctours, pray.
S. Anthony, pray.
S. Bennet, pray.
S. Bernard, pray.
S. Dominique, pray.
S. Francis, pray.
S. Bruno, pray.
S. William, pray.
All holy Monkes & Eremits, pray.
S. Mary Magdalen, pray.
S. Martha, pray.
S. Margaret, pray.
S. Agnes, pray.
S. Barbara, pray.
S. Katherine, pray.

S. Cecily, pray.
S. Monica, pray.
S. Vrſula, with her fellowes, pr.
All holy Virgins & widdowes, pr.
All men and women *S*aints, pray.
O Lord be propitious and mercy-
full to the faythfull departed.
Deliuer them, O Lord.
Pardon the faythfull departed, de.
From all euill, deliuer.
From thyne anger, deliuer.
From the paynes of Purgatory, de.
From that dreadfull priſon, deliu.
From the place of darknes, deliu.
From the bonds of ſinne, deliu.
From the power of the Diuel, del.
From all their torments, deliu.
By the multitude of thy mercyes,
Deliuer them, O Lord,
By thy rayſing vp of Lazarus, del.
By thy death and Paſſion, deliuer.
By thy deſcending into hell, del.

By thy

By thy holy Reſurrection, deliu.
By thy glorious aſcenſion, deliu.
Before the day of iudgment, deliu.
We ſinners, O God of infinite boũty, do beſeech thee to heare vs.
That thou wouldeſt pardon and releaſe them of the paine which their ſins deſerued, we beſeeche thee to heare vs.
That thou wouldeſt not enter into iudgment, with them, we.
That it would pleaſe thee to giue them euerlaſting repoſe, we.
That it would pleaſe thee to tranſpoſe them to the port of peace and ſecurity, we.
That it would pleaſe thee to lighte them with celeſtiall light, we.
That it would pleaſe thee to put them in poſſeſſion of thy Fatherly inheritance, we.
That thou wouldeſt cauſe them to behold

behould thy wonderful beauty ;
we beſeech thee .
That thou wouldſt reſatiate them with that Angelicall viande, and refreſh them with the torrent of thy bounty · we.
That the holy ſacrifice of the Maſſe offered for them, may be profitable to them, we.
That thou wouldſt eſpecially place in reſt, the ſoules of our Fathers and Mothers, Brethren and Sifters, Friends and Benefactors, we beſeech thee.
That thou wouldeſt fully accompliſh their deſire, we.
That thou wouldſt not forget the ſoules of them, which haue no particuler prayer or conſolatiō. we.
That thy holy Angels may ſpeedily bring them into theland of the liuing, we.
That

That the laudable number of Patriarks and Prophets may meet them, we.
That the glorious Quire of the Apoſtles may receaue them, we.
That the white-cloathed army of Martyrs, may ioyfully entertaine them, we.
That the company of ho'y Confeſſors, may conduct them, we.
That the troupe of reioycing Virgins, may accompany them, we.
Deliuer them, O Lord, linger not ouer-long, becauſe thou art both pittifull and mercifull, we.
King of dreadfull Maieſty, we.
Who haſt the keyes of death and hell, we.
Sonne of God, fountaine of piety, we beſeech thee.
Lambe of God, which takeſt away the ſinnes of the world, Giue reſt

to the faythfull departed.

Lambe of God, which takeſt away the ſinnes of the world, Haue mercy vpon the faythfull departed.

Lambe of God, which takeſt away the ſinnes of the world, Giue them ſempiternall reſt.

Lord haue mercy,
Chriſt haue mercy.
Lord haue mercy,
Pater noſter, &c. *Et ne nos inducas*, &c. *Sed libera nos à malo.*

A prayer for your kinsfolkes departed. Oratio Eccleſiæ.

O God the giuer of pardon, and the louer of humane ſaluation, we beſeech thy clemency, that thou graunt the brethren of our congregation, kinsfolkes, & benefactors, which

which are departed out of this world, bleſſed Mary euer Virgin, making interceſſion, withall thy Saints, to come to the fellowſhip of eternall bleſſednes, Amen.

A prayer for the ſoule of your Father.

Ex *S.* Ioan. Damaſceno hiſtor. Barl. & Ioſaphat.

O Lord God of inſearchable and ineffable bountie, bring my Father to the place of reſt and of refreſh ing, where the light of thy coũtenance doth glorioũſly ſhine; Remember not his former offẽces, but according to thy great mercie, blot out and cancell the obligatiõs of his ſinnes, teare and rent them aſunder, for thou art worthie of all glorie, for euer and euer, Amen.

A prayer for the ſoule of your Mother.

Ex ſancto Auguſtino cap. vlt. lib. 9. Confeſſionum.

O The God of my hart, my life and my prayſe, I humbly deſire thee, to pardon the ſinnes of my Mother: gratiouſly heare me for his ſake, who is the medecine of our woundes, who did hange vpon the tree, and now ſitting on thy right hand, maketh interceſſiō for vs ſinners.

Releaſe vnto her all thoſe ſinnes whatſoeuer ſince her baptiſme, ſhe hath fallen into. Releaſe them (O Lord) releaſe them I beſeech thee, and enter not into iudgment with her: let thy mercy exceed thy iudgement; for thy wordes are true, and thou haſt promiſed mercy to the

the mercifull.

For my Mother (when the day of her death approached) requeſted & deſired this, that we would remember her ſoule at thy holy Altar, where ſhe had ſerued thee. Inſpire (O my Lord) inſpire thy ſeruants my Brethren, and whoſoeuer ſhall reade theſe, that they may remember at thy Altar, thy ſeruant Monica (with Patricius her late husband) by whoſe fleſh, thou haſt brought me into this world, by what meanes I know not how.

Let them remember with deuout zeale, my parents in this trāſitory life, and my brethren vnder thee their Father, in the lap of their Catholique Mother, and my contrymen in the eternall Hieruſalem, which thy people in their pilgrimage, from their departure vntill

their returne, desire to attaine vnto: that she may obtaine by the prayers of many, those things which she requyred at my handes, when she departed, Amen.

THE



S. LYDTWINA VIRGO SCHIEDAMENSIS,
ab Angelo ramum è Paradiſo accipit.

Anno 14.to ætatis in glacie labitur, et coſta ei frangitur. ægra 33. annis, variis afflicta morbis, decubuit. Annos nata 47. obijt A.o D. 1433. 14. Aprilis.

Hieronymus Wierx fecit et excud. Cum Gratiâ et Priuilegio. Pictorum.

THE SEAVENTH CHAPTER, CONTAYNING

Diuers deuout prayers and Litatanies, to be ſayd on Tweſday, in honour of the holy Angels.

A deuout prayer of S. Thomas of Aquine, that we may truely conforme vs to the will of God.

GRant me, moſt mercyfull God, feruẽtly to deſire ſuch thinges as may be moſt acceptable & pleaſing vnto thee, with wiſedome to ſearch after thẽ,

not to be deceaued in the knowledge of them, and vnfainedly to accompliſh the doing of them, to the prayſe and glory of thy holy Name. Direct ſo my life, & grant that I may both haue knowledge, will, and power, to do that which thou requireſt I ſhould doe, in ſuch ſort as is behoueable, and moſt expedient for my ſoule.

Let my way vnto thee, O Lord, be ſure, ſtraight, and perfect, that I may neither faint, nor fall from thee, either through aduerſity, or proſperity: that I be not puffed vp in pride through the one, nor yet driuen downe into deſpaire thorough the other: but that I may for the one giue thankes, and be in the other, armed with patience.

Alſo that I may reioyce in nothing, but in that which might allure me vnto thee: nor ſorrow

ought, but that which doth withdraw me from thee: that I deſire to pleaſe, or diſpleaſe, none but thee, and for thee: and that all trā ſitory thinges may for thy ſake, Lord Ieſu, be of no reputation with me, and that all thinges liking vnto thee, may be delectable vnto me, & thou my God, more then all other things; & that I may haue no reioycing beſids thee: let al labor delight me, that is taken for thee, & al eaſe be vnpleaſant, that is without thee.

Make me to lift vp my heart often vnto thee, and when I fall from thee, graunt me to call it ſorrowfully to mind, with full purpoſe of amendement: Grant me, that I may be obediēt without repining, or giuing of froward language; and poore without falling from thee; patient without mur-

muring or grudging; pure & cleane, without defiling or corruption.

Make me alſo, lowly without counterfeiting; merry without looſenes; ſad without lumpiſhnes; ſober without dulneſſe, nimble & quicke without lightneſſe of behauiour; true without doubleneſſe; fearing thee, but not to deſpaire; to do good workes, but not to preſume; telling my neighbour his fault, without flattering; inſtructing him both by word and example, without ſcorning or taunting.

Grant me, moſt louing Lord, and my God, that my hart may alwayes ſo wake vnto thee, that no vaine worldly thought withdraw me from thee: giue me that conſtancy, that no euill affection, or wicked

wicked ſuggeſtion doe plucke me away from thee, and a hart ſo ſtabie, that no troubles may ouercom me; ſo free from vice, that ſinne may challenge nothing in me.

Grant me, O my Lord God, vnderſtanding to know thee; diligence to ſeeke thee, wiſedome to find thee; conuerſation to pleaſe thee; faythfully to perſeuer looking after thee: and finally through hope, to embrace thee: and in reſpect of thy moſt grieuous paines ſuffered vpon the Croſſe for me, that I may willingly ſuffer pennance, and all tribulation for thee.

Alſo through thy grace to enioy the gracious benefits heere in this tranſitory life, and in the world to come, to be partaker of the reward and heauenly ioy, through the precious bloud of that immaculate

culate Lambe our only Sauiour Ieſus Chriſt: to whome with the Father and the holy Ghoſt, three perſons and one God, be all honour & glory, world without end, Amen.

A prayer to all the bleſſed Saints in Heauen, much thereof the very wordes of S. Auguſtine.

Lib. Medit. cap. 24.

O All yee holy and elect of God, vnto whome Almighty God hath prepared his eternal kingdom from the beginning: I beſeech you through the charity, by which God did loue you, that you do ſuccour me moſt miſerable ſinner, before death do take me away out of this wretched world, and reconcile me vnto my Creator, before that hell deuoure me.

O bleſſed Mary the Mother of God, the Mediatrix for ſinners vnto Chriſt, heare me, keep me, and ſaue me. O thou ſweet Lady, obtayne for me right fayth, firme hope, perfect charity, true humility, chaſtity and ſobriety, and after the courſe of this life, the fellowſhip of the euerlaſting bleſſedneſſe.

Thou alſo holy S. Michael, with all the thouſands of Angels, pray for me, that thou mayſt take, and keep me from the power of my aduerſary: help me, and obtaine for me the loue of God, pureneſſe of hart, ſtrength of fayth, & the pleaſure of heauenly glory.

Alſo yee holy Patriarkes and Prophets, procure for me of God pardon, pennance, continency, & godly perſeuerance, and alſo life euerlaſting.

euerlaſting.

O yee bleſſed Apoſtles of God, vnlooſe me from my ſinnes, defend me from the paines of hell, and take me from the power of darkeneſſe, and bring me vnto the euerlaſting kingdome.

I beſeech you alſo, yee holy Martyrs of God, that perfect charity, ſincere loue, a pure minde, a chaſt life, and remiſſion of my ſinnes be, giuen of Almighty God vnto me.

O yee glorious Confeſſours of God, pray for me, that through you, the deſire of heauenly thinges, and reuerence of manners, and waſhing away of my miſdeedes, be of God graunted vnto me.

Likewiſe I pray you al holy Virgins of God, that you doe ayde me, to the intent I may haue a good minde, & health of body & ſoule,

humility

humility, chaſtity; and after the courſe of this my miſerable life, fellowſhip of the perpetuall bleſſednes.

O all yee Saints of God, I doe pray, and alſo do make humble ſupplication, that you will vouchſafe to helpe me, and haue compaſſion vpon me moſt pittifully, and pray for me inſtantly, that through your interceſſion, a pure conſcience may be ingrafted within me, with compunction of hart for my life, ſo that through your merites, I may be able to come vnto the Country of eternall bleſſednes.

All haile yee holy Saints of God which now haue paſſed ouer the troubleſome ſea of this mortality, and haue attained to the hauen of euerlaſting tranquillity, peace, and ſecurity: which haue deſerued to

be made fellowes, and partakers of the heauenly ioyes : being now without care for your ſelues, be yee carefull for vs, vouchſafe to be myne aduocate and gouernenour: Pray vnto our Lord for me, that through your interceſſion & merits, I may in this life obtaine grace, and at the houre of my death, my ſoule departing in a ſafe and bleſſed ſtate, may arriue at the ſure port of eternall glory, where you with God Almighty doe raigne, world without end, Amen.

A Prayer to Saint Michael for the defence of the Church.

Ex exercitijs Gazet.

O Warlike prince, Saint Michael Archangell, who haſt gloriouſly triumphed ouer the infernall Dragon

Dragon, and haſt hitherto valiantly defended the Church of God, come vnto the ayde and ſuccour of the Catholique people, and procure to the Church militant, victory againſt the furious beaſt of Infidelity and Hereſy: preuent and quite ouerthrow all their machinations and ſubtil deuices, and driue them out of all Chriſtian Kingdomes: and likewiſe defend vs both in our life and death, againſt the aſſaults of the Diuel, and bring our ſoules after death, to the place of euerlaſting repoſe, Through Ieſus Chriſt our Lord and Sauiour, Amen.

A prayer to all the holy Angells, and to our good Angell, deputed by God for our particular protectiõ.

O Holy Angell, to whom the de-

uine bounty vntò this preſent hath giuẽ me in cuſtody, that thou mighteſt conduct one blinde, teach one ignorãt, ſtrengthen one weak, defend one fatherleſſe, reduce one ſtrayed, and incite one ſlothfull. I hartily laude our common Lord, and thanke thee for ſo many good offices as thou haſt done on my behalfe, ſauing me amongſt ſo many dangers, both ſpiritual and corporall, and eſpecially with-holding me, and preſeruing me, when I would haue run to myn owne perdition; I beſeech thee humbly, to continue the ſame endeauour towardes me, vntill ſuch tyme as thou bring my ſoule (which is recommended to thee) vnto the port of euerlaſting ſaluation.

O all yee good Angels, who haue the guard & defence of ech one in par-

particuler, you I humbly require, O ſacred company, that you would exerciſe al your offices and charges towards me, towardes this place, and Countrey, and towards all my Parents, Friends, and benefactors, directing all my thoughts, words, and deedes, to the health of my ſoule. To the end, that duely obſeruing the Commandements of God, I may be worthy to augment your number, the which was diminiſhed by the fall of Lucifer, & that euerlaſtingly I may liue with you, world without end; through Ieſus Chriſt our Lord and Sauiour Amen,

THE LYTANI OF THE

Holy Angells, to be ſayd on Tueſday, Morning, or Euening.

LORD haue mercy.
Chriſt haue mercy.
Lord haue mercy.
O God the Father of heauen, haue mercy vpon vs.
O God the Sonne, Redeemer of the world, haue mercy vpon vs.
O God the holy Ghoſt, haue
O Holy Trinity one God, haue mercy vpon vs.
Holy Mary Mother of God, pray for vs.
Queene of Angels, pray.
Holy Michael Archangell, pray.
Prince of the army of Angels, pr.
Conquerour of the infernall Dragon,

gon, pray.
Champion of the Church, pray.
Warlike Prince of the Christian army, pray.
Holy Gabriel Archangell, pray.
One of the chiefe standing before God, pray.
Messenger of Christes incarnation, pray for vs.
Ambassadour of the blessed Virgin, pray.
Announcer of the wholesome Name of Iesus, pray.
Holy Raphael Archangell, pray.
Medecine of God. pray.
Comfort of the sicke, pray.
Faithfull guide of trauellers, pray.
O Angells of light, pray.
O my good Angell, pray.
Holy Seraphins, pray
Holy Cherubins, pray.
Holy Thrones, pray.

Holy Dominations, pray.
Holy Principalityes, pray.
Holy Powers, pray.
Holy Archangels, & Angels, pray.
All holy Orders of celeſtial Spirits, pray.
Who are conſtituted ouer Kingdomes and Prouinces, pray.
Who often diſſipate the armies of the ennemies, pray.
Who deliuer the ſeruants of God from priſons and other perils, pray for vs.
Who confort the Martyrs in their torments, pray.
Who with ſpeciall care, foſter the Prelates of the Church, and all ſuch Princes as are their nurſes, pray.
Who haue receiued from God, the guard and cuſtody of men, pray.
Who alwayes beholde the face of our

our Father which is in heaue̅, pray.
Who cary vp the petitions of ſuch as pray, pray.
Who admoniſh the conſciences of offenders, pray.
Who reioyce ouer one ſinner, doing pennance, pray.
Who by the power of God, worke manie wonders, pray.
Who brought forth Loth from amongſt the middeſt of ſinners, pray for vs.
Who by the ladder of Iacob, aſcend and deſcend, pray.
Who in the Mount of Sina, deliuered the law of God to Moſes, pray for vs.
Who miniſtred to Chriſt in the deſert, pray.
Who carried Lazarus into Abrahãs boſome, pray.
Who ſate in white by Chriſts Sepulcher,

pulcher, pray.
Who, Christ ascending into heaué, appeared ro his disciples, pray.
Who shall goe before Christ with the signe of the Crosse, when he shall come to iudgement, pray.
Who shall gather together the elect from all the ends of the world, Pray for vs.
Who shall separate the euill from the good, pray.
Who incessantly sing to God, Holy, holy, holy, pray.
Be mercifull, Pardon vs, O King of Angells,
Be mercifull, Heare vs O King of Angels.
From all euills and dangers, Deliuer vs O King of Angells.
From all hardnes and impenitence of heart, Deliuer.
From all diabolicall temptationis and

and illuſions, Deliuer.
From filthy and vncleane cogitations. Deliuer.
From the counſel of the wicked, Deliuer.
From all euill company, Deliuer.
From all Hereſie and Schiſme, Deliuer.
From ſuddaine and vnprouided death, Deliuer.
From euerlaſting dãnation, Deliuer
By thy holy Angells. Deliuer.
By the great affection which they beare to man-kind, Deliuer.
By the holy victories which they haue gotten againſt the diuell, Deliuer.
By the ſaueguard which they haue of vs all, Deliuer,
We ſinners, doe beſeech thee to heare vs.
That it would pleaſe thee to keepe by

by thy holy Angells, the Citties, Countries, and Catholique people, We beseech thee to heare vs.
That we may perceiue the fruit of the perfection of our good Angell, we.
That by the purity of our consciences, we may be worthy of the consolation of Angels. we.
That we may often and deuoutly receaue in the veritable Sacrament, the bread of Angels, the precious body of our Sauiour Iesus, we.
That at the houre of death, we may be aided and guarded, with the defence and protection of Angells, we.
That by the ministry of Angels, thou wouldest comfort the souls of the faithfull departed, & release them of al their paines, we.

O God the Father, Creator of all celeſtiall Spirits, Spare vs, O Lord.

Sonne of God, and glory of Angels who pacifieſt, by the bloud of thy Croſſe, all thinges both in heauen and earth, Heare vs, O Lord.

God the holy Ghoſt, in whome the Angels deſire to behold, Haue mercy vpon vs.

Lord haue mercy.

Chriſt haue mercy.

Lord haue mercy.

Pater noſter, &c. *Et ne nos inducas*, &c. *Sed libera nos à malo.*

The prayer.

O God which after a maruailous order, diddeſt diſpoſe the miniſteryes of Angels and men: grant

mercifully, that by whome attending on thee, thou art alwayes aſſiſted in heauen, by them our life may be defended in earth, thorough Ieſus Chriſt thy only Sonne our Lord, Amen.

THE

THE EIGHT CHAPTER, CONTAYNING

Diuers deuout prayers & Litanies to be ſayd on Wedneſday, in humbly bewayling the afflictiõs and miſeries of the Church, together with our owne miſeries.

A prayer for the Church afflicted, and for the maintenance of the true Catholicke Fayth.

WHo can, O Lord, abide it? What hart is ſo hard and ſtony, that can forbear weeping, lamẽting, and mourning, for them that are thus blinded, and do

daily make other men ſo blinde, that they fall vnawares head-long into the denne of hereſy, and damnation for euer?

Let vs call and cry continually vnto God, night and day, and ſay; Ariſe O Lord, ariſe, that thy ennemyes may be diſperſed and confounded. Say we deuoutly with tongue and mind: Ariſe vp, O Lord, why doeſt thou ſleepe, ariſe vp, and do not expell vs from thee for euer. Why turneſt thou thy face from vs? Why doeſt thou forget our pouerty and trouble? Ariſe vp, O Lord, help vs, O God, and deliuer vs for thy Name ſake.

It is our duty to pray without ceaſing, that we be not lead into temptation, and fall from the right beleefe of the holy Church, but that we may ſtand therein manfully,

ly, and confesse it vntill death, & thereby obtaine that infinite and endlesse ioy, which God hath promised vnto all that continue in his loue, and the keeping of his Commandements vntill their liues end; the which our Lord Iesus Christ, for his deare & bitter passion sake, grant vnto vs all, Amen.

A prayer for them that are fallen from the Church.

O Mnipotent, benigne and most mercifull Father, we most entirely beseech thee, that it will please thee to visit with thy fatherly affection, all those that are fallē and departed from the pure, Catholique, and Christian church, or doubt in any article thereof, and are seduced or deceaued through any false persuasion; to illuminate

their harts, O Lord, with the beames of thy diuine light: ſtay them and bring them backe, to acknowledge their errour: that being in ſuch ſort conuerted, they may with the whole vniuerſall Church, confeſſe with mouth, and ſhew in workes, one true Catholique, and chriſtian fayth, and remayning in it, they may worke their owne ſaluation; ſo that they and we, being of one minde & wil, in one fould, may heare and follow thee our Sheepheard, through Ieſus Chriſt our Lord, Amen.

A prayer bewayling our owne miſeries and infirmityes.

Ex Thomas à Kempis, l. 4. c. 7.

O My gratious and ſouueraigne Lord, preſenting my ſelfe before the throane of thy Maieſty, I lament

lament and grieue, that I am so subiect to sensuality, so addicted to the world, so vnmortifyed in my passions, so full of the motions of concupiscence, so vnwatchfull ouer my outward senses, so often intangled with many vaine fantasyes, so vehemently inclined to outward thinges, so negligent in the interiour, so prone to laughter and immodesty, so hard to teares and compunction, so prompt to ease and pleasures of the flesh, so dull to austeriry and feruour, so curious to heare newes and see vaine sights, so slacke to imbrace that which tends to myne owne humiliation, and conempt.

Moreouer, so couetous of aboūdance, so nigardly in giuing, so fast in keeping, so inconsiderate in speech, so vnbridled to silence, so

looſe in manners, ſo outragious in deedes, ſo greedy to meate, ſo deafe to the word of God, ſo haſty to reſt, ſo ſlow to labour, ſo watchfull to tales, ſo drowſie to watch in the ſeruice of God, ſo haſty to the end thereof, ſo inconſtant in attention, ſo negligent in ſaying my prayers, ſo indeuont in hearing Maſſe, ſo drye in receauing, ſo quickly diſtracted, ſo ſeldome wholy recollected, ſo ſodainly moued to anger, ſo apt to take diſpleaſure againſt another, ſo prone to iudge, ſo ſeuere to reprehend, ſo ioyfull in proſperity, ſo weake in aduerſity, ſo often purpoſing much good, & performing ſo little.

O my pittifull and gentle Lord, confeſſing theſe and other my defects before thee, I bewayle with ſorrow and great diſlike, myne owne

owne infirmity, making a full purpoſe to amend my ſelfe, and to go forward in vertu: to which effect, with full reſignation, and with my whole will, I offer vp my ſelfe to the honour of thy name as a perpetual ſacrifice, faythfully committing vnto thee both my ſoule and body, that ſo I may both liue & dy thy loyall ſeruant, Amen.

A prayer for the obtayning of alſort of heauẽly grace. S. Thom. Aquin.

GRant me, O almighty & moſt merciful Lord, hartily to thirſt after all ſuch things as are pleaſant and acceptable vnto thee: wiſely to ſearch them out: truly and vnfainedly to acknowledge them; & throughly, in deed and word, to accompliſh them. Direct me in the path of thy glory, and giue me knowledge,

knowledge, to will and doe ſuch thinges as thou commandeſt me to doe; with due execution to fulfill all thinges belonging to my ſaluation.

Grant, that my waye towardes thee, be certaine, ſafe, & ſtedfaſt; neither wauering through aduerſity, or proſperity; leaſt by the one I be puffed vp with too much pride, or driuen with the other into deſperation. Giue me graee to yeeld thee thankes for my proſperity, & to take aduerſity patiently: to reioyce or take pleaſure in nothing, but only in ſuch thinges that be furthering to thee; deſiring to pleaſe, or feare to diſpleaſe none, but thee only. Graunt me, good Lord, charity in all my doings, & to account as vile & abhominable all thinges not pertayning to the

true

true worshipping of thee : direct my deeds not according to custome, but in thy feare and deuotion.

Grant, that all transitory thinges may grow loathsome vnto me; thy glory and honour to be of most price with me; especially aboue all thinges, that I may loue & honour thee, my most sweet Sauiour Iesus Christ. Make all thinges vnpleasant to me, that are not pleasant to thee : cut off frō me all desire of any thing, that toucheth not thee : make me to delight in euery labour that concerneth thee, and earnestly to hate all rest and quiet, but in thee only. Graunt me, sweet Iesu, often to delight in the sweet and comfortable thoughts of thy diuine Maiesty, bend my whole affection towards thee; and giue me grace earnestly to bewaile my

sinnes,

ſinnes with full intent to amend my life.

Grant me, O mercifull Ieſu, true contrition, without diſſimulation; mirth, without wantonneſſe; heauines for my ſinnes, without abiection of minde, ripe iudgement, without counterfeit grauity; quickneſſe, without vnſeemely lightnes; truth, without doubleneſſe; true feare of thee, without deſperation; a perfect hope and affiance in thee, void of all preſumption; chaſtity, and cleaneſſe of life, free from all laſciuious luſts; to finde fault, and rebuke others, without malice; to loue hartily, without diſſimulation; yea, and to help all men, both with counſaile & good example, without pride and vaineglory; to be obedient without grudging, and patient without ſpurning

ſpurning at aduerſity.

Grant, ſweet Sauiour Chriſt vnto me, a vigilant and wakefull mind, that no fond fancy may carry me away from thee; ſtedfaſtneſſe, that no wauering affectiō ſhak me; cō-ſtancy, that no paine, ſorrow or tribulation may daunt me; that freedome of minde, that no vio-lēce of ſeruile pleaſure may pierce; a ſtraight and true hart towardes thee, that no peruerſe or ſiniſter thought haue power to make me ſware from thee.

Giue me, ſweet Ieſu, an vnder-ſtanding mind, in the knowledge of thee; diligence to ſearch thee; wiſedome to find thee; conuerſa-tion acceptable and pleaſing vnto thee: perſeuerance in the ſweet-neſſe of thy holy fayth; a ſure con-fidence and truſt in thee; to be fa-

ſtened to thy holy Paſſion by pennance, to enioy the merits of thy bleſſed benefits through grace: & laſt of all, to be partaker of thy heauenly manſiõ, in the euerlaſting bliſſe and felicity, Amen.

THE LITANY OF THE Bleſſed Saints, to be ſayd on Wedneſday, Morning, or Euening.

LOrd haue mercy.
Chriſt haue mercy.
Lord haue mercy.
Chriſt heare vs,
O Chriſt heare vs.
O Father of mercy, and God of al conſolation, Haue mercy vpon England
O Sonne, Redeemer of the world, and of all thinges in heauen and earth

earth the pacifycer, Haue mercy vpon England.

O holy Ghoſt, light of thoſe that erre, and of the miſerable the only comfort, Haue mercy vpon England.

Holy Mary, Mother of God, and Mother of mercy, pray.

Holy Mary, which haſt deſtroyed al hereſies, pray.

Holy Virgin of Virgins, famous in England for many miracles, p.

S. Michael, Prince of the Church, pray for England.

S. Gabriel, priuie to the myſteries of God, pray.

S. Raphael, faithfull guide of Trauellers, pray.

Holy Angell Prince of England, p.

S. Iohn Baptiſtiſt, Maiſter and forme of Pennance, pray.

All holy Patriarchs and Prophets,

freinds of God, and preachers of truth, pray.

S. Peter Paſtor of ſheep, & Prince of the Apoſtles. pray.

S. Paul Doctor of the Gentils, in faith and verity, pray.

S. Andrew, friend and louer of the Croſſe, pray.

All holy Apoſtles & Euangeliſtes, eſpeciall increaſers of Chriſtian fayth and vnity, pray.

All holy Innocẽts, ſlaine for Chriſt, pray.

S. Stephen, pray.

S. Lucius King, pray.

S. Alban, pray.

S. Amphiabel, pray.

S. Sophias, pray.

S. George, pray.

S. German, pray.

S. Colman, pray.

S. Kylian, pray.

S. Adrian

S. Adrian, pray.
S. Ethelred King, pray.
S. Tancon, pray.
S. Iſenger, pray.
S. Edmund King, pray.
S. Edward King, pray.
S. Thomas of Canterbury, pray.
All holy Martyrs of England, Scotland, and Ireland, pray.
S. Fugatius and Damianus, pray.
S. Gregory, pray.
S. Auguſtine, pray.
S. Ethelbert King, pray.
S. Patricke, & S. Colomb, pray.
S. Fethno, & S. Cutbert, pray.
S. Furſeus, & S. Malachy, pray.
S. Iohn, and S. Dauid, pray.
S. Brandon, and S. Fiaker, pray.
S. Archibald, & S. Macarius, pr.
S. Marianus, & S. Alexander, pr.
S. Bennet, S. Boniface, and S. Bede, pray.

S. Dunſtan, S. Henry, and S. Robert, pray.
S. Richard, S. Roger, and Saint Hugh, pray.
S. Gilbett, S. Lanfrancke, and S. Anſelme, pray.
All holy Biſhops and Confeſſors of England, Scotland and Ireland, pray.
S. Helen Queen, S. Vrſula, and S. Agnes, pray.
S. Brigit, S. Burien, and S. Tecla pray.
S. Agatha, S. Mechtill, and Saint Maxentia, pray.
S. Chriſtine, & S. Winefride, pr.
S. Ethelred Queene, and S. Margarete Queene, pray.
All holy Virgins & Martyrs of England, Scotland, and Ireland, p.
All bleſſed and holy ſaints of al places, pray.

Be

Be merciſull, ſpare England good Lord.

Be merciſull, Heare vs, O Lord.

From al eminent perils of our ſins, Deliuer England, O Lord.

From the ſpirit of Pride and Apoſtacy, deliuer.

From the ſpirit of Ambition, de.

From the ſpirit of Rebellion, de.

From all hardneſſe and blindnes of hart, deliuer.

From all ſurfetting and drunkenneſſe, deliuer.

From the deſires and liberty of the fleſh, deliuer.

From hatred, contempt, and neglect of ſacred thinges, deliuer.

From the prophaning of Churches and from all ſacriledge, deliuer.

From peſtilience, famine, and warre, deliuer.

From the tyranny and cruelty of

Heretikes, deliuer.
From the yoake of Turkes, & power of Infidels, deliuer.
We ſinners, O God of pitty, do beſeech thee to heare vs.
That thou wouldeſt direct the Popes holines, and all Prelates, to pacify & gouerne the Church, we beſeech.
That thou wouldeſt conſerue all Catholike Kingdomes, in the Catholike, Apoſtolike and Roman fayth, we.
That thou wouldeſt giue vnto all Chriſtian Kinges and Princes, vnity, peace and concord, we.
That thou wouldeſt comfort and fortify all ſuch as ſuffer impriſonment, loſſe of goods, or other affliction, for the Catholicke fayth, we.
That neither by frailty, enticemẽts or

or any torments, thou permit any of vs to fall from thee, we.

That thou wouldeſt giue vs perfect patience in our afflictions, and to make our ghoſtly profit of all our miſeryes, we.

That thou wouldſt mercifully haſtē the conuerſion of Englād, Scotland, & Ireland, from the infection of Hereſy & infidelity, we.

That thou wouldeſt deliuer & keep in theſe times of perſecution, the paſtors of our ſoules, from the handes of their ennemyes, we.

That thou wouldeſt daily augment in them the fire of thy loue, and the zeale of gaining ſoules, we.

That thou wouldeſt preſerue al the Catholikes of this land, from looſeneſſe of life, and from all manner of ſin and ſcandall, we.

That thou wouldeſt ſo adorne vs all

all with holyneſſe of life & conuerſation, that our ennemies ſeeing our good workes, may glorify thee our heauenly Father. We.

That thou wouldſt reduce from error, and hereſy, our Parents, Freinds, and Benefactors, whom thou haſt ſo deare'y bought with thy precious bloud. We.

That thou wouldſt illuminate the harts of all Sciſmatikes, which liue out of the Church, to ſee the grieuous danger of their eſtate. We.

That thou wouldſt mercifully look downe from heauen vpon the bloud of ſo many Martyrs, as haué giuen their liues to cõuert vs vnto thee, We.

Ieſu Chriſt, ſonne of God, and of the Virgin Mary. We

Ieſu

Iesu Christ Sauiour and Redeemer of the world, we.

Lambe of God which takeſt away the ſinnes of the world, Spare vs O Lord.

Lambe of God which takeſt away the ſinnes of the world, Heare vs O Lord.

Lambe of God which takeſt away the ſinnes of the world, Haue me on vs.

Lord haue mercy.

Christ haue mercy.

Lord haue mercy.

Pater noſter, &c. *Et ne nos inducas*, &c. *Sed libera nos à malo.*

The Prayer.

WE humbly beſeech thee, O Lord, defend vs from all perils both of minde and body: and the glorious

glorious Virgin Mary, Mother of God, praying for vs, together with the bleſſed Apoſtles, Peter and Paul, and the Bleſſed ſaint N. & al Saints: thou being benigne, grant vnto vs ſaluation, and peace, that all aduerſityes and errours being deſtroyed, thy church may ſerue thee in ſecure liberty, through our Lord Ieſus Chriſt, Amen.

THE

THE NINTH CHAPTER, CONTAYNING

Diuers deuout prayers and Litatanies, to be ſayd on Thurſday, in humble bewayling of our ſins and in honour of the B. Sacrament.

An humble bewailing of ſinnes.

Ioannes Faber in precat. Chriſti.



Moſt heauēly King, and Sauiour Ieſu Chriſt, heere doe I come to thee, being very faint with the infirmity of ſinne, and farre from the perfectiō which

which thou requireſt to be in me. My cõſcience doth daily accuſe me, & more & more I find the imperfection and frailty of my fleſh. I do continually offend thy Maieſty. All the imaginations of my hart, all my wordes, and deedes, whatſoeuer I do, or leaue vndone, whether I eate or drinke, ſleepe or watch, all my thoughts, all my ſenſes, are wholy bent to wickedneſſe.

Whither ſhall I turne me, O Lord? Thou requireſt of me integrity of life and iuſtice, and that I ſhould walke in thy holy Commãdements, wherto thou promiſeſt me thy gracious helpe: but, O Lord, I feele my owne will peruerſe and querthwart, ſo that I cannot hartily wiſh and deſire thoſe thinges which be requiſite to my ſaluation. I haue no will to bewayle my

ſinnes, nor yet to repent my wickednes from the bottome of my hart. I am ſo carryed away with the vanity of this life, that I doe quite forget the benefits of thy Death and Paſſion, which thou of thy bounteous liberality haſt beſtowed vpon me, moſt vile and abhominable wretch. My offences be ſo many in number, & ſo grieuous (O moſt gracious God) wherwith I offend thy diuine Maieſty, that were not thy moſt merciful pitty, I had beene long a go drowned in the dungeon of euerlaſting torment. Wherefore, I moſt humbly thanke thy vnſpeakable goodnes and mercy, that I am not already ſunken into the bottomleſſe pit of hell.

But what ſhall I doe? ſhall I deſpaire; ſhall I ſay with curſed

Cain, the murtherer of his brother, my offences are greater then can be forgiuen me? No, God forbid that I ſhould haue any ſuch thoght: no, but this will I ſay, my God is mercifull, and full of pitty, he is my comfort, my ſtrength, and cõſolation, my refuge, and defence, he will not deſpiſe the worke of his owne hand, nor will caſt from before him, me poore wretched ſinner. Wherefore, moſt mercifull Sauiour, I come to thee, opening in thy ſight the thoughts of my hart, for thou neuer fayleſt me with thy gracious help. I confeſſe moſt mercifull Lord, before thee, my weakeneſſe, acknowledging myne owne imperfection,, and bewayling the multitude of myne offences.

O euerlaſting and endleſſe ſweetnes,

ſweetneſſe, O vnſpeakable mercy, and moſt louing Father, I haue ſundry tymes, and many wayes offended againſt heauen and thee, that I am not worthy to be reputed for thy child, for I haue abuſed thy Fatherly clemency, and merciſull pitty, to myne vtter vndoing. Accept me, O Lord, for one of thy hired ſeruants, and feed me with the comfortable bread of thy heauenly grace, that I being refreſhed therewith, may humbly ſerue thee in thy houſe, in cleaneſſe of life, & purity of conſcience, all the dayes of my life.

O ſweet Sauiour Chriſt, I humbly beſeech thee for thy bitter paſſion, and bleſſed Mothers ſake, by that Mary Magdalen, which ſo feruently loued thee, whoſe ſinnes, although they were many, yet thou

forgaueſt them, and madeſt her partaker of thy heauenly glory, receaue me vnder the winges of thy mercy, and take compaſſion vpon me. Take from me the fond loue of this tranſitory world, & quench in me all filthy luſtes of the fleſh, and enkindle in my ſoule, a burning deſire of thy glorious bliſſe.

Graunt me, almighty God, true repentance of my ſinnes: graunt me thy grace to lament in me, my want of ſorrow for my offences: make my hart pure and neate, that my ſoule being cleane, may vtterly abhorre and hate ſinne. Graunt me reconciliation to thee, through the comfortable Sacramẽt of pennance, and to be receaued into the bleſſed company of thy choſen. Giue me an earneſt deſire to amẽd my life, that I being holden vp with

with thy grace, may continue in holyneſſe of life, to the end of the ſame, and laſtily may attaine to thy heauenly Tabernacle, where I may prayſe and honour thee world without end, Amen.

A confeſsion of our vngratefulneſſe towardes God.

Margarita Euangelica cap. 3. l. 4.

O God, I am the prodigall child which hath ſundrie wayes offended thee, who being created of thee, in the ſtate of innocency, haue notwithſtanding without all ſhame, moſt vilely giuen ouer my ſelfe to all diuelliſh and lewd conuerſation. Thou waſt crucifyed, and diddeſt humble thy ſelfe for me, and I haue ſwelled vp with pride. Thou haſt ſhewed thy ſelfe

naked and needy, and couetouſnes hath ouer-whelmed me: Thou ſufferedſt ſmart and payne, but I liue in wanton delicatneſſe: Thou waſt ſerued with eyſell and gall, but I lye in beaſtly drunkenneſſe. Thou waſt alwayes exerciſed in vertuous exerciſe, but I alwayes idle, and neuer well exerciſed. Thou diddeſt pray for thyne enemyes, but I care little for my friends.

But alas! what ſhall I do, ſhall I fall in deſpaire? No, God forbid. Iron that is ruſty, may be cleanſed and ſkowred cleane from ruſt, and I will cleanſe my ſelfe from the ruſt of conſcience, with contrition, cõfeſſion, and ſatisfaction: and as I haue through pride lifted vp my ſelfe, ſo will I plucke downe my hart by humility, and become a mocking ſtocke vnto the world.

And

And becauſe I will auoide couetouſneſſe, I will quite abandon all deſire of worldly and tranſitory thinges; and againſt the wantonneſſe of the flesh, I will hamper my flesh with continuall ſobbing and ſighing for my ſinnes. By the burning compaſſion of thy brotherly loue and feruent charity, and the denying of thyne owne will, and for thy bitter Paſſion, haue mercy vpon me, Amen.

A prayer to our Sauiour, to take mercy vpon vs, although we turne late vnto him.

Ex Magno Manual.

O Glorious Ieſu, the fonntaine of all ſweetnes, pardon me, that I haue not hitherto according to my duty acknowledged thee, which

which art the true & perfect ſweetneſſe, nor haue endeauoured my ſelfe to take taſte, or ſauour therin, nothing regarding the beauty of my ſoule, nor the bleſſed vniting thereof vnto thy bleſſed ſpirit: & for that I haue ſo ſeldome conſidered myne owne eſtate, nor yet prepared my hart to receaue thee, making it a reſting place for thee, where thou mighteſt often & long continue; I beſeech thee of thy mercy, of gracious forgiueneſſe.

O louing Lord haue mercy vpon me, moſt vile and abhominable ſinner, for that I neither haue diligently ſought out to know thy wil and pleaſure, nor yet obeyed it, nor haue chiefly taken pleaſure & delight in thy friendſhip, as a thing of chiefeſt felicity, but haue quite contrary, like the prodigall child,

ſerued

ſerued ſwine with ſwil, and fed in the waſh of vaine and filthy pleaſures of the world.

Spare me alſo (good Lord) that I com no ſooner to the knowledge of thee, and that I haue been ſo ſlow a runner, after the ſweet ſauour of thy heauenly goodnes: withdraw not thy grace from me (ſweet Sauiour Chriſt) nor refuſe to helpe me that come late, but ſo much the more aſſiſt me, & plucke me ſtrongly vnto thee, becauſe my dayes be ſpẽt: to the end that I making more haſte, may recouer that time which I haue loſt through my negligẽce. Suffer not, O Lord, death to preuent me, before I attaine to that ſtate of ſaluation, to the which we ought all to haſten: that is, to be ioyned to thy holy ſpirit, in pure and perfect life, Amen.

A deuout prayer to obtaine a feruẽt loue towardes God, our Neighbours, and our ennemyes.

Ioannes Lanſpergius, diuina amoris pharretra.

O Moſt louing Sauiour Ieſu Chriſt, which haſt loued and waſhed vs with thy pretious bloud, and giuen thy ſoule to the death for vs; thou haſt been reputed with the wicked and impious, & moſt cruelly wounded for our iniquities, bruſed and cruſhed for our offences, and by thy ſtripes, haſt made vs whole. I beſeech thee, O Lord, for this thy ineffable & vnſpeakable mercy and charity, to poore into my hart, the vnquenchable light of thy heauenly grace, ſo that the the fire of thy charity, may perpetually burne and worke within

within me, and that there may alwayes grow in me, ſuch a continuall, chaſte, and neuer-failing affection of pitty, beneuolence, and piety, as extendeth it ſelfe to all creatures, through the loue and cõtemplation of thee.

Fill, O Lord I beſeech thee, my ſoule, my ſenſes, and deſires, with feruent and perpetuall charity, that in all thinges, and aboue all, I may moſt hartily loue thee: and that according to thy good wil & pleaſure, I may loue my neighbour in thee, and for thee.

Graunt me grace, I humbly beſeech thee, that with all my hart I may to thy glory, loue, ſearch, & aduance the ſaluation, profit, and commodity of euery one.

Graunt me, O Lord, to loue myne ennemyes moſt perfectly,

not in word or ſhew only, but in deed and truth. Take from me all bitternes of minde, wrath, euill anger, rancour, diſdaine, ſuſpition, enuie, and whatſoeuer is againſt, or contrary to pure and ſincere charity, ſo that in all ſimplicity of hart, I may haue a good opinion of all, may iudge no man rashly, but may loue euery one in thee, with moſt holy and harty affection, and that I may ſhew them both in wordes and workes, all ſweetneſſe, clemency and loue.

A prayer that we may receaue the bleſſed bodye of our Sauiour, before our departure out of this life.

Ex exercitijs Gazet.

O My God, and my Lord, I laude thee and giue thee thanks, that thou haſt giuen me the grace, and

ſundry

ſundry tymes permitted me, to participate of thy great myſtery; to be fed with the food of thy holy Sacrament, and to be comforted with thy ſweet and bleſſed preſence. O Father celeſtiall, let euery tongue bleſſe thee, let euery creature laude thee, for this ineſtimable gift of thy ſouueraigne bounty; & I with them, for this ſo great a benefite, do offer thee, O my God, & preſent vnto thee, all the prayſes of the Angels, and of the Elect, which are in the world, and in the glory of Heauen.

And now I beſeech thee, my ſweet Sauiour Ieſu, that eſpecially at the houre of my death, thou wouldſt be preſent with me, & impart vnto me the vertue of thy holy Sacrament.

O glorious Ieſu, O meeke Ieſu,

I hartily pray thee, that before I dye, I may haue true confeſſion, contrition, and ſatisfaction of all myne offences, and that I may ſee and receaue thy holy Body, God & man, Chriſt Ieſu, the Sauiour of al mankind, without ſinne; forgiue and pardon me all my former treſpaſſes, for thy glorious woundes & Paſſion; and that I may end my life in the true fayth of holy church, and in perfect loue and charity with all Chriſtian people, Amen.

THE LYTANY OF THE bleſſed Sacrament, to be ſayd on Thurſday, morning, or euening.

LOrd haue mercy.
Chriſt haue mercy.
Lord haue mercy.
Chriſt heare vs.

O Chriſt

O Chriſt heare vs.
O God the Father of heauen haue mercy on vs.
O God the Sonne, Redeemer of the world, haue mercy on vs.
O God the holy Ghoſt, haue mercy on vs.
O holy Trinity one God, haue mercy on vs.
Liuely Bread that diddeſt deſcend from heauen, haue.
God hidden, and my *Sa*uiour, ha.
Bread of the Elect, haue.
Wine budding forth Virgins, haue.
Fruitfull Bread, and the delight of Kings, haue.
Holy Sacrifice, haue.
Pure Oblation, haue.
Lambe without ſpot, haue.
Table of propoſition, haue.
Moſt pure Table, haue.
Food of Angels, haue.

Hidden Manna, haue.
Memoriall of the wonderfull workes of God. haue.
Super-ſubſtantiall Bread, haue.
Word made flesh, and dwelling in vs, haue.
Holy Hoſt, haue.
Chalice of benediction, haue.
Myſtery of Fayth, haue.
Moſt high and venerable Sacramẽt haue mercy on vs.
Sacrifice of all other moſt holy, ha.
Truly propitiatorie for the quicke and the dead, haue.
Heauenly preſeruatiue, wherby we are preſerued from ſinne, haue.
Miracle aboue al other aſtonishing, haue mercy on vs.
Moſt ſacred commemoration of our Lords death, haue.
Gift ſurpaſſing all fullneſſe, haue.
Chiefe memorial of diuine loue, haue

haue mercy on vs.

Abundance of diuine bounty, haue
Holy, and moſt maieſticall myſte-
rie, haue.
Medecine of immortality, haue.
Dreadful and life giuing Sacrament,
haue mercy on vs.
Bread of the Almighty word, made
fleſh, haue.
Vnbloudy Sacrifice, haue.
Moſt ſweet banquet, whereat the
miniſtring Angels atttend, haue
Sacrament of piety, haue.
Bond of charity, haue.
Offerer and Oblation, haue.
Spirituall ſweetneſſe taſted in his
proper fountaine, haue.
Refection of holy ſoules, haue.
Voyage food of thoſe which dye
in our Lord, haue.
Pledge of future glory, haue.
Be mercifull, Spare vs O Lord.

Be mercifull, Heare vs O Lord.
From the vnworthy receauing of thy Body and Bloud, Deliuer vs, O Lord.
From concupiſcence of the fleſh, deliuer vs, O Lord.
From concupiſcence of the eyes, deliuer.
From pride of life, deliuer
From all occaſion of ſin, deliuer.
By that deſire wherewith thou deſiredſt to eate this paſſcouer with thy Diſciples, deliuer.
By thy great humility, wherewith thou diddeſt waſh the feete of thy Diſciples, deliuer.
By thy burning charity, wherwith thou didſt ordaine this diuine Sacrament, deliuer.
By thy pretious bloud which thou haſt left vnto vs vpon the Altar, deliuer.

By

By thy precious bloud which thou haſt left vnto vs vpon the Altar, deliuer.

By the fiue woundes of this thy moſt holy body, which thou receauedſt for vs. deliuer.

We ſinners, do beſeech thee to hear vs

That thou wouldeſt increaſe and keep in vs, true fayth, reuerence and deuotion of this holy Sacrament, we beſeeche thee to heare vs.

That thou wouldeſt vouchſafe to bring vs to the frequent vſe of this holy Euchariſt, by true confeſſion of our ſinnes, we.

That thou wouldeſt vouchſafe to deliuer vs from all Hereſy, Infidelity, and blindnes of hart, we.

That thou wouldeſt vouchſafe to impart vnto vs, the precious & heauenly

heauenly fruits of this holy Sacrament, we.

That in the houre of death, thou wouldeſt ſtrenghten and defend vs, with this heauēly Viaticum, We beſeech thee.

Sonne of God, We beſeech thee to heare vs.

Lambe of God that takeſt away the ſinnes of the world, Spare vs, O Lord.

Lambe of God that takeſt away the ſinnes of the world, Heare vs, O Lord.

Lambe of God that takeſt away the ſinnes of the world, Haue mercy on vs.

Lord haue mercy.

Chriſt haue mercy.

Lord haue mercy.

The Prayer.

O God, who vnder this wonderfull

full Sacrament, haſt left vnto vs the memory of thy Paſſion: grant vs ſo to worſhip the ſacred myſteries of thy body and bloud, that we may cõtinually feele in vs the fruit of thy redemption: who liueſt and raigneſt with God the Father, in vnity of the holy Ghoſt, one God for euer and euer, AMEN.

THE

THE TENTH CHAPTER,

CONTAYNING

Diuers deuout Prayers and Litanies, to be ſayd on Friday, in honor of our Sauiors paſſion.

A prayer acknowledging that man was the cauſe of Chriſts ſufferings.

Ioannes Faber ex 7. Medit. B. Auguſtini.

WHat haſt thou done ſweet Childe, that thou ſhouldſt haue this iudgmēt? What haſt thou done, that thou ſhouldeſt be thus ſtraitly dealt with? What is thyne

thyne offence? What is thy guilt? What the cauſe of thy death? What the occaſion of thy condemnation? I truely, I am cauſe of thy trouble: my fault, hath made thee to be ſlaine: my deſert hath brought thee to this death? Vengence is taken of thee, for my hainous guilt: thou art thus tormented for me, and I the occaſion of all thy ſmart.

O marueilous ſort of iudgment, and order of the vnſpeakable diuin miſtery: the wicked ſinneth, and the iuſt is puniſhed! The guilty offendeth, and the innocent is beaten! The ſinner tranſgreſſeth, and the godly is condemned! That which the bad hath deſerued, the good ſuffereth! For that wherein the ſeruant hath done euill, the Maſter maketh recompence! For that man hath committed, the Son

of God is plagued!

How farre forth hath thyne humility desceded? What hath feruēt loue enforced thee to do? How far forth is thy mercy extended? How doth thy bounty encrease? How far forth hath thy loue reached? Vnto what passe is thy compassiō come? For I haue don wickedly, and thou art punished: I haue committed a grieuous fault, and it is layde to thy charge. I am the offender, and thou art put to the torture; I was puffed vp in pride, and thou abused and made of no reputation; I was disobedient, and thou sufferedst the paine of my disobedience; I haue pampered my selfe with delicate fare, and thou therefore ready to perish through hunger.

My affection through concupiscence hath made me to do thinges vnlaw-

vnlawfull, and perfect charity in thee, hath brought thee to ſuffer vpon the Croſſe: I preſumed to do that I was forbidden, & thou ſubmittedſt thy ſelfe to rebukes and puniſhments therefore; I delight in all banquetting and pleaſure, & thou art put vnto miſerable paines vpon the Croſſe; I liue at eaſe, and thy hands and feet are pierced with nailes: I taſte the pleaſant apple, and thou the bitter gal: Eue laugheth and reioyceth with me, Bleſſed Mary lamenteth & ſorroweth with thee.

Behold, O King of glory; Loe, what myne iniquity is, and how abundant thy mercy is! Loe what myne vngodlineſſe is! O my King and my God, with what may I poſſible recompence thee, for thy great goodnes ſhewed towardes

me: Mans hart is not able to thinke, what may be worthily giuen in recompence for ſo great benefites.

I beſeech thee therefore for thy noble mercy ſake, cauſe from me henceforth to ſet at naught, all the wanton enticements of the world, and for the loue of thee, not to feare any aduerſityes threatned by it: not to feare for thee likewiſe to dye, and for thy ſake to offer my body, to be hewed in peeces by the materiall ſword, and that hauing in remembrance the perpetuall bleſſedneſſe, I make none account of the raging ſtormes of this tranſitory tyme.

Let nothing like me, let nothing be precious in my ſight, but that which is pleaſing vnto thee. Alſo I pray thee, let all thinges beſides thee,

thee, ſeeme filthy vnto me and of no reputation: cauſe me likewiſe to abhorre all things which are offenſiue vnto thee, and my deſire neuer to be ſatisfyed in ſeeking to do thoſe things which are pleaſing vnto thee. Let no ioy delight me, that is without thee, and let me reioyce in al trouble; I ſuffer for thee. Let the remembrance of thee, be my conſolation, let my teares be nourishment vnto me both day & night, in ſeeking after thy righteouſnes. Let the Law of thy mouth be more pretious vnto me, then thouſands of gold or ſiluer. Let it be delectable vnto me to obey thee, and deteſtable to commit ought againſt thy diuine pleaſure.

I humbly beſeech thee (my only hope) for all thy mercyes ſake, that thou wilt be mercifull vnto me, &

pardon myne iniquity. From the bottome of my hart I desire thee to open myne ears to heare that thou commandest, and suffer not myne hart to decline from thee, nor thorough wordes of wickednes, to seeke excuses for my sinne. Finally, I doe beseech thee for thy marueilous humility, let no pride raigne in me: nor the power of the sinner feare me: but that I may alwayes keep my selfe vndefiled for thee, which liuest and raignest for euer and euer, Amen.

A prayer wherein a man doth offer to God the passion of his Sonne.

Ex S. August cap. 6. Medit.

BEhold, O Holy Father, thy dear beloued Sonne, so cruelly tormented for me: behould most mercifull

cifull King, who it is that ſuffereth, and remember for whome he ſuffereth. Is it not, O Lord, thy moſt innocent Sonne, whome thou haſt giuen to death, that he might redeeme thy ſeruant? Is it not the authour of life, who being led as a ſheep to the ſlaughter, and made obedient vnto thee, euen vnto death, ſpared not the moſt cruell kinde of death?

Call to minde, O diſtributer & giuer of al goodneſſe, that this is he, vvhom although thou haſt begotten of thy diuine power and vertue, yet notwithſtanding haſt made him partaker of my infirmitie and weakeneſſe: verily this is thy Diety, which being cloathed with my Nature, aſcended the Croſſe vpon the which he ſuffered moſt dolorous death.

O Lord caſt the eyes of thy Maieſty, vpon the worke of thy ineffable bounty, behould thy moſt ſweet Sonne, with his innocent handes, be-ſprinkled with moſt pretious bloud, & mercifully pardon thoſe faults which with my handes I haue committed; looke vpon his naked ſide, pierced with a ſpeare, and renue me with that ſacred fountaine, which I beleeue did iſſue from thence: conſider his vndefiled foot-ſteppes, which neuer ſtood in the way of ſinners, but alwayes walked in thy Law, how with ſharpe and long nailes, they are faſtened to the Croſſe, & guide my ſteppes in thy path, and make me hate the wayes of iniquity, and chooſe euermore the way of truth.

O King of Angels and Saints, I beſeeche thee, for this Holy of Holyes,

lyes, for this my Redeemer, to make me runne in the wayes of thy Commandements, that I may be vnited and ioyned to him, who hath not disdained to be clad with my flesh.

Blessed Father, wilt thou not behold the Head of thy deare Son, with his necke as white as snow, resolute to dye? Behold most meek Creator, the humanity of thy beloued Sonne, and haue mercy vpon the frailty of thy fraile creature: his white breast is naked, his bloudy side is red, his stretched bowels dryed vp, his faire and beautifull eyes waxe dimme, his royall and Princely visage is pale, his marble white legges hang downe, the streames of his precious bloud, do water his feete quite pierced thorough.

Behold

Behould, O glorious Father, the rent and torne members of thy well beloued Sonne, and beningly remember what my ſubſtance is, behold the paine of God and man, and releaſe the miſeries of man thy creature: behould the punishment of the Redeemer, and forgiue the offences of the redeemed: this is he, O my Lord, whome thou haſt ſmitten for the ſins of thy people, although he was thy Beloued, in whome thou waſt well pleaſed: this was the Innocent, in whome there was foũd no guile, and yet was he reputed amongſt the wicked.

A deuout remembrance of the Paſsion of our bleſsed Sauiour.

Ioannes Faber, in precat. Chriſti.

O Moſt ſweet Lord, and my Redeemer,

deemer, which waſt by thy heauẽly Father, ſent downe into this world, and haſt willingly of thyne owne accord, ſuffered moſt cruell and bitter paines vpon the Croſſe, and haſt carryed the ſame Croſſe vpon thy bleſſed ſhoulders, to the end, that this day thy patience might be vnto vs ſaluation and a mirruor: and finally, thou diddeſt conſent vpon that Tree to dye, and redeeme vs.

I moſt poore, miſerable, and wrethched ſinner, moſt humblie beſeech thee for the incredible patience which thou diddeſt ſhew in the courſe of thy whole life, & then eſpecially, when the vngracious Iewes did ſo rage againſt thee with villanous and ſpitefull words, when they did mocke thee, and all beſpit thy viſage: when they did hood-

hood-winke thine eyes, and with their moſt filthy & impure handes, did ſmite thee vpon thy moſt bleſſed face: when they did moſt cruelly whip and ſcourge thee faſt bound to a pillar: when they did thruſt vpon thy moſt ſacred Head a prickinge crowne of thorns: whenwith iron nailes they did pierce thy bleſſed hands, ſtretched along vpon the Croſſe: when thy bleſſed Side was thruſt through with a ſpeare: when in thy great thirſt and extreme agony, they offered thee a ſponge full of Vinegre and gall: when with thy Head inclined down, thou ſaideſt: It is cõſumate: when thou diddeſt commend thy Spirit into the handes of God the Father: and all this ended, for the redemption and ſaluation of mankinde, in thy graue thou waſt buried.

For

For al theſe paines and paſſions, O moſt meeke Lord Ieſu Chriſt, I poore and wretched ſinner, do hũbly beſeech thy infinite Maieſty, not to forſake me, nor ſuffer me to be accuſed, and condemned in thy terrible iudgment: but let thy dolorous Paſſion ſo helpe me, that I may be brought to euerlaſting felicity: let thy holy Angels alwayes be in my company, and eſpecially at the houre of my death, that they may protect, defend and keep me, ſo that the cruell infernall ennemy may haue no power, nor part in me, Amen.

A prayer deſiring to be inflamed with the loue of Chriſt, and of his woundes.

Ex horis B. Virginis.

I Beſeech thee, O Lord Ieſu, by

thoſe thy healthſome woundes, which thou ſufferedſt vpon the Croſſe, for our ſaluation, out of the which flowed that precious bloud, wherewith we are redeemed: wound this my ſinneful ſoule for which thou alſo vouchſafedſt to dye, wound it with the fiery and moſt forcible weapon of thy abundant charity. Pierce my hart with the dart of thy loue, that my ſoule may ſay to thee, I am wounded with thy charity: in ſuch ſort, that from the ſame wound of thy loue, moſt abundant teares may flow from me day and night. Strike, O Lord ſtricke I beſeech thee, this my moſt hard hart, with the holy and forcible pricke of thy loue, & pierce it more deeply into the inner parts, with thy mighty force; who liueſt & raigneſt world without

out end, Amen.

Salutations to al the parts of Christ, and recommendation of himselfe vnto him.

Ex horis B. Virginis.

ALl haile, O Head of our Lord, and Sauiour Iesu Christ, dreadfull to all powers, crowned for vs with thornes, and smitten with a reede. All haile O most beautifull face of our Sauiour Iesu Christ, spit and buffeted for vs. All haile, O most benigne eyes of our Lord & Sauiour Iesu Christ, bedewed for vs with teares. All haile O hony-flowing mouth, and throate most sweete of our Lord Iesu Christ, made for vs to drinke gall and vinegre. All haile O most noble ears of our Lord & Sauiour Iesu Christ,

vexed with contumelies and vpbraidings for vs. All haile O humble neccke of our Lord and Sauiour Ieſu Chriſt, buffeted for vs, and moſt holy backe whipped for vs. All haile, O moſt venerable hands and armes of our Lord Ieſu Chriſt, ſtretched vpon the Croſſe for vs. Al haile O moſt meeke breſt of our Lord & Sauiour Ieſu Chriſt, much troubled for vs at thy Paſſion. All haile, O moſt glorious ſide of our Lord Ieſu Chriſt, pierced through with a ſpeare of a ſouldier for vs. All haile O ſacred knees of mercy. of our Lord & Sauiour Ieſu Chriſt, bowed for vs in thy prayers. All haile, O feet (to be adored) of our Lord and Sauiour Ieſu Chriſt, faſtened with nailes for vs. All haile O whole body of Ieſu Chriſt, hanged on the Croſſe, wounded, dead

and

and buried for vs. All haile O moſt precious bloud of our Lord and Sauiour Ieſu Chriſt, powred out for vs. All haile O moſt holy Soule, of our Lord Ieſu Chriſt, recommended vpon the Croſſe for vs, into the handes of the Father.

In the ſame recommendation, I recommend vnto thee this day, & dayly, my ſoule, my life, my hart and body, all my ſenſes, and actes, all my Friends, and Benefactours, my children, and kinsfolkes, the ſoules of my Parents, Brethren, Siſters, and of all my friendes and ennemies: that thou vouchſafe to protect, deliuer, and defend vs from all the aſſaults of our ennemies, viſible and inuiſible, now and for euermore, Amen.

THE LITANY OF THE Paſsion, to be ſayd on Friday, Morning, or Euennig.

LOrd haue mercy.
Chriſt haue mercy.
Lord haue mercy.
Chriſt heare vs.
O Chriſt heare vs.
O God the Father of heauen, haue mercy on vs.
O God the Sonne, Redeemer of the world, haue mercy on vs.
O God the holy Ghoſt, haue mercy on vs.
O Holy Trinity one God, haue mercy on vs.
Sauiour Ieſus, by all the merits of thy moſt holy death and Paſſion haue mercy on vs.

By thy going to Hieruſalem, and inflamed deſire which thou hadeſt to redeeme vs, haue.

By thy holy teares, which thou ſheddeſt ouer the citty for compaſſion, haue.

By the meeke waſhing of thy Diſciples feet, haue.

By thy louing inſtitution of the moſt B. Sacrament, haue.

By the prayer which thou madeſt in the garden, haue.

By the great aboundance of water and bloud, which thou ſheddeſt for anguiſh, haue.

By thy goodneſſe, that thou refuſedſt not to take the kiſſe of Iudas, haue.

By the violent and fearefull taking of the Iewes, haue.

By the bandes wherewith thy holy handes were tyed, haue.

By

By all the labours that thou hadeſt in going from one Iudge to another, haue

By the falſe witneſſe, whereby thou waſt vniuſtly condemned, haue.

By the vile ſpittinges and illuſions, haue.

By thy buffets and ſtripes, haue.

By the blind-folding of thy holy eyes. haue.

By the ſhamefull pulling off thy cloathes, haue.

By thy ſcourging at the pillar, ha.

By the innumerable wounds of thy precious body, haue.

By the purple veſtement, wherwith they cloathed thee in ſcorne, ha.

By the crowne of thornes, thruſt faſt vpon thy bleſſed Head with violence, haue.

By the bearing of thy painful croſſe to the mount of Caluary, haue.

By

By the ſtripping off thy cloathes, naked, and full of wounds, ha.

By thy faſtning to the Croſſe, and ſore driuing of the nailes into thy bleſſed hands & feet. haue.

By the painefull ache of thy veynes and ſinewes, and of al thy members, haue.

By the loue that thou hadeſt, hanging three houres aliue vpon the Croſſe, haue.

By thy great meekneſſe, in praying to thy Father for thyne ennemies, haue.

By the mercy, by which thou promiſedſt to the Theefe Paradiſe. haue.

By the care that thou hadeſt of thy Mother in thy torment. haue.

By the gall and vineger which they gaue thee to drinke, haue.

By the weeping and crye in the which

which thou cõmendeſt thy ſpirit to thy Father. haue.

By the ſeparation of thy holy ſoule from thy bleſſed body, haue.

By thy inclining of thy holy Head vpon thy breſt, haue.

By thy opening of thy bleſſed ſide with a ſouldiers ſpeare, haue.

By the precious blood and water which ran out of thy holy hart, haue.

By the deſcending of thy holy ſoule to the Fathers in Limbo, haue.

By the taking downe of thy holy body from the Croſſe, haue.

By thy holy buriall, and lamenting of thy friends, haue.

By thy glorious Reſurrection, in ſoule and body, haue.

By the grace that thou appeareſt to thy bleſſed Mother, and to thy diſciples, haue.

By

By thy maruailous Aſcention into heauen. haue.

By thy diuine conſolation, & ſending of the holy Ghoſt, haue.

We ſinners, doe beſeech thee to heare vs.

Ieſu, which ſitteſt on the right hand of God the Father, we.

Ieſu which art crowned with honour and glory, we.

Ieſu King of Kinges, and Lord of Lords, we.

Ieſu our Aduocate with the Father, we.

Ieſu who haſt exalted thy Mother aboue all the Quires of Angels, we beſeech thee to heare.

Ieſu who ſhalt come to iudge both the quicke and dead. we.

Ieſu, who ſhalt ſend the reprobate into euerlaſting fire, we.

Ieſu who ſhalt giue to the Elect the Kingdome

Kingdome prepared for thē, we.
Ieſu the ioy of Angels. we.
Ieſu the King of Patriarkes, we.
Ieſu the Maſter of the Apoſtles, we.
Ieſu the fortitude of Martyrs, we.
Ieſu the light of Confeſſors, we.
Ieſu the purity of Virgins, we.
Ieſu the Crowne of all Saints, we.
That it may pleaſe thee to lincke our ſoules by charity to thy holy Paſſion, we.
That it may pleaſe thee to cleanſe vs in thy pretious bloud from all our ſinnes. we.
That by the vertue of thy holy Paſſion, we may be fortifyed againſt all aduerſityes. we.
That thou wouldeſt not permit thy bloud to be ſhed for vs without fruit, we.
That we may neuer be forgetful of ſo great a benefite. we.

That

That at the houre of our death, thou wouldeſt preſerue vs from the power of hell, by the vertue of thy holy Paſſion. we.

Lambe of God that takeſt away the ſinnes of the world, Spare vs, O Lord.

Lambe of God that takeſt away the ſinnes of the world, Heare vs, O Lord.

Lambe of God that takeſt away the ſinnes of the world, Haue mercy on vs.

Lord haue mercy.

Chriſt haue mercy.

Lord haue mercy.

Pater noſter, &c. *Et ne nos inducas* &c, *Sed libera nos à malo.*

The prayer.

O Good Ieſu, who for the redemption of the world, wouldeſt

patiently endure anguiſhes, miſeryes, calamityes, outrages, dolours, afflictions, effuſion of thy bloud, and laſtly, cruell death: we humbly beſeech thee, by all theſe euills which thou haſt ſuffered for our offences, thou wouldeſt deliuer vs from the paines of hell, & from ſudden and euerlaſting death, Amen.

THE ELEVENTH CHAPTER, CONTAYNING

Diuers deuout prayers & Litanies, to be ſayd on Saturday, in thankes giuing to God for his ſundry benefits, and in honour of our Bleſſed Lady.

A thankes giuing fit for all perſons.
Ex magno Mannuali.

MOſt hartily I thank thee, & yeeld praiſes to thee, Ieſu Chriſt my Lord, & my God, that vouchafedſt to create me of nothing, to thy image and

similitude, to redeeme me with thy precious bloud: to associate me by holy Baptisme, among thy children of adoption; and to feede me with the most blessed Sacrament of thy body. To thee therefore I giue praise, and render thankes, for that thou hast still expected me, from my rude infancy, vnto this tyme, wallowing in many sinnes, that through thy great patience and piety, I may come to amendment of my life.

I praise thee, I glorifie thee, who hast often deliuered me from many tribulations, in distresses, calamities, and miseries, and especially for that thou hast kept me from eternall punishment, and torments of body and soule. I praise thee, and glorifie thee, for that thou hast giue me perfect and whole members of my

my body, tranquillity and ſufficiencie of worldlie good things, if I were not too greedy of more then ſufficient: and haſt alſo beſtowed on me, many other particular benefites, which others haue wanted.

I beſeech thy vnſpeakeable ſweetnes my Lord God, that ſo thou wilt perfect theſe thy benefites, and thy gifts in me, as to expell out of me, whatſoeuer in me, diſpleaſeth thee, and deliuer me from all iniquities, troubles, & euils, in which I am inwrapped, and encumbred. Diſpoſe all my thoughts, wordes, and deedes, agreeable to thy will: and keep me euer, & euery where, walking betweene aduerſities and proſperities: and at laſt bring me to the happy & moſt deſired ioyes of thy ſight. Who liueſt & raigneſt with the Father, and the holy

Ghoſt, one God, world without end, Amen.

A thankeſgiuing to God for ſundry benefits.

Ex magno Manuali.

O My Soueraigne Lord Ieſu, the very true Sonne of Almightie God, & of the moſt pure and glorious Virgin Mary: that ſufferedſt thy bitter death for my ſake, & all mankinde, & roſe againe the third day: I beſeech thee Lord, haue mercy on me, that am a wretched ſinner, but yet thy creature; & for thy tender paſſion ſaue & keep me from all perils, bodily and ghoſtly: and eſpecially from all things that may turne to thy diſpleaſure.

And with all my heart I thanke thee, moſt mercifull Lord, for the great

great mercies thou haſt ſhewed me in the great dangers that I haue beene in, as well in ſoule, as in body: and as thy grace and endleſſe mercy hath alwayes kept me, and ſaued me, from the houre of my birth, vnto this day: ſo Lord, I beſeech thee, that thy mercy may continue my ſafety.

As for my great offences, vnkindnes, and all my wretched and ſinnefull life, humbly I aske mercy. And for that I cannot lead ſuch a life as it becommeth thy ſeruant, I meekly proſtrate my ſelfe, ſaying: *Deus propitius eſto mihi peccatori.*

Alſo I thanke thee, moſt gracious Lord, for thy benefits and graces, that thou haſt ſo largely beſtowed on me, before many other creatures, which haue a thouſand tymes better deſerued them then I.

Wherefore, moſt gratious Lord, I humbly thanke thee, rendring all honour and prayſe to thy holy name, who liueſt and raigneſt euer one God, world without end, Amen.

A prayer for our ſelues and others, eſpecially thoſe of our charge.
Ex hebdomada Chriſtiana Gallicé.

I Adore thee, my moſt mercifull God, and I giue thee thankes for thy vnmeaſurable clemency. And eſpecially I pray thee, O infinite goodneſſe, for my ſelfe, a moſt miſerable and vile ſinner, who haue ſo much more need of the help of thy grace, then others haue, by how much I am more infirme, & more impotent to any goodneſſe. Thou knoweſt alſo moſt meeke God, how

how I am vnprofitable, and nothing worth, how I hinder & make voide thy grace in my ſelfe, and in others.

Wherefore, O moſt liberall and courteous of all Lordes, I humbly beſeech thee, for all them that are committed to my charge, or otherwiſe commended to me. All which their ſoules and bodyes, and al that belong to them committed to me I recommend the ſame to thee againe, and in thy hart, moſt ſweet Ieſus, I hide them and repoſe them. Thou I beſeech thee, protect, keep and ſaue them, vnto life euerlaſting.

O Lord my God, I beſeech thee for this place, and for all that dwell in it, that by the ſhedding of thy precious bloud, & by the bottomleſſe depth of all thy mercyes, that thy

thy grace may abound, & be confirmed in vs all, and that none of vs may periſh. And giue vs, O Lord, ſpirituall and temporall neceſſaryes, according to thy bleſſed pleaſure, and gouerne and direct vs and them, that thy ſeruice & health of ſoules may heere grow, encreaſe and perſeuer for euer.

O moſt ſweete Ieſus, moſt faythfull louer, I offer and commend to thee, all the perſons, and all the thinges in this family, & all others cõmended to me. For thou knoweſt before all beginnings that I am as nothing, and therefore it is neceſſary that thy ſelfe keep thẽ, gouerne them, and poſſeſſe them. I likewiſe recommend vnto thee, all thoſe that haue commended themſelues to my poore prayers. Thou art moſt merciful, and rich inough

for

for all, according to their neede, & thy mercy, glorify thy Name in them, & do to them not according to my baſeneſſe, and euill merites, but according to thy goodneſſe, Amen.

A prayer to the Bleſſed V. Mary.

Ex horis B. Virginis.

I Beſeech thee, O holy Lady Mary, Mother of God, moſt ful of pitty, the daughter of the higheſt king, Mother moſt glorious, Mother of Orphanes, the conſolation of the deſolate, the way of them that goe aſtray, the ſafetie of all that truſt in thee, a virgin before child-bearing, a Virgin in child-bearing, and a Virgin after child-bearing: the fountaine of mercy, the fountaine of health and grace, the fountaine of conſolation and pardon, the fountaine

fountaine of piety & gladneſſe, the fountaine of life, & forgiueneſſe. By that holy vnſpeakeable gladneſſe, by the which thy ſpirit did reioyce in that houre, wherein the Sonne of God was vnto thee by the Angel Gabriell declared and conceaued. And by that holy vnſpeakeable humility, in which thou didſt anſwere the Archangell Gabriell: Behould the hand-maide of our Lord, be it vnto me according vnto thy word: And by that diuine myſtery, which the holy Ghoſt as then did worke in thee: and by that vnſpeakeable grace, pitty, mercy, loue, and humility, by the which thy Sonne our Lord Ieſus Chriſt came downe to take humane flesh in thy moſt venerable wombe; and by thy moſt glorious ioyes which thou haddeſt of thy Sonne our Lord Ieſus Chriſt

Christ, and by that holy and most great compassion, and most bitter griefe of thy hart, which thou haddest, when thou diddest behould thy Sonne our Lord Iesus Christ, made naked before the Crosse, and lifted vp vpon the same, hanging crucifyed, wounded, thirsting, and the most bitter drinke of gall and vinegre put vnto his mouth. Thou heardest him cry Ely, and diddest see him dye. And by those fiue woundes of the same thy Sonne, & by the sore shrinking togeather of thy inwards parts, through the extreme griefe of his woundes, and by the sorrow which thou hadest, when thou diddest behold him Wounded. And by the fountaines of his bloud; and by all his passion and sorrow of thy hart; and by the fountaines of thy teares, that thou

wouldeſt come with all the Saints and Elect of God, and haſten vnto my helpe, and my counſaile, in all my prayers and petitions, in al my diſtreſſes and neceſſityes. As alſo in all thoſe thinges, wherein I am to do any thing, ſpeake, or thinke, all the dayes and nights, houres & moments of my life. And obtaine for me (thy ſeruant) of thy beloued Sonne our Lord and Sauiour Ieſu Chriſt, the accompliſhment of all vertues, with all mercy and conſolation, al counſaile and aide, all benediction, and ſanctification, all ſaluation, peace, and proſperity, all ioy and gladneſſe; alſo aboundance of all ſpirituall good things, and ſufficiency of corporall: and the grace of the holy Ghoſt, which may well diſpoſe me in all things, and may guard my ſoule, gouerne

and

and protect my body, ſtir vp my mind, order my manners, approue my acts, ſuggeſt holy cogitations, pardon my euils paſt, amēd things preſent, and moderate thinges to come; beſtow on me an honeſt & chaſt life, graunt me fayth, hope and charity: make me firmely to beleeue the Articles of the fayth, & to obſerue the precepts of the law: and protect the ſenſes of my body, and euermore deliuer me from mortall ſinnes, and defend me to my liues end: That he may graciouſly, and meekely heare, and receaue this prayer, and giue me life euerlaſting, heare, and make interceſſion for me moſt ſweet Virgin Mary, Mother of God and of mercy, Amen.

A prayer to our Lady and S. Iohn Euangelist.

S. Edmundus Arch. Cantuarienſis author ſcribitur.

O Vndefiled, and for euer bleſſed ſingular and incomparable Virgin Mary, Mother of God, his moſt pleaſant Temple, the noble ſhrine of the holy Ghoſt, the entrie and gate of the Kingdome of heauen, by whome next after God all the world liueth. Bowe downe thyne eares, O Mother of pitty & mercy, vnto my poore prayers, & be to me (wretched ſinner) a piteous helper in all thinges.

O moſt bleſſed Iohn Euangeliſt, the familiar friend of Chriſt, which of the ſame Ieſus Chriſt our Lord waſt a choſen Virgin, among

all

all others much beloued, and aboue all others inſtructed and learned, in heauenly ſecrets and miſteryes, thou waſt made his Apoſtle and Euangeliſt moſt excellent: therefore I call vpon thee, and Mary the Mother of the ſame Lord Ieſu Chriſt our Sauiour, that thou, and ſhe would vouchſafe to helpe me.

O yee two heauenly gemmes, Mary and Iohn! O two diuine lampes, euer ſhinning before God, driue away with your bleſſed beames, the darke cloudes of my ſins: for yee are the two, in whome the only begotten Sonne of God, for the merite of pure Virginity, confirmed the priuiledge of his ſinguler loue, while he was hanging on the Croſſe, ſaying thus to the one of you. *Woman behold thy Sonne*; &

after to the other: *Behold thy Mother*; therefore in this ſweetnes of ſuch ſacred loue, wherein yee were then conioyned by the mouth of our Lord (as a Mother & Sonne) to you two I moſt wretched ſinner, commend this day my body and ſoule, that in euery houre and moment, inwardly and outwardly, yee would vouchſafe to be my ſure keepers, and pittifull interceſſours to God for me.

Aske I beſeech you, health of body and ſoule for me: helpe I pray you, helpe with your glorious prayers, that the holy Ghoſt, the noble giuer of graces, would vouch ſafe to viſite, adorne, and inhabite my hart, to purge me from al filth of ſinne, to beautify me with all holy vertues, & make me ſtand perfectly aud perſeuer in the loue of

of God and my Neigbour, and after the courſe of this life, I may be lead to the ioyes of the Elect, by the ſame holy Ghoſt, who with the Father and the Sonne, eternally liueth and raigneth one God Almighty, world without end, Amen.

THE LITANY OF OVR B. Lady of Loretto, to be ſayd on Saturday, morning, or Euening.

Kyrie eleiſon.
Lord haue mercy.
Chriſte eleiſon.
Chriſt haue mercy.
Kyrie eleiſon.
Lord haue mercy.
Chriſte audi nos.
Chriſt heare vs.

Chriſte exaudi nos.

Chriſt gratiouſly heare vs.

Pater de cœlis Deus, Miſerere nobis.

God the Father of heauen, Haue mercy on vs.

Fili Redemptor mundi Deus, Miſ.

God the Sonne Redeemer of the world, Haue mercy on vs.

Spiritus ſancte Deus.

God the Holy Ghoſt, Haue mercy on vs.

Sancta Trinitas vnus Deus.

Holy Trinity one God, haue mercy on vs.

Sancta Maria.

Holy Mary, Pray for me.

Sancta Dei Genitrix.

Holy Mother of God, be a mother vnto me.

Sancta Virgo Virginum.

Holy Virgin of Virgins, bad thoughtes

thoughts driue from me.

Mater Christi.

Mother of Christ, with grace annoint me.

Mater diuinæ gratiæ.

Mother of diuine grace, be gratious to me.

Mater purissima.

Most pure mother, obtaine me purity.

Mater castissima.

Most chast mother, obtaine me chastity.

Mater inuiolata.

Vndefiled Mother. No filth annoy me.

Mater intemerata.

Vntouched mother, vntouched keep me.

Mater amabilis.

Amiable mother, make me to loue thee,

thee.
Mater admirabilis.
Admirable mother, make me to admire thee.
Mater Creatoris:
Mother of our Creator, who created me.
Mater Saluatoris.
Mother of our Sauiour, who redeemed me.
Virgo prudentißima.
Moſt prudent Virgin, prudence giue me.
Virgo veneranda.
Venerable virgin, make me to worſhip thee.
Virgo prædicanda.
Renowned Virgin, make me to prayſe thee.
Virgo potens,
Potent virgin, do thou defend me.
Virgo

Virgo clemens,
Clement Virgin, be gentle to me.
Virgo fidelis.
Faythfull Virgin, be faythfull to me.
Speculum iuſtitiæ.
Mirour of iuſtice, from guilt diſcharge me.
Sedes ſapientiæ.
Seate of wiſdom, reſide within me.
Cauſa noſtræ lætitiæ,
Cauſe of our gladnes, driue ſorrow from me.
Vas ſpirituale.
Spirituall veſſell, make me to taſte thee.
Vas honorabile.
Honorable veſſel, make me to honour thee.
Vas inſigne deuotionis.
Veſſell of ſingular deuotion, make me

me deuout vnto thee.
Rosa mystica.
Mysticall rose, thy sauour recreate me.
Turris Dauidica.
Tower of Dauid, thy strenght protect me.
Turris eburnea.
Tower of iuory, vouchsafe to contergard me.
Domus aurea,
House of gould, doe thou enrich me.
Fœderis arca,
Arke of the couenant, bring blessinges to me.
Ianua cæli.
Gate of heauen, be open to me.
Stella matutina.
Morning star, thy light direct me.
Salus infirmorum.
Health

Health of the weake, vouchſafe to ſtrengthen me.

Refugium peccatorum.

Refuge of ſinners, be a refuge vnto me.

Conſolatrix afflictorum,

Conſort of the afflicted, doe thou conſort me.

Auxillium Chriſtianorum.

Helpe of Chriſtiãs, neuer fayle me.

Regina Angelorum,

Queene of Angels, obtaine me their purity.

Regina Patriarcharum,

Queene of Patriarches, obtaine me their longanimity.

Regina Prophetarum,

Queene of Prophets, obtaine me their fidelity.

Regina Apoſtolorum,

Queene of Apoſtles, obtaine me

their charity.

Regina Martyrum.

Queene of Martyrs, obtaine me their conſtancy.

Regina Confeſſorum,

Queene of Confeſſors, obtaine me their piety.

Regina Virginum,

Queene of Virgins, obtaine me their chaſtity.

Regina Sanctorum omnium.

Queene of all Saints, obtaine me their glory.

Agnus Dei, qui tollis peccata mundi, Parce nobis Domine.

Lambe of God, which takeſt away the ſinnes of the world, Spare vs O Lord.

Agnus Dei, qui tollis peccata mundi, Exaudi nos Domine.

Lambe of God, which takeſt away the

the ſinnes of the world, Heare vs O Lord.

Agnus Dei qui tollis peccata mundi, Miſerere nobis.

Lambe of God, which takeſt away the ſinnes of the world, Haue mercy on vs.

Lord haue mercy.

Chriſt haue mercy.

Lord haue mercy.

Pater noſter &c. *Et ne nos inducas* &c. *Sed libera nos a malo, Amen.*

The Prayer.

O My Lady holy Mary, I recommend my ſelfe into thy bleſſed truſt and ſinguler cuſtody, and into the boſome of thy mercy, this day and dayly, and in the houre of my death, as alſo my ſoule and body, and I yeeld vnto thee all my

hope and conſolation, all my diſtreſſes, and miſeries, my life and the end thereof, that by thy moſt holy interceſſion, and by thy merits, all my works may be directed and diſpoſed according to thyne, and thy Sonnes will, Amen.

THE

Aspirations for the Morning

1. I adore you, O omnipotent Creatour from ye very depth of my heart and Soule; as my Soueraign and only Lord and Loue; from whom I had my first beginning, haue my present being, and hope my futur happinesse.

2. I return all possible thanks to your infinite goodnesse, for all your gracious blessings and benefits,

bestowed on me, a most vnworthy, vndeseruing sinfull wretch.

3 I offer to your diuine Maiesty, to supply my owne indignity the most dearly beloued heart of Iesus, your Son and my Sauiour, with all the merits of his Blessed Life, and bitter Passion, and what soeuer is gratfull vnto you in heauen & earth

4 I purpose for the future amendment of my Life, Reformation of my manners,

performance of my dutie,
and a more serious tendency
to your Love and seruice
5. Grant vnto me, I beseech
you o my gracious Lord God
(and for all them for whom
I ought to pray) wisdome
to know your holy will,
and courage to execute it,
giue me grace to auoid sin
and scandall and to work
and walk vprightly in your
presence ȳ day following
and all the dayes of my
life.

Let this day, which begins with the Invocation of your sacred Name, passe on in y^e^ observation of your holy Law and end with the benediction of your gratious favour :-

O Sweet Jesus, that every hour of my Life, and every motion of my heart, might praise your Sacred Majesty

O that every step I tread might draw me nearer and nearer unto your Love :-

O that every haire of my head wear an act of charity

and that I wear able to Love thee as much my Dear Saviour as all the Seraphims in heauen. ÷

Wash my hart sweet Jesus in your Sacred Bloud and Let all my Sinnes be drowned in the read sea of your bitter Passion

Aspirations :

When you are afflicted.

And Beg to bare your Croff w^th Patience

Sweet Jesus Let your sufferance nayle me vnto thy Croff in vnion of the sorrows of

thy hart and the dolores of thy Blessed Mother. ☙

Seale my Lips sweet Jesus with holy Silence, and let my hart only speake vnto thee, and tell thee that purly for thy loue I will beare my Crosse and reioys, and be in paine for thy pleasure. ☙

The Best motiue for your dayly Actions is Charity or the Loue of God

Hallowed be thy name one earth as it is in heauen. ☙

Sweet Jesus I giue thee this

Action which I goe about,
doe with it what thou pleas-
est, or apply it where thou
seest the greatest advantage
for thy glory. ÷
Blessed Mother of God I beseech
you take this action or Suff-
erance of mine and apply
it to that soule which is nee-
est to bee freed out of Purga-
tory because I desire it
may love God and supply
my tepidity. ÷
Deare Lord what I am doe-
ing is your work more
then mine, and for this

Intention I desire it may be wholly yours, and have nothing of mine. ÷

My intention is to increase the Kingdome of God and his Blessed Mother. ÷

I am content to be in paine Sweet Jesus for thy pleasure.

Sweet Jesus it is a comfort to me to be in paine, that I may please you. ÷

To please thee, to glorifye thee, in conformity to thy best will Sweet Jesus. ÷

Blessed Mother of God and Mercy, what shall I doe

with a hart soe hard, soe heavy, and soe dull in the service of my deare Saviour, I beseech you cast it into the fyre of his charity and let all the acts of your Love vnto one an other give Life vnto my tepidity and accompany all the intentions of my hart. ~

In Sufferance

Deare Lord I am in paine but as long as it may add vnto thy glory releafs me not, vnlefs it may be for thy greater glory, receave

it Sweet Jesus from the hands of thy Bd Mother in vnion of the dolors of her hart and apply it where it pleaseth thee most .÷.

I beseech thee sweet Jesus receave this action within thy Sacred wounds and present it vnto thy eternall Father in vnion of all the dollors which passed through thy hart whilst thou didst agonize in the garden .÷.

I offer thee my Lord and God this Action in vnion of the Blessed Soule and hart

of sweet Jesus with every thought word and deed; affection and intention of the same especially for the first and Last instant of his Sacred Life

An Intention att the beginning of our Devotions

Open my mouth o my Lord and Maker, to bless and praise your divine Majesty, cleanse my hart from all curious, noxious and distractive thoughts: Enlighten my vnderstanding: resolue my

memory, inflame my will, purifie my Intentions, settle my Attention Excite my Devotions, Elevate my affection, curb and compose all my interiour and exteriour senses: that I may worthily Reverently and Religiously performe this Morning Sacrifice of Prayer, and that in vnion and vertue of those most pure and perfect prayers and prayses which you O Jesus my Redeemer, living vpon earth offered vp

to your Eternall Father
mine may be now acceptable
in your sight, profitable
to the Living and dead,
and honorable to you and
your Saints. Amen.

A Prayer after your
Devotions

To the Sacred and undivided
Trinite, To the Blessed
Humanitie of our Crucified
Lord Jesus: to the fruit-
full integritie of the most glo-
rious Virgin Mary and to all
the Saints universally be
ascribed all praise, honour

and glory from all Creatures
for ever more and to vs Be
graunted (by Gods Mercy)
the remission of all our
sinnes. And likewise euer
Blessed be the Bowels of the
Virgin Mary which bore
the Eternall Fathers Son:
And Blessed be the Breasts
which sucked Christ our
Lord. Amen. ~ ~ ~

Prayers for Night

O Jesu, strip me of all that
displeases the Eyes of yo-
ur Diuine Maiesty, dilate

my hart with celestial affections and fasten my Soule to your selfe with the sweet nails of your Sacred Love

Before the B^d Sacrement
At Night

Sweet Jesus how Indulgent is your goodnes, you will have me sleepe whilst you wake, my thoughts must rest, and you meditate; your affections must burne whilst mine are buried, never the lefs this I can promise and make good

that this night as often
as my harp shall beate
from this instant I pre-
sent you what soeuer
shall be done to your Hon
=nor in heauen and Earth
by your Blessed Mother
all your Saints and
Angells of that heauen-
ly Court Amen. ÷.

Sweet Jesus I take this
nights repose, in vnion of
that which you tooke, whilst
you liued vpon Earth,
and as an act of Obedie
=nce to your diuine will ÷

A Morning Oblation

Receive Sweet Jesus from the purest hands of your Sacred Mother, united with the merits of your life and death; all that I shall doe and suffer this day: confirm this resolution I make, rather to dye then offend you particularly in X. Irruno that Oblation made

in my Profession: Let
your Obedience sanctify
mine. your Poverty
give me a true contempt
of transitory things
and enamoured Love,
make me wholly yours in
perpetuall Chastity. Ware
are my heart Sweet Jesus
from all objects but
thee alone, and Let thy
will intention of pur-

-ly pleasing thee give life to every thought word and action of this day, that soe it may encrease my Love to thee for eternity. Amen.

Preparatory Prayers Before Masse

Prostrate before the Throne of your Divine Majesty & Dread Sovraigne, I humbly im-

plore your pardon for
my offences your grace
for a supply of my indig
nity and your Love to
ravish my Soule and
senses in the contem
plation of this Sacred
Mystery, that my wh
ole interiour and exte
riour man may be u
terly employ'd in pra
ising and admiring y

infinite goodnesse and
mercy
O Sweet Jesus I will ac-
company you to Mount
Calvary make me partа-
ker I beseech you of
that charity which
conducted you thither.
give me such a feeling
of your sufferings as
had the Daughters of
Sion meeting you with

your Crosse on your Shoulders, a cord about your neck, and a Thorny Crown on your head: Grant me a resignation of my will to yours, like that of your Virgin-Mother at the foot of y Crosse: and by the merits of your sufferings and constancy, bestow on me the gift of pa

-seurance in your lo
ue and Seruice
O diuine Spirit! the
faithfull Bridegroom
of my Soule Descend
now graciously into it
kurify it from the or-
ror of its imperfections
and replenish it with
the flames of your Sa-
cred affections; that it
may breath nothinge

but your Love and de-
sire nothing but the
accomplishment of
your Will.

An Intention for
Masse

I will heare Masse
wherin is consecrated
the Body and Blood
of our Lord Jesus Chri-
st, to the prayse of Al-
mighty God, and of all

the Courte Triumphant
for my own benifitt &
ere of the Court Milli-
tant: for all those th-
at haue commended th-
emselues to my pray-
er in generall and in
speciall and for the ha
ppy State of the holy
Roman Church amen
Joy with peace, amend
ment of life, Space for

true perrance grace and
consolation of the holly
Ghost perseverance in
good worked grant us
our omnipotent and
merciefull Lord Amen
An other Intention
for Masse
I offer you O God of in
finite Majesty: this
divine Sacrifice by the
hands of your Priest;

for the remission of all
my sins, for a thanks-
giuing for all your be-
nefitts, for a supply of
all my spirituall and
temporal necessities, for
my friends and enemies.
Lord conserue your chu-
rch, conuert the Infi-
dells. Extirpate all Here-
sies, vnite Christian Prin-
ces and giue solace to

the poore Soules Suffering in purgatory.

At the Begining of Masse

I humbly cast my Selfe O my Sweet Redeemer at your Sacred feet desiring to wash them with my teares, in acknowledgment of my Wickednesse: O Jesu take compassion vppon your poor creatur

redeem'd with your pre-
cious Blood, who repen-
ts her heartily of all her
sins past and purposes
seriously, by the assis-
tance of your grace to
serve you more faith-
fully, seeke you more
diligently and love yᵘ
more fervently for the
future

At the Epistle

O Sweet Saviour! I most humbly beseech you, by the merits of all these your Iniust Sufferings to giue me courage constancie and patience in all such occasion of iniuries crosses and contradictions as your diuine Prouidence shall permitt to befall me, during this my liues pil

grimage. Grant that
I may equally adore
your Eternall Will in
prosperity and adver-
sity and resignedly
submitt my Selfe and
all that any way con-
cerns me to your most
iust and Sacred dispo-
sition

At the Oratorie
O Eternall Father! in

vnion of that ineffable
love wherwith my Dear
Sauiour offered vp him
selfe on the Crosse to
your diuine Maiesty;
I allsoe offer vp my se
lfe with him: humbly
beseeching you to direct
all my thoughts words
and works to your ho-
nour, to my own good
and to my neighbours
edification

I offer up this diuine
Sacrifice to the glory
of your Name, to the
honor of your Angels
and Saints, to Satisfy
for my Sins, to thanke
you for your benefits
to obtain a Supply of
my temporal and Spi-
ritual necessities
I perticulerly offer it
up to obtain this ver-

tue Conquer this temptation, amend this imperfection, Surmount this passion: and for all them who have desired my prayers or to whom I have promiss'd them

After Consecration at the Adoration of the Host out of S^t Thomas

O Lord Jesus thou
art the Everlasting
Sonne of the Father
When thou tookest up
on thee to deliuer
man, thou clothedst
thy self with flesh in
the Virgins Wombe
When thou hadst ouer-
come the sharpenesse
of death, thou didst o
pen vnto vs the King
dome of Heauen. Thou

sittest at the right hand
of God in the glory of
the Father and shalt
iudge both the quick and
the dead. O Lord help
thy Servants whom thou
hast redeemed with thy
most precious blood
Having Adored the
Host say this Prayer
of Saint Bernard
O Heavenly Father
looke down from thy

Sanctuary, from the
Throne of thy Glory
upon the Blessed Sa-
crifice which our High
Priest Jesus, thy most
innocent and Sacred
Sonne doth offer unto
thee for the Sins of
his brethren. Pardon
the multitude of our
offences and have com-
passion upon our mi-
series. Hearken to the

voice of the Blood of
that Immaculate Lam-
-be which cryeth out to
thee, and he himselfe
standeth before thee
at the right hand of
thy Majesty, crowned
with honour and glory
Behold O Lord the Son
of thy Messias. who
hath been obedient
vnto thee even vnto

death; and put not
his blessed Wounds
out of thy sight, nor
the satisfaction he ma-
de for our sins, out of
thy remembrance. O
let every tongue pra-
ise and bless thee, in
commemoration of thy
infinite goodnes who
didst deliver thy onely
Sonne over to death for

pon Earth, to make him
our most prevalent Ad
vocate in Heaven
At the end of Masse
O Eternall Father I
offer up to you, your
Dear Sonne hanging
upon the Crosse nak
ed disfigured and wou
nded, pierced with tho
rns and nails, all blo
ody languishing and

dying: O God it is your
Sonne that I offer you
in this pitifull condi-
tion; Receive this di-
vine Sacrifice: accept
this Offering in Satis
faction for all my
sins; tis my ransome
tis the Blood of a
God! tis the Death of
a God! tis God him-
selfe that I offer you

for payment and dis
charge of my debts am

Out of Blosius

O my Lord God I am
miserable wretch wh
ome thou of thy Fa
therly goodnes hast
Created and by the
most ignominious de
ath of thy Sonne Re
deemed from the thra
Dome of the enemy!

thou alone hast all
power and iurisdic=
tion over me and ca
nst save me accord
ing to thy infinite
mercy in which I ha
ue reposed all my
hope and confidence

Before the B^d Sacrement
In the Morning

O my Dear Lord that my
hart were your fellow

Prisoner as fast tyed vnto you, as you are vnto those species, o that I could but thinke vpon you as you doe vpon me.

Sweet Jesus if I could multiply my selfe as you can, I would not Leave you alone, but be present w^th^ you in all the Churches in the world, especially at such times as I should find you destitute of company but my obedience calls & I Leave you my hart.

Sweet Jesus you have
bin thinking upon me all
this night, and I humbly
returne you a present of
your owne thoughts, w^th
the whole imployment of
your B^e hart since I was
last with you; apply
them I beseech you to my
profit as you know best
to the increase of your
Glory. ÷

B^e Virgin Lend me this
whole day untill night
the imploying of your

hart vpon your deare
Son my Saviour, behould
him a Prisoner for my
sake; his chaines are pure
charity and no charity
but yours can pay him
in what I owe him for
this his infinite Mercy

A Prayer to the Good Angell

O my B^d Angel Guardian
behoulde a poore Seule
Redeemed with y^e pretious
bloud of my Lord and

Saviour Jesus Christ;
preserue me from offending
him, teach me how to loue
him, that in all my thoughts
words and deeds his greater
glory may euer be my
Intention. ÷

To the Holy Angells

O yea most pure spiritts
all you holy Angells assist
me I beseech you, both now
in all my miserys, and in
the howre of my Death, &
permitt not the infernall
Enimy, euer to haue power

ouer me; but protect and
defend me during Life, and
at my Death receaue my Soule
into euerlasting happynesse
you especially my Sacred
Angel Custos defend me in
battaile that I may neuer in
all my Life be ouercome, nor
perish in that dreadfull
Iudgment. O Angel of God
who art my Guardian helpe
me to saue my Soule, reden
ed with the pretious bloud
of my Lord and Saviour
Iesus Christ Amen. ~

The manner of offering our selues to God. out of Saint Gertrude

O my sweet Saviour illuminate my intentions with thy light and support my weakness by thy mercy: I recommend the smale seruice which I shall doe this day to the vnspeakable sweetnes of thy heart and sett from

henceforward before thy
eyes to direct, correct &
perfect it, I offer it and
all I am to thee with
my whole affection, both
for my selfe and all the
faithfull, and I offer it
unto thee in union of
that most perfect atten
tion which thou hadst
when thou prayedst up-
on earth to thy Father

in heaven amen.

An excellent Prayer of Saint Augustin proper for holy Confession

O God behold the scars and wounds of my sins which I neither can nor will hide from the eyes of thy Majesty I feele the smart of y^m

allready in remorse of con-
science and other suffer-
ings ordained by thy pro-
vidence for my correcti-
on; but all that I suffer
cannot equall my demer-
itt I only wonder that
feeling the paine of sin
soe often I still retaine
the mallice and obsti-
nacy of it my weak-

-nes boweth under the
burden, yet my iniqui-
ty remaineth imoura-
ble. my life groaneth
in languishment, yet
is not reformed in its
workes. If thou defer
the punishment, De-
ferre my amendment
and if thou chastise me
I can noe longer endure

whilst thou correctst
I confesse my offence, but
after thy visitation I
remember my sorrowes
noe more. as long as
thou hast thy rod in
hand I promisse all, but
if thou withdraw it I
performe nothing. if thou
touch me I cry out for
mercy: and if thou par-

don I againe provoke
thee to strike. O Lord
God I confesse my mise-
ries and implore thy
clemency without w^ch
ther is noe salvation
for me. O God give me
what I aske of thee
though without any
merit of meine, since
without any merit of

mine, thou hast taken
me out of nothing to
aske it of thee.

A forme of Petition
by S^t Thomas of
Aquin

O God giue vnto me &
all those I commend
in my prayers an vn-
derstanding to know
thee; an affectionate

Deuotion to seeke thee
a Wisdome to finde thee
a Conuersation to pla-
ase thee; a Persue=
rance boldly to waite
on thee; a Faith ha-
pily to embrace thee
My God soe order it
that I may be wound
ed with thy Sufferings

in repentance; that
in this life I may use
thy blessings in grace
and enjoy in the other
thy eternall Joyes in
the bosome of glory.

A Prayer of Saint
Thomas of Aquin
Before Communion

I most sweet Jesus

my Lord and Master
that the force of
thy love subtiler than
fire, and sweeter than
honey, would engulfe
my soule in an abisse
drawing it from all
inordinate affections
to things beneath hea
ven; that I might die

with love of thee, since
out of love thou didst
vouchsafe to die on ỹ
Crosse for me!

Petitions of Saint Au-
gustin after Comunion

O God lett me know thee
and lett me allsoe know
my selfe; lett the end of
my desires be ever who
thou art: O God lett me

feare noe hatred but
to my Selfe, nor Love but
to thee: and be thou y^e
begining, progress, and
end of all my actions
My God lett me hum-
ble my Self even to
the deep, and exalt thy
selfe above the Heavens
having my mine im-
ployed only in thy

Prayse. O God lett me dy
in my selfe, and liue
in thy heart: lett me re-
ceiue all that comes
from thy prouidence, as
guifts from Heauen
O God lett me perse-
cute my selfe as an e-
nemy and follow thee
as an only friend. O God
lett me haue noe assu-

rance, but the feare
of thy holly name, nor
confidence, but the dif-
fidence of my selfe. O
God when will the day
come, when thou shalt
take away the vail of
the Temple that I may
behold thee face to face
to enioy thee eternally.

An Aspiration By way of Petition

Shield me o my Jesus vnder your sacred wings Protect me as the apple of your eye: comaund your Angel of Light to preserue me from the darkness of sin from the dangers of my Aduersaries, from the dismal sleep of sudden and vnprouided death, from all that is any way displeasing to your diuine will and liking

Amen


IOHA·W·F·CV·G·PRIVIL·

on the Crosse: assist me alsoe
in the hour of my soules
departure, and accompanie
it to a happie Eternitie

A Prayer of Saint Vincent, to obtaine a happy Death

O my Soveraign Lord Jesus
who dyed for the salvation
of the whole world and
desirest not, that any one sho-
uld perish; to whom I never
present my praiers without
hopes of your mercy rely-
ing upon your owne gracio-
us promise: that what soe

ever shall be ask'd in your name, shall be granted: I beseech you by that sweet and Sacred name, that in the Article of my Death you will be pleased to give me perfect integrity of my senses, true contrition of my sins a lively Faith, a firme hope, and a perfect charity: that I may then say unto you with a pure and clean hart: Into your hands O my Saviour Jesus: I commend my spirit. ÷

Aspirations before a Crucifix

O holy Crosse! O deep wounds! O Sacred Blood! O cruel Sorrows! Deare Lord, att how dear a rate have you bought me! O Sweet Jesus be vn to me a Jesus! Let not the Soul perish which cost you soe great a price! destroy not your owne workmanship! Lose not your owne Labour, paine and Passion

O Jesus! you are my friend and my Physician my Lord and my Love

my portion and my posse-
on, my peace and my
patience: my Light in
darkness: my health in
Sickness: my Comfort in
Sadness: my Plenty in
want: my Life in Death
my Heaven in Purgatory
my God and my All for
Time and Eternity.

O my God: give me health
or Sickness, give me Life
or death; give me what
soever you please, not
my will but yours be
done. Amen sweet Jesus

Before a Crucifix

Behould good Jesus my
hart is dry and without
water the wel is deepe neither
have I any thing wher with
I may draw the watter of
contrition give me therfore
your hart full of the dolo-
rres and bitternes of your
passion the bitternes I say
which my sinnes inflicted
upon you Let the prise of
of this discharge my debt
and if you abhorr to lay
your holy hands upon my

sinfull soule behoulde your
Sacred Mother advocate
of those that are in misery
is present to whose hands
you doe securely comitt
your selfe her I beseech in
my behalfe to exibite to
the Eternall Father the
prise comitted to her care
and obtaine my pardone
and a perfect amendment
Sweet Jesus if the affec-
tion of my hart may be
any comfort unto yours
let not the shortening of
my paine lessen your glory.

Salutations in honour of our Saviour

O Jesus the sacred fruit of Maries virginal body, be your name and Majesty eternally blessed by all creatures in heaven and upon Earth. ÷ ÷

Blessed be your devine person which you thus vouchsafed to unite unto a humane body and soul for the worlds Salvation.

Blessed be your will which was thus inflamed with the love of lost mankind. ÷ ÷ ÷ ÷

Blessed be your memory which

mercifully reflected upon vs miserable and caitiff creatures. Blessed be your vnderstanding your Wisdome, your Power, your Prouidence and all your ineffable Attributes which found out such an efficatious way to win vs to your selfe and wed vs to your sweet affection and friendship.

O Amiable Iesus the ornament of the vniuerse the beauty of heauen the glory of mankind be you blessed in each member, part and particle of your most pure

maculate virginal body which you exposed to such cruel torments for our Redemption. ~

By these and all other infinite blessings which are in you and belong to you sweet Jesus bestow on me the blessing of your grace in this my Lives Pilgrimage and of your glory in your Eternal Paradise. ~ ~ ~

Aspirations

Sweet Jesus it is not possible for me to subsist without thee let me rather dy then offend thee

Open thy woundes for my re-
fuge O my Saviour and let my
enimies know that all power
in heaven and earth is given
vnto thee Sweet Jesus I appeale
vnto that last instant of thy life
and vnto that last breathing of
thy B^d soul into the hands of thy
Eternal Father wherin I receaved
Life by thy most pretious Death
and cowldest thow dy for me my
deare Lord when I was dead and
Sin not cry vnto thee and wilt
thow now forsake me when I call for
helpe to save that Life which is
thy gifte is wholy consecrated to thee

An Oblation & Prayer to Jesus Maria Joseph

O Created Trinite? who whilst you Liued vpon Earth, Loued, Serued, and honoured the Increated Trinitie, Sincerely faithfully, incessantly: and who now reigning in Heauen behold, adore and enioy the same diuine Trinity purely, perfectly, Eternally? ÷
O admirable, amiable, and honorable Trinite Jesus Maria Joseph! Receaue the Trinitie of powers, which is in my

poor soul, my vnderstand-
ing, my will, my memory;
to glorifie you, in contem-
plation of that high and
holy Trinitie of the Deuine
persons the Father, Son, and
Holy Ghost.

O Trinite, soe lowly in
your selues, soe louing to
mankind and soe desirous
of my saluation; assist me
in louing you, help me to
honour you, and efficacious
ly procure the saluation
of my soul.

To this end O Jesus my

Saviour present your Sacred wounds to your Eternal Father, and the precious Blood you poured forth in your Passion for my sake.
O Mary my Mother! Discover your maternal Breasts unto him and mind him of the Virginal milk; where with you suckled his coeternal Son the Word Incarnate.
O Joseph my Patron, shew him your hands, and offer him the sweat of your Brows; whereby you chari=

Charity contributed to the corporall nourishment of Jesus and Mary.

O compassionate Trinitie Jesus Maria Joseph be you ioyntly pleased to sanctify my thoughts, to purefy my words, to perfect my actions: that soe I may be agreeable to the glorious Trinite Father, Son and holy Ghost: And Let me be soe happy both in Life & Death, in time and eternitie as to belong to Jesus Maria and Joseph. ⁂. ⁂. ⁂. ⁂.



Et accepto corpore, Ioſeph inuoluit illud in ſindone munda; et posuit illud in monumento ſuo nouo, quod exciderat in Petra. Matthæi 27.

Hieronymus Wierx fecit et excud. Cum Gratia et Priuilegio. Buſchero.

A Prayer for a happy Death

O my dear Lord Jesus I most humblie beseech you by those most bitter pains and panges which you Suffered for me in your cruel Passion, and perticularlie in the hour wherin your Divine Soul passed forth of your B. Body: take pitie vpon my poor and sinful Soul in its last agonie, and in its passage to Eternitie. And you O compassionate

Virgin Mother Mary, remember how you sadly stood by your deer Son dying on the Crofs, and by that your excefsive griefs, and your Sons sacred death, afsist my soul in its last conflict with death, and conduct it to a happy Eternitie.

And you o glorious Saints John, Joseph, Nicodemus, Lazarus, Mary Magdalen, Mary of James, Mary of Salome and Martha; who stood by my Redeemer Christ Jesus expiring

A filial Recommendation of our selves to the Sacred Virgin

O Sacred and Soveraigne Lady-Mother: next after God the only hope of my Soul: Into that singulat faith, commendation and custody, wherby your tenderlie Loving Son Christ Jesus my Saviour recommended you from the Crosse to his dearly beloved disciple Saint John I doe this day and all the dayes of

my Life comend and comitt
my body, my soule, my sen
ses my honour, all my hope
and comfort, all my anguishes
miseries and afflictions, all
my thoughts words and acti=
ons, my whole Life, and the
final end thereof: Most
humbly beseeching you, that
I may (by your powerfull
interfesion) be preserued
from sin, from all scandal,
from what soeuer may any
way displease yours, or your
Sons pure eyes, prouoke
your anger or hazard the los

of your favour, and from
a sudden and unprovided
death. Obtaine for me I be-
seech you o my glorious
Lady-Mother that I may be
truely penitent for all my
past offences that I may
manfully resist all present
motions of sin, that I may
walk more warilie and in-
nocentlie for the future...
Let me feel your prompt
and powerfull assistance
during the whole course of
this my Lives pilgrimage:
And in the dreadfull day of

my Judgment be you pleased
o Sacred Mother to become my
pious advocatrix at the Tri-
bunal of your Son Christ Jesus
To whom with the Father and
the holy Ghost be all honour
and glory for ever more Amen

A prayer to the B^d
Virgin

Mother of all goodness remem
ber that it hath never bine
known, that you Left any
afflicted that had recourse
unto thee: never heard that
any distressed went from
thy presence without re-

medy, confiding therefore
in thy mercy and goodnes
I cast my selfe at thy feete
O Mother of the eternall
word Reiect not my petiti-
on but heare propitiously
and graunt what I begg
with an affected hart.

To aske our B^d Lays
Blessing

O Inmaculate and ever B^d
virgin Mary Mother of God
I humblie beseech you to vouch-
safe me your benediction pro-
tect me from all evill and ob-
taine for me life everlasting &c

A Recourse vnto the B^d Virgin

I acknowledge Sacred Virgin that in respect of my many and grieuous sinns I haue deserued great punishments notwithstanding I beseech you to obtaine mercy, and such effectious grace of your dear Sonne for me that before I depart out of this Life, I may from my hart be conuerted and sincerely doe penance O Mother of my Lord assist and helpe me, with your merits, succour me, O

gratious Lady in all my
affletions and principally
in my last and greatest nuessi-
ty O Mother of the afflected
forsake me not in the hour
of my Death Amen. ∴∴.
O Sacred Virgin Let your
protection preserve me from
sin and I will confesse for
all eternity that you never
forsake them who confide
in your healpe. ∴∴∴∴
O B° Mother of God I make
my recourse vnto the dollors
of thy hart if I must be in

paine let thy sorrows be
seated upon mine, and make
the intentions of thy hart
the end of all my sufferances.
O Mother of God it is in your
power to save me, take pitty
on me as you love his honour
who dyed for my Salvation
Blessed Mother of God I beg
of thee that I may never offend
my sweet Jesus, and this purely for thy owne sake — To
obtaine this I make a present
of all their harts that ever
Love the .....

A prayer of Saint Anselme to the B^e Virgin

Mother of saluation, Temple of purity and mercy: next to god above all other Saints most holy; Mother of most Admirable virginity far excelling y^e purity of Angells and surpassing all the Blessed Spirits in sanctity and perfection; Great Queene of heaven mistress of all creatures Assist vs o most pious princesse and regarde

not the multitude of our offe
nces But incline thy com
passionate hart towards y
redresse of our wants and
misery we humble crave
thy helping hand that soe
the pretious title soe well
by thee deserved of Mother
and Refuge of penitent
Sinners may increase &
be advanced in the harts
of men finding themselves
in freedome and safety
by thy holy intersesion
and seeing from thee was

borne the fountaine of all mercy. I earnestly beseech thee sole Empriss of my hart to imploy thy bountefull mercy where thou knowest there is soe great miserys and pardon the poore seruant of thy Sone and thou o Blessed Sonne of soe blessed a Mother pardon the vnworthy Child of thy Dearest Mother Amen. ÷

Blessed Mother of God remember how he loued you who dyed for mee, and be vnto mee a Mother of mercy

A Prayer which the B.d
Virgin Mary sayd dayly
while she was in the
Temple

O Lord God Omnipotent who
hast powerfully created all
things of nothing and con-
serves them in their being.
Governing them wisely and
dispensing them benignly;
give me grace to love thee
with all my hart with all
my soule and all my strength
above all. Mercifull Love
give me a will to love my

Neighbour and all that thou
Lovest, and to hate all that
is hatefull to thee, and gra-
unt me a true and Eternall
fear, Charity, Patience, hu-
mility and other vertues
by which my Soule may be
rendered acceptable to thee.
Are vouchsafe me also grace
and strength to comply e
with and observe all thy
Comaunds and that all my
works may be pleasing
and grateful to thee that I
may finally deserve to come to thee.

Saint Mechildas Devo-
tion, taught her by our
B^d Lady, for the ob-
-taining a happy
Death

After the first ave Maria
pray thus
O my Lady holy Mary
as the Omnipotent Father
in his Omnipotency hath
made you most power
full, soe I beseech you
be present with me in
the howre of Death driv
-ing away from me all

Contrary power of the
Enimy. : :

After the second Ave
Maria thus

O my Lady holy Mary
as your Sonn voutsafed
you soe much Light as ther-
by to illuminate thee whole
Court of heaven, soe I be-
seech you illuminate my
Soule in such sort with
the knowledge of truth
in the hower of my death
that it may not be per-
verted by any errour

or Ignorance.

After the 3d Ave Maria say thus.

O my Lady holy Mary, as the holy Ghost did fully replenish you with the guift of his Love, soe I beseech you to instill into my soule in the howre of my death the sweetnesse of the same Love by which all bitternes may become sweet and savory Amen

B. Angell present in my behalfe vnto my dear Saviour y. hart of his B. Mother

7 Gaudia B Virginis
in Terris

Gaude Mater Concepisti
Regem Coli meruisti
Tali fatu grauidari
Tali Prole honorari,
Super omnes homines
Ave Maria &c

2a

Gaude Virgo Baiulatrix
Baptistæ Sanctificatrix
Per te Mater prophetauit
Per te Puer exultauit
In Materno Utero
Ave Maria

Gaude Mater cernis natum
Quem ad terras iam delatum
Canunt Cœli Oratores
Concinentes et Pastores
Venerantur Supplices.
Ave Maria
Gaude Mater en Adorant
Reges terræ et honorant
Deo illis inspirante
Stellâ viam præmonstrante
Jacentem in Stabulo
Ave Maria
Gaude Mater invenisti
Perditum quem credidisti

Voluntatem sui Patris
Jam explevit modo Matris
Arripit Imperium
Ave Maria
Gaude Mater Resurgentem
Contemplare et vivuentem
Gaudet supra nubes Scandit
Et occasum tandem pandit
Cælorum Vestibulum
Ave Maria
Gaude Mater honorata
Inter omnes coronata
Cælestium Imperatrix
Terrestrium Consolatrix
Et Inferni Domina - Ave Maria

Septem Gaudia B: V: in Sacris.

Gaude flore Virginali
Ave honore Speciali
Transcenderis splendiferum
Angelorum Principatum
Et Sanctorum decoratum
Dignitate numerum.

Ave Maria

Gaude Sponsa clare Dei
Nam et clara lux Dei
Solis data lumini,
Sic facis orbem vere
Tua pons resplendere
Luris Plenitudine

Ave Maria

Gaude Splendens vas virtutum
Cujus partum est ad nutum
Tota Celi curia
Te benignam et fabilem
Jesu dignam Genetricem
Venerans in Gloria
Ave Maria

Gaude nexu veritatis
Et amplexu Charitatis
Quod inuenta sis Altissimo
Ut ad nutum consequaris
Quicquid Virgo postulaveris
A Jesu dulcissimo
Ave Maria

Gaude Virgo Mater Christi
Quia sola meruisti
O virgo prijs̃ima
Esse tanta dignitatis
Quod sis Sancta Trinitatis
Sessione proxima
Ave Maria
Gaude Mater Miserorum
Quia Patet Sæculorum
Dabit te Colentibus
Congruentem hic meredem
Ad felicis Poli sedem
Regnis in Cælestibus
Ave Maria

Gaude Virgo Mater pura
Certa manes et secura
Quia tua gaudia
Non cessabunt, nec decrescent
Sed durabunt et florescent
Per æterna Sæcula
Ave Maria - Amen

O glorious Virgin Mother
of God whatsoever any penn
is able to write tongue to utter
or human understanding to
conceave of your Joyes, glory and
honour, that wholy together
with this Exercise multiplyed
with milions of prayses and

and honours & present
vnto thee by the hands
of Angells. ~ ~ ~ ~
Blessed Mother of god
remember how he loued
you who dyed for me
and Bee vnto me a
Mother of mercy. ~ ~
B^e Mother of God I am
sent vnto you by his
mercyfull inspiration
who bids me to confide
in your assistance, be
hold my miseries and
as you love him pro
tect me from his Enimies

CÆLESTIS.



NEQVE NVBENT NEQVE NVBĒTVR.
Virgines sunt; sequuntur Agnum quocunq; ierit, et cantant quasi canticum nouum. Apoc. 14.

Hieronymus Wierx fecit et excud. Cum Gratia et Priuil. Pontificis.

A Prayer for a happy Death

I beseech you o Lord that the Blessed Virgin Mary your most pure Mother St Cathrin Virgin & Mar: St Barbara, St Ursula and the 11000 Virgins may be perpetuall Intercessors to your Clemency that I may Dye most happily armed with the holy Sacraments cleanged from all iniquity through you o Jesus Christ Amen.

A Prayer to our holy Father and Saints of our Order

I beseech the o Allmighty God that by the meritts, prayers and intersession of my glorious Father S^t Benedict and of his disciple Saint Placidus Saint Maurus S^t Scholastica and all the Saints of our holy Order which vnder his Banner and conduct fought for thee that thou would renew in me the true spirit of my Vocation that I may

ouercome the world flesh and
Diuel, and because the palme
of victory cannot be atchiued
without laborious battle I
humble beseech thee by their
merits and example vouchsafe
to giue me patience in aduer-
sity, constancy in tempta-
tion, counsell in daingers,
with the true practise of
Pouerty, Chastity & Obedience
and graue to be faithfull in
obseruing thy comaunds and
my Rules, see that being
strenghned with thy conso-

lation I may serue thee with
a sincer hart, and soe passe over
these temporall things that
through thy mercy I may
deserue to be crown'd amongst
the glorious Saints of our
holy Order and with them
prays thee for all Eternity
Amen. ~ S. ~ S. ~ S. ~

Saint Xauerius

When he would force as it
were Almty God to grant
his Request would say
My Lord Jesus God
of my hart by thy 5 wounds

thow in derest for Love of
our Soules help thy humble
servant for whose Redemp-
tion thow gave thy pretious
Blood. ~ ~ ~ ~ ~ ~ ~ ~

A Prayer to Bd St Francis Xaverius

All hayle o holy St Francis
Xaverius, full of grace and
Love towards God and thy
Neighbour. Our Lord and
the Spirit of God is with thee
Blessed art thow amongst all
the Apostolicall men and Bd
is the sweet name of Iesus

which thou hast soe frequently
divulged in so far Cuntries.
Holy Saint Francis Xaue-
ries thou miraculous Apos-
tle of the Indies, thou pure
Virgin, thou refuge of sin-
ners, pray for the poore
Soules, and vs poore sin-
ners now and at the hour
of our Death Amen ...

Affections
Of a Loueing Soule, maid
by Saint Francis Xauria
Translated out of the
Originall

God of my Hart, I love thee.
Not y^t Heavens Joyes thou give mee
Nor from Hells paines releive mee;
But for thy selfe I love thee.
Thee thee, my Jesus, who.
On Crosse embraid my hart
Thornes, nailes, lance horrid woe
Affleeting every part.
Bloody agonizing sweates
And Death for mee sustained
For sinfull mee such heats
My dying soule regain'd.
Dwell then, my obliged love
In lovely Jesus hart
Not for rewards above

Nor to avoide Hells Smart
But for thy selfe alone
My God my King I love the
Noe other thought He owne
But thy pure love to move me
Amen. — — — — — —
When the Clock striketh say
Blessed be the howr wherin
my Saviour Jesus was Incarnat
and Borne, Bd be the howr
wherin he Dyed for my Re-
demption, deare Jesus how
mercy one me at the howr
of my death and grant me
Eternall Salvation Amen



Peccata nostra ipse pertulit in corpore suo super lignum: vt peccatis mortui, iustitiæ viuamus: cuius liuore sanati estis. 1. Pet. 2.

Hieronymus Wierx fecit et excud. Cum Gratia et Priuilegio. Buschert.

A Prayer to Jesus Xpt Crucifyed. to obtaine a happy Death

My most deare and adorable Saviour Jesus Crucifyed, I coniure you by the bowells of that charity which you have for the salluation of all poore sinners, by your most Dolorous Passion, by your cruell Agony, by the effusion of all your pretious blood, by the recomendation you made of your Divin soul to God your Father, by the last cry which you sent forth before

your Death by the last sigh wherin you expired by your Death which was the accomplishment of our Redemption bé pleased my Deare Saviour to have pitty on me now and in the time of my Agony. & to receave my Soul into thy hands and into the bosome of thy Mercy all the honour of my Death Amen

An Act of Contrition.

O my God, For your own sake whom I love above all things and because sin is most displeasing to your divin Ma-

-iesty I heartily detest
all my impieties, humbly
demaund your pardon;
and promise to amend all
that is amise. ~ ~ ~ ~

An Act of Contrition

Deare Lord I am sorry for
my sinnes purely for your
Love, I wish from the bo-
tome of my hart that I had
as much sorrow and contri-
tion as were sufficient not
only to distroy my owne
sinnes, but all the sinnes
in the worlde, and that I
had as much true Love and

Charity without any intrest of my owne, as might restore vnto you not only the honour and glory which I have iniuriously taken from you, but also be able to love you infinitly more then you have bin offended by all the sinnes in the worle.

An other Act of Contrition

O my Lord and my God how doth it greeue me to have offended you? how doe I live with these wounds in my hart which have killed you? apply

sweet Jesus the Contrition
of your hart, the teares
of your Eyes, the wounds
of your sacred body and
the intentions of your
Divin Soull as saives
to save me, It is not hell
that I feare but the sins
which You hate that I
detest from my hart be-
cause they are iniurious
unto you Amen

An Act of Contrition
O my God how little did I
love you when I soe care-
lesly offended your divine

Maiesty; O! that I had neuer sinned mortally, though it had cost mee my Life immediatly: O that I were sure neuer more to swerue from your sacred will and Commandments. Let mee heere forth endure (Deare Iesus) a thousand deaths of my body rather then admit one deadly sin again into my soule: O pity and pardon my past follies and frailties and preuent me with your gracious blessings against future

failings. How great o Lord
is my obligation to serve
and please you, were it but
for your favours conferr'd
your benefits bestowed, and
your love powr'd out upon
me; and yet vngratefull
wretch that I am how poor-
ly have I correspondeed?
Oh! that I had so deep a
sense of my sinns that
my hart might break
with sorrow: Hide not
O Lord your face from me,
shut not up your mercy
gates against mee. for though

I have most grievously gone
astray, yet I am resolved up-
on an intire amendment of
my Life. Grant mee pardone
O mercifull maker for my past
sins and impieties; and grace to
amend for the future: and tho-
ugh I am most unworthy to have
my prayers heard or my petition
granted: because I am soe enormous
an offender, yet o mercifull fa-
ther, Look upon your meek Son
Jesus whose precious Blood I
present unto you. and beg for
his dear sake, that you will be
propitious to me a wretched sinner

An Act of Contrition

The grief, I feel for my past offences: the hatred I have against each sin at this present: and the resolution I make to avoid all iniquity for the future are not equivalent in me to their enormity and hainousnes. I therefore humbly crave O holy Lord God that you will accept your own hatred against sin for that which I should and would have: and instead of the sorrow I want, I offer that of your Son my sweet Redeemer

with the Sacrifice of his Immaculate Life and innocent death. And since I cannot be impeccable by nature O my Lord, nor dare presume to ask to be so by grace, give me leave to prostrate my selfe before your infinite bounty and clemency and to beg by the merits of Jesus Christ your deare Son, and by the desires of your essentiall Love, the Blessed holy Ghost that though I may not be impeccable, yet I may never sin more, and if I

must sometimes sin through my frailty yet I may never sin mortally. ∴ ∴ ∴ ∴ ∴

An act of Contrition

O my strange frailty, malice, Ingratitude! Whence is it that you my iustly irritated Creator; commaunded not the Earth instantly to swallow me, or fire from heaven to consume me, or your exterminating Angel to cut me off. And why is this favourable delay of your divine Maiesty afforded me O my patient and

compassionate Lord God: but
only to give me time to recall
my selfe from my wickedness
and to call upon your mercy
and Goodness. Behold O my
Creator, I call, I cry, I come
to you, as a poor, wretched
miserable criminal; I call
to you for pitie, I cry to
you for mercy, I come to you
for pardon, and I resolve,
and purpose by the assistance
of your grace seriously to
correct, speedily to Confesse
and willingly to satisfie
for what is amiss in me

And this not for fear of hell
fire which I have deserved
not for the losse of heaven
which I have forfeited:
but for the love of you, my
Lord God whom I have offen
ded. I acknowledge my self
worthy of your punishment
unworthy of your Inheri-
tance; but that which chie
fly grieves me, is the ha-
ving inverd your goodnes
the consideration of hav-
ing offended you my love-
ing father, more lively
pierces my soule then the

apprehension of my sufferings or the losse of my childs portion. Wherefore, even for your own sake O Compassionat father, pitie, relieve, and receive your poor repenting, and returning prodigall: who even for your own and only sake heartily detests all her sinnes sincerely purposes her amendment and humbly craves your pardon. Amen. ∴ ∴

An act of Contrition and Prayer before Confession

Receive, I beseech you O my deare Lord Jesus! by the bowels of your mercy this my Confession let it be pleasing to your Sacred Majesty and profitable to my own Soul let your infinite sweetnes of Love and bitternesse of sorrow supply all its defects. Give to my vnderstanding Light to see and know my faults, to my hart sorrow to hate and detest them: to my eyes Teares to lament and weep bitterly for them: and to my mouth

soe sincere and intire a Confession of them as if it were the first good Confession that I ever made or should be the Last Confession that ever I should make, which you only know o my all knowing Lord and maker I therefore most humbly beseech you Deare Jesus my Saviour and Redeemer, by all your pains and tears, by the prayers of your most Blessed Mother, by the past sorrows of all penitents who are now in heaven secure of their owne Salvation, and

solicitores of mine, encrease
my Contrition and release
my crimes: Pardon o meek
Lamb of God who taketh a
way the sinnes of the world
my past faults, preserue
me from future failings that
with a clean quiet and con-
tented soul, I may striue
to please and praise you
all my Life time hear after
and in the end Dy happy
ly in your fauour and
friendship. O my Crucify-
ed Jesus: my only hope

and refuge bathe me in
your blood, beautifie me
with your merits bless me
with your grace. By the
tears that issued forth of
your eyes, by the prayers
which came forth of your
mouth, by ye Blood which
gushed forth of your wou-
nds and hart, by all the
pains of your body and
pangs of your Soul, by
all the mereyes of your
Divinity and meritts of
your Humanity, by all

that is deare and neare
vnto you in heauen and
Earth auert from me those
maledictions which I haue
deseruedly incurrd by my
enormous sinns and trans-
gressions, grant me peace
of Conscience, purity of
hart, perfection of spirit
and whatsoeuer will render
mee most agreeable to thy
deuine Maiesty that serueing
you faithfully here vpon
Earth, I may Eternally
enioy you in heauen Amen

An act of Contrition

Deare Lord what you see in my Soule displeasing vnto your sacred eyes doth grieue my hart. but because this griefe comes short of my offences, and of what I sencerly desire. vouchsafe, O Life of my soule, that for euery sinne, I may number a teare from the eyes of Blessed Magdalen, a penetent sigh from S^t Peter An act of Loue from the Blessed Virgin, a droppe

of Blood from the wounds of my dying Saviour. Vouchsafe to accept of the hatred which you my Soveraigne Lord have against sinne. and let me Live to Love, or dy not to offend you Amen.

Deare Lord I reduble this aforesaid act as often this Day as my hart shall beate in union of all the interall acts of vertue that ever weare conceaved with in the hart of your owne selfe and your B^d Mother.

The Prayer of the Sindon

O Lord that hast left vs the markes of thy Sacred Passion in the holly Sindon wherin thy most sacred Body was Layd and taken downe from the Crosse by Joseph, grant vs propitiously that by thy Death and Sepulture wee may come to the glory of thy Resurrection, who Liueth and raigneth &c. Amen

Ad Maiorem Dei Gloriam

Ora pro Ep

A TESTAMENT

To be made by a good Christian every Day.

In nomine Domini, Amen.

I Bequeath my Soul to God, my Body to the Earth, Rottenuess, and Wormes.

I abandon freely all temporal goods, which are but meer vanity.

I repent me with all my heart, of my sins, and that for the love of God.

I pardon with my heart

and Soul, all my Enemies.

I believe in God, one in Essence, and three in Persons, Father, Son, and Holy Ghost; Creator, Conservator, Redeemer, and Remunerator; all Powerfull, all Good, all Bountifull, all Wise; that the second Person, who is the Son of God, became man, and dyed upon the Cross to save me; and whatsoever the holy Catholick, Apostolick, and Roman Church, doth propose unto me to believe.

I hope by the bounty of God, through the Merits of my dear Saviour Jesus Christ, the Remission of all

my ſins, and life everlaſting.

I love God for his own ſake alone, with all my heart, with all my Soul, and with all my Strength.

I reſigne my ſelf purely, intirely and abſolutely, to the diſpoſition of his moſt holy, and alwayes adorable Will, being ready to Do, and Suffer, to be Healthy, and Sick, to Live and Dye, when, and after what manner he pleaſes, his holy will be done. *Amen, Amen.*

I recommend my Soul, and all that I am, to the interceſſion of the Glorious Virgin *Mary*, my good Mother, and Advocate, to St. *Joſeph*, and

my Angel Guardian, and to all the Angels, and Saints of Heaven, whom I moſt humbly beſeech to aſſiſt me at the hour of my Death.

For my laſt words I ſay in profound humility, and contrition of heart, *Jeſus Maria*, deſiring to dye in their bleſſed Armes. And when my tongue cannot pronounce theſe Holy names, I deſire to do it with my heart.

If my heart ſhould fail me, with my judgment I ſay them now for then, with all affection, and poſſible humility. *Jeſus Maria.*

A prayer made by Pope Sixtus IV. *who granted to thoſe who recite it an Indulgence of eleuen thouſand years, which Indulgẽce was afterwards confirmed by* Paul V. *and by* Alexander VII.

ALl hail moſt Holy *Mary* Mother of God, Queen of Heauen, Gate of Paradiſe, Lady of the vvorld Thou art in a ſingular manner the moſt pure Virgin Thou vvaſt conceiued vvithout original ſin, & therefore art moſt immaculate. Thou cõceiuedſt our Sauiour *IESVS* vvithout ſpot or blemiſh. Thou vvaſt moſt truly before his birth, & in his birth, & after his birth, inuiolate and entire. Make me by thy holy praiers, to liue purely, piouſly & holily: & pray for vs to thy beloued ſon *IESVS*: & receiue me after death, and free me from all euils of minde & body, & make me to free others, to get vvorks of mercy, and to rejoyce for euer in the glory of Paradiſe. Amen

Iuxta ex. Romæ Impr in
R. Cam. Ap. I. Ceron. L.
C. V. & A. L. R. I. C.

A Morning Oblation

O Sacred and ever B^d Trinity Father, Son & holy Ghost, I offer this day in y^r honor, every thought word & deed affection & intention of my hart in union of all y^e interiour thoughts & affections of y^e B^d Virgin during as well y^e nine months whilst she was lodged in her mothers womb as also y^e whole time wherin sweet Jesus was incarnate in her purest breast humbly begging that by y^e oblation I may both pay the debt of my daily sinnes and purchase the true spirit of of my Vocation. Amen.

A Short Oblation

O thrice holy and ever Bd
Trinity Father, Sonn and
holy Ghost I Catherin Petre
doe humble offer vnto your
Deuine Maiesty my wholl
Soule and body and all my
sufferances in what kinde
soeuer: and this in vnione
and with the Oblation of
the Sacred Passione of my
Dearest Saviour in euery
sufferance internall of his
blessed Soule, and externall
of his Sacred Body beg
ing from my hart that

my Crosse may be Sanctifyed
by his, and sincerely desire
=ing to suffer for your love
What soeuer your infinit
goodnes shall permitt or
inflict vpon me. Give me
but your grace sweet
Jesus to encrease your
glory without your offence
and treate me as you please

An Aspiration

O Mother of Mercy, Queene
of heauen and Earth, O my
Angel Custos, o Bē Saint,
N N take this vnworthy
Soule of mine and shut it

vp within the sacred wounds
of my Crucifyed Lord, let my
frozen hart euen melt with
inyfurnas of Loue & Charity,
Let me breath no other Life
but for him who dyed soe
mercifully for me. Amen

Sweet Jesus let thy Obe-
dience vnto Death giue me
strength to conquer my
will and Iudgment.

Deare Saviour if your
hart were mine I would
detest my sinns as you doe
O that I coule loue you
as much as I haue offended you

et la plus aimable,
Ainsi soit il.